

THE
COOK NOT MAD ;
OR
RATIONAL COOKERY:

BEING

A COLLECTION OF ORIGINAL AND SELECTED
RECEIPTS,

Embracing not only the art of curing various
kinds of Meats and Vegetables for future
use, but of Cooking, in its general
acceptation, to the taste, habits,
and degrees of luxury, pre-
valent with the

CANADIAN PUBLIC,

TO WHICH ARE ADDED,

Directions for preparing comforts for the Sick
Room—together with sundry miscellaneous
kinds of information, of importance to house-
keepers in general, nearly all tested by
experience.

KINGSTON, U. C.
Published by James Macfarlane.
1831.