

Invigorates

by Fleischmann's Compressed Yeast. Its value, therefore, as a preventive of malnutrition, or nutritional weakness, or as a strength builder in any wasting disease, is unquestioned.

### **Treatment**

Take one-half cake or a cake of Fleischmann's Compressed Yeast before or after meals, three times a day. The yeast may be eaten dry, from the hand, or may be dissolved in water or fruit juice as preferred.

### **"KILLED" YEAST**

Avoids Gas  
Formation

Where a slight gas formation occurs, which is annoying rather than harmful, yeast may be "killed" by pouring a little boiling water over it. Then add sufficient cold water to cool and take as prescribed. Treat only the yeast for each dose in this way just before taking. "Killing" the yeast does not impair its efficacy, but when used for constipation fresh yeast is recommended.