

## \* This and That \*

### THE LARGEST THINGS IN THE WORLD.

The largest library in the world is the National Library in Paris, which contains forty miles of shelves, holding 1,400,000 books. There are also 175,000 manuscripts, 300,000 maps and charts, and 150,000 coins and medals.

The largest room in the world under one roof and unbroken by pillars is at St. Petersburg. It is 620 feet long by 150 feet in breadth. By daylight it is used for military displays, and a whole battalion can completely manoeuvre in it. By night 20,000 wax tapers give it a beautiful appearance. The roof is a single arch of iron.

The finest gardens in the world are the Royal Gardens at Kew. They cover an area of about 270 acres and are visited by 1,500,000 persons a year. The gardens contain the finest collection of exotic plants in the museum, an observatory, and a school for gardeners.

The largest dwelling house in the world is the Freilhaus, in a suburb of Vienna, containing in all between 1,200 and 1,500 rooms, divided into upwards of 400 separate apartments. This immense house, wherein a whole city lives, works, eats, and sleeps, has thirteen court-yards—five open and eight covered—and a garden within its walls.

The greatest suspension bridge in the world is the Brooklyn bridge, which also leads the world in the number of its daily passengers. Its length including approaches is 4,989 feet, the distance between the towers, 930 feet; the weight of the structure is 4,470 tons; its cost was \$15,000,000. The bridge cars carry about 45,000,000 people every year.

The greatest canal in the world is the Suez, opened on November 16, 1869. Its length is 95 miles, its depth 26 feet, its annual revenue is \$15,000,000, its cost was \$100,000,000. Its stock is five times its par value, and the average time taken to pass through it is twenty hours, less eight minutes. The depth of the canal has been increased, at a cost of \$40,000,000. The world's longest canal is the Imperial of China, with a length of 1,000 miles.

The great banquet in history took place on August 18, 1809, when 40,000 mayors of France sat at table in the Palais de

### COFFEE VISE.

Holds Fast Until You Get a Knock-down.

"I had used coffee moderately up to six years ago," writes a lady from Piney Creek, Md., "when I was seized with an attack of nervous prostration, and was forbidden coffee by my physician. I was constantly under treatment for nearly three years. After my recovery, I once took a cup of coffee, and it made me so sick I did not want any more.

After the nervous prostration, my stomach was very weak, so that I had to be careful with my appetite. As soon as I would eat certain things, I would have an attack of stomach trouble sometimes lasting several weeks, so when I was attacked by erysipelas two years ago, my stomach was immediately out of order.

I kept getting worse until nothing would stay on my stomach, not even rice water or milk, and I was so weak I had to be fed with a spoon. I had a craving for something like coffee, but that was impossible, so Father went to town and got some Postum Food Coffee, and when he asked the doctor if I might have it, he quickly answered, 'Yes.' Mother made it exactly as directed, and brought me part of a cup and it was delicious, satisfied every craving, and best of all, stayed on my stomach without distress, giving comfort instead. For several days I lived on Postum, gradually increasing the amount I took until I could drink a cupful. Then I began to take solid food with it, and so got well and strong again. I now use it constantly, and I am entirely free from any stomach trouble.

Father and Mother both use it. Coffee made Mamma nervous and disagreed with her stomach so that she would taste it for hours after drinking. Father had stomach trouble for five or six years, and used to be deprived of various articles of food on account of it. Now he can eat anything since he quit coffee and uses Postum. Father says it is better than Mocha or Java." Name given by Postum Co., Battle Creek, Mich.

L'Industrie, in Paris. There were three relays of about 13,000 guests each. To prepare the feast required 75 chief cooks, 1,300 waiters, scullions, cellar-men, and helpers; 80,000 plates, 52,000 glasses, knives, forks, and spoons in proportion; 40,000 rolls, and fish, meat and fowl by the ton. The banquet was a part of centenary celebration of the events of 1789.—National Advocate.

### GOOSE FOR A GUIDE.

In a village in Germany a blind old woman was led to church every Sunday by a gander, who used to take hold of her gown with his bill. When he had safely conducted the poor woman to her seat, he would go back to the church yard and graze there till service was over. When he saw the people coming out of church he went back to his blind mistress and led her safely home. One day a gentleman called at the woman's house and when he found that she was not at home he told her daughter that he was very much surprised at her mother having gone out. "Oh, sir," said the girl, "we are not afraid of trusting her out, for the gander is with her."—Ex.

### KINGS MUST DO ROYAL WORK.

Acropus was the king of Macedonia, and it was his favorite pursuit to make lanterns. Probably he was very good at making them, but his proper business was to be a king, and therefore the more lanterns he made the worse king he was. Peter the Great of Russia did menial work, but he did it in a loyal spirit that glorified every lowly task to which he set himself. He found an undisciplined and rebellious army, and resolved to create a new one of trained and disciplined soldiers. To teach his people a lesson in subordination, he entered the First Regiment as drummer, and rose through the ranks till he obtained his commission. To provide his country with a navy, he worked as a ship's carpenter in a Dutch shipyard, living the life of a laborer.—Ex.

### ADVENTURING.

Freddie went out to the woods one day To hunt and have some fun;  
And the woodpile was the forest gray,  
While a broomstick was his gun.

And Freddie he found him a lion bold  
Away on the mountain side;  
And the lion was pussie, growing old,  
Who purred at Freddie's side.

Then Freddie he wandered away and away,  
All into a robber's cave;  
And he found him gold, but had to stay  
As the robber chieftain's slave.

Till his mamma called as loud as she could  
That the sugar cakes were done;  
Then Freddie he crawled from the pile of wood  
With his lion and his gun.

—Frank H. Sweet, in S. S. Times.

### DON'T HURRY.

Anyone can hold out a dumb-bell for a few seconds; but in a few more seconds the arm sags; it is only the trained athlete who can endure even to the minute's end. For Hawthorne to hold the people of "The Scarlet Letter" steadily in focus from November to February, to say nothing of six years' preliminary brooding, is surely more of an artistic feat than to write a short story between Tuesday and Friday. The three years and nine months of unremitting labor devoted to "Middlemarch" does not in itself afford any criterion of the value of the book; but given George Eliot's brain power and artistic instinct to begin with, and concentrate them for that period upon a single theme, and it is no wonder that the result is a masterpiece. "Jan Van Eyck was never in a hurry"—says Charles Reade of the great Flemish painter in "The Cloister and the Hearth". "Jan Van Eyck was never in a hurry, and therefore the world will not forget him in a hurry."—The Atlantic.

### A CORNISH MINER.

The uses which even past crimes may fulfil in God's world are shown in an anecdote told of the work of John Wesley among the Cornish miners. One of his converts, an old man whose life had been exceptionally base and vicious, after a

year of sober, honest effort, came to Wesley, and said in the broad dialect of the coast:

"I'd like to help my neighbors as I've been helped; but I can't do it."

"Why not?"

"I can't read or write."

"You know the story of Christ; you can tell it to them."

"I don't speak English, only Cornish."

"So do they."

The miner hesitated, then took a step nearer.

"Sir, I've been a drunkard and a thief in my time."

Wesley was silent.

The old man's voice failed for a moment. Then he said hoarsely, "There's blood on my hands. I killed a man once."

"Why you are just the man I want!" exclaimed the preacher, you know better than any of us how great is God's forbearance and mercy. You have been deeper in the pit than your comrades, and you can show them how to escape from it. Go and do it.

The minor worked humbly and faithfully among his fellows, and became an earnest helper of the Methodist gospellers on the coast.

Among the heathen superstitions which yet linger in Cornwall, is the belief that if a man once perjures himself, God's sun refuses ever to shine upon him again. The summer day may be warm and bright, but he does not see the light nor feel the heat. He walks in the cold and twilight for the rest of his life.

But the Christian faith teaches us that even the man who has blackened his soul in gross sin, may by repentance and an upright life find hope in God's love and mercy.

## What Goes Up

### MUST COME DOWN.

Nothing is more certain than that the use of so called tonics, stimulants and medicines, which depend upon alcohol for their effect, is injurious to health in the long run.

What goes up must come down and the elevation of spirits, the temporary exhilaration resulting from a dose of medicine containing alcohol, will certainly be followed in a few hours by a corresponding depression to relieve which another dose must be taken.

In other words, many liquid patent medicines derive their effect entirely from the alcohol they contain.

Alcohol, and medicines containing it, are temporary stimulants and not in any sense a true tonic. In fact it is doubtful if any medicine or drug is a real tonic.

A true tonic is something which will renew, replenish, build up the exhausted nervous system and wasted tissues of the body, something that will enrich the blood and endow it with the proper proportions of red and white corpuscles which prevent or destroy disease germs. This is what a real tonic should do and no drug or alcoholic stimulant will do it.

The only true tonic in nature is wholesome food, thoroughly digested. Every particle of nervous energy, every minute muscle, fibre and drop of blood is created daily from the food we digest.

The mere eating of food has little to do with the repair of waste tissue but the perfect digestion of the food eaten has everything to do with it.

The reason so few people have perfect digestion is because from wrong habits of living the stomach has gradually lost the power to secrete the gastric juice, peptones and acids in sufficient quantity.

To cure indigestion and stomach troubles it is necessary to take after meals some harmless preparation which will supply the natural peptone and diastase which every weak stomach lacks, and probably the best preparation of this character is Stuart's Dyspepsia Tablets which may be found in every drug store and which contain in pleasant palatable form the wholesome peptone and diastase which nature requires for prompt digestion.

One or two of these excellent tablets taken after meals will prevent souring, fermentation and acidity and insure complete digestion and assimilation.

Stuart's Dyspepsia Tablets are equally valuable for little children as for adults, as they contain nothing harmful or stimulating but only the natural digestives.

One of Stuart's Dyspepsia Tablets will digest 1,800 grains of meat, eggs or other wholesome food, and they are in every sense a genuine tonic because they bring about in the only natural way a restorative of nerve power, a building up of lost tissue and appetite, in the only way it can be done by the digestion and assimilation of wholesome food.

Relieve those Inflamed Eyes!

## Pond's Extract

Reduced one-half with pure soft water, applied frequently with dropper or eye cup, the congestion will be removed and the pain and inflammation instantly relieved.

CAUTION!—Avoid dangerous, irritating Witch Hazel preparations represented to be "the same as" Pond's Extract which easily soothe and generally contain "wood alcohol," a deadly poison.



Stick Headache, Biliousness, Dyspepsia, Coated Tongue, Foul Breath, Heart Burn, Water Brash, or any Disease of the Stomach, Liver or Bowels.

Laxa-Liver Pills are purely vegetable; neither gripe, weaken nor sicken, are easy to take and prompt to act.

## COWAN'S

PERFECTION

## Cocoa.

It makes children healthy and strong.

## WANTED.

In Connection with our Schools at Wolfville.

2. A man and his wife to work in Acadia Seminary, the man to do the work of a man servant and the woman to do laundry work.

3. Two girls to work in dining-room of Acadia Seminary.

For full particulars as to terms, duties, etc., write to the undersigned.

A. COHOON, Sec'y Ex. Com.  
Wolfville, N. S., July 1.

### EXALTED.

Why did she break the engagement?

Well, she felt that he was not her equal socially. You see, her father was appointed a member of the reception committee, and his picture was printed in all the papers showing him standing right beside the President. —Chicago Record-Herald.

Acting Postmaster General Woods, of Newfoundland, conferred with the post-office department officials Tuesday over improved postal facilities between the United States and Newfoundland. He urged a reduction of the letter postage to domestic rates, and a parcel post rate of a cent an ounce.

Ten or twelve delegates from the London Chamber of Commerce will be in Toronto at the banquet to be given in their honor in the beginning of November. It had been expected a larger delegation would come over from New York, where they will attend the opening of the new Chamber of Commerce building.