Getting Too Fat?

Try This—Reduce

People who don't grow too fat are the fortunate exception. But if you find the fat accumulating or already cumbersome, you will be wise to follow this suggestion, which is endorsed by thousands of people who know. Ask your druggist (or if you prefer write to the Marmola Prescription Tablets. 75c. is the price the world over. By doing this you will be safe from harmful drugs and be able to reduce two, three or four pounds a week without dieting or exercise. - LOOK AT CHILD'S



Nature's Healing Herbsfor Headache A BLOOD FOOD

PRACTICALLY all headaches come from two causes. Biliousness and Nervousness ache means upset store all over the head. Nern mean that the nerves mean that the nerves

Dr. Wilson's Dr. Wilson's SERBINE BITTERS

St. John, N.B. 35

********** HEAD STUFFED FROM CATARRH OR A COLD

Let's Talk it Over

SMAL YOURD OF FLAT WAYTED, but a deared on the properties of the

wards This County and a Greater Effort for Canadian Trade Will Be Made.

Paris, Mar. 12—(Cable from Leon Trepanier)—While the Canadian ministers are busily engaged in terminating the work entrusted to them as peace conference delegares, the economic future of Canada is occupying their attention and is being discussed at daily meetings. The successful results which are anticipated as the outcome of Canada's British participation at the Lyons fair, have awakened the interest of the French industrial leaders towards Canada.

The recent visit to Paris of delegates of the Federation of British Industries, representing a membership of seventeen thousand firms, and the speeches delivered at a banquet presided over by M. Clementell, the French minister of commerce, mark the preliminaries of a direct and durable accord between the British and French business men and producers.

Canada is no less interested in such co-operation and the comments of the France than to Canada.

Since the outbreak of the war and more favorable to France have largely exceeded the imports from the French press show signs on the part.

Give "California Syrup of

ST. STEPHEN

constipated waste, undigested food and sour bile gently moves out of the little bowels without griping, and you have a well, playful child again.

You needn't coax children to take this harmless "fruit laxative;" they love its delicious taste, and it always makes them feel splendid.

Ask your druggist for a bottle of "California Syrup of Figs," which has directions for babies, children of all ages and for grown-ups plainly on the bottle. Beware of counterfeits sold here. To be sure you get the genuine, ask to see that it is made by the "California Fig Syrup Company." Refuse any other kind with contempt.

Look at the tongue, mother! If coated, it is a sure sign that your little one's stomach, liver and bowels need a gentle, thorough cleansing at once. When peevish, cross, listless, pale, doesn't sleep, doesn't eat or act naturally, or is feverish, stomach sour, breath bad; has stomach-ache, sore throat, diarrhoea, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours al! the foul,

leading Liberal. He is survived by

granulated sugar in the original packages for your Marmalade and be sure of a perfect result.

Atlantic Sugar Refineries, Ltd., MONTREAL

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Shot Down 8,000 Enemy Ma-

Cuticura Heals Sore Red Pimples Itching, Burning and Irritated. Lost Sleep.

"My face broke out in pimples that would heal up and then break out again. It was very sore and red, and all the time itching and burning, and I irritated my face by scratching. I lost a lot of sleep.

"I had the pimples for over five years. Then I used Cuticura Soap and Ointment and two cakes of Cuticura Soap and one box of Cuticura Ointment healed my face completely." (Signed) Miss Zoo Parkes, Otterville, Ont., March 13, 1917.

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Skin troubles are quickly relieved by Cuticura. The Soap cleanses and puri-fies, the Ointment soothes and heas, For Free Sample Each by Mail ad-dress post-card: "Guticura, Dept. A, Boston, U. S. A." Sold everywhere.

LOSES CITIZEN

Making Room.

New York Herald: Jersey woman demands that works of Dickens and other authors who write engagingly of drink and drinking must be banished. And when private libraries of nation have shright to "Ten Nights in a Barroom" and "Lifte of John B. Gough" the five foot book shelf will be heady for the family crockery.

What do you mean? Why

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BRINGING UP FATHER.

TONGUE IF SICK,

Hurry, Mother ! Remove poi-

sons from little stomach,

liver, bowels.

Figs" at once if bilious

or constipated.









-By GEORGE McMANUS.

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