

# mp's tennis

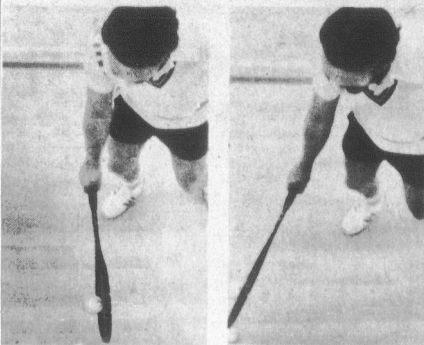


Illustration 1 Illustration 2

## THE BACKHAND . . . Part 3

Now that we know when to use the backhand and how to control it, we have to decide where to hit the ball.

When you are forced to the side of the court your opponent has accomplished two things. One, he has forced you from the centre of the court. Two, he has forced you to be very accurate with your return since there is a great deal of open court behind you.



Ron Thornbury

You can use your position to advantage, however, if you follow the rules for proper preparation as previously discussed. Your position at the side of the court gives you natural angles — down the line and across the court.

To take advantage of this you must know when to hit the ball in order to direct it to the desired spot. If you decide that your best option is to hit down the line, look at illustration 1 to see when to make contact. Contact should be made almost in line with the front foot. Note how the racquet face and knuckles are pointing to the target area.

For the cross-court shot, the racquet should meet the ball earlier, as in illustration 2. Again note that the racquet face and knuckles are pointing to the target area.

Note that there is no difference in body positioning between the two shots. The opponent should have no indication of what shot you are going to take.

Ron Thornbury is director of the Oakville Tennis Academy.

## Lacrosse schedule

MISSISSAUGA LACROSSE LEAGUE  
HURON PARK

TUESDAY, JULY 4  
6:30 p.m., Peewee, Central, Etirsdale vs Clarkson, 7:30 p.m., Midget Central, Etirsdale vs Orangeville, 9 p.m., Juvenile Central, Etirsdale vs Orangeville.

CLARKSON

THURSDAY, JULY 6  
8 p.m., Peewee Central, Clarkson vs St. Kitts, 9 p.m., Midget Central, Clarkson vs St. Kitts.

WARREN MARSHALL

TUESDAY, JULY 4  
6:30 p.m., Tyke, Clarkson-2 vs Cawthra, 7:30 p.m., Peewee, Cawthra-1 vs Clarkson, 8:10 p.m., Bantam B, Streetsville vs Etirsdale, 9 p.m., Bantam A, Clarkson vs Etirsdale.

THURSDAY, JULY 6  
6:30 p.m., Tyke, Etirsdale-1 vs Clarkson-1, 7:30 p.m., Novice, Clarkson vs Etirsdale, 8:10 p.m., Midget, Brampton vs Etirsdale.

CAWTHRA

TUESDAY, JULY 4  
6:30 p.m., Paperweight, Streetsville vs Clarkson, 7:30 p.m., Peewee, Streetsville vs Cawthra-2, 8:10 p.m., Bantam, Cawthra 'A' vs Clarkson 'B', 9 p.m., Midget, Cawthra-1 vs Cawthra-2.

THURSDAY, JULY 6  
6:30 p.m., Paperweight, Clarkson vs Etirsdale-1, 7:30 p.m., Peewee, Etirsdale vs Cawthra-1, 8:10 p.m., Bantam B, Etirsdale vs Cawthra, 9 p.m., Midget, Clarkson vs Cawthra-2.

BURNHAMTHORPE

THURSDAY, JULY 6  
6:30 p.m., Paperweight, Cawthra vs Etirsdale-2, 7:30 p.m., Tyke, Cawthra vs Etirsdale-2, 8:10 p.m., Novice, Cawthra vs Streetsville, 9:00 p.m., Juvenile Central, Clarkson vs St. Kitts.

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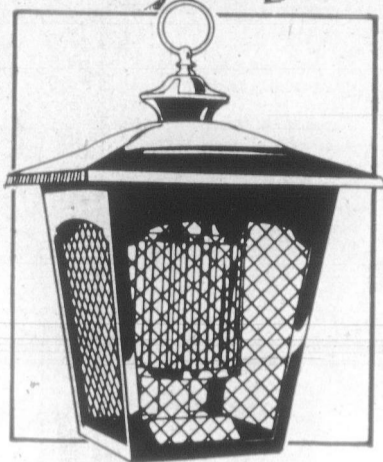
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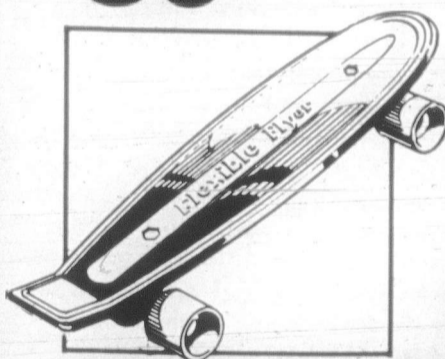
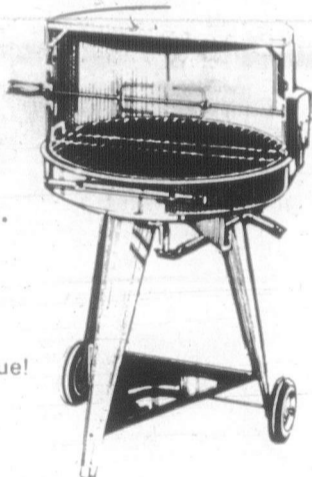
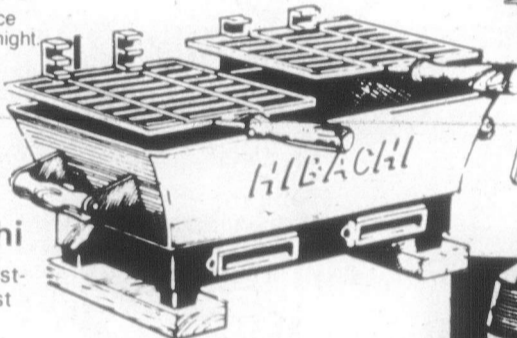
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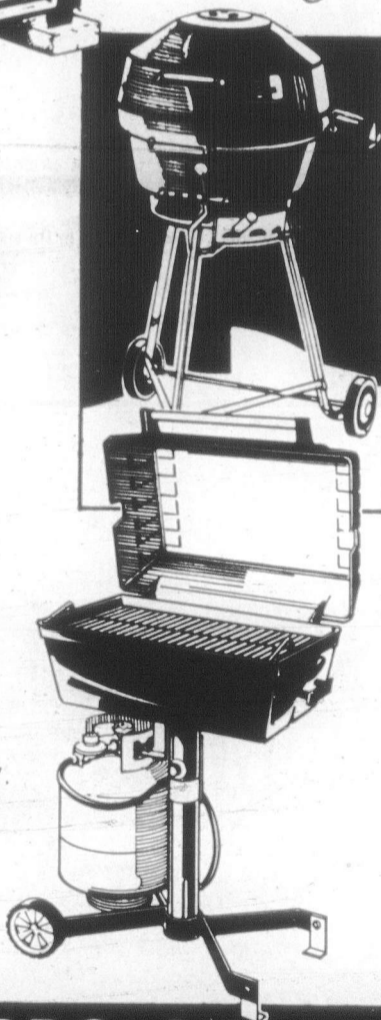
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## Poly Skate Board

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## 19" Smoker Kettle Barbecue

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Our Reg. 49.99

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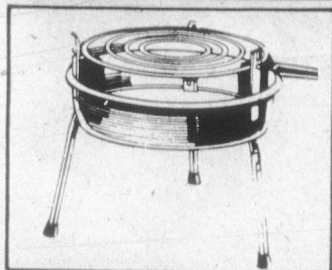
The clean, modern way to barbecue. This low-priced unit is 39" high and has a 15" x 22" grill — big enough to cook dinner for family and friends. The tank, which is included, has a 20-lb capacity and is refillable. 3' hose is equipped with a regulator. Metal wheels have rubber tires for easy mobility. Get yours today!

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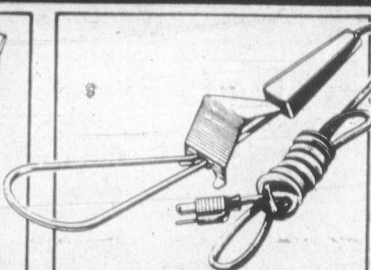
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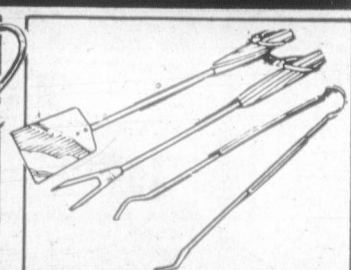
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## Electric BBQ. Starter

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**3<sup>33</sup>**



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