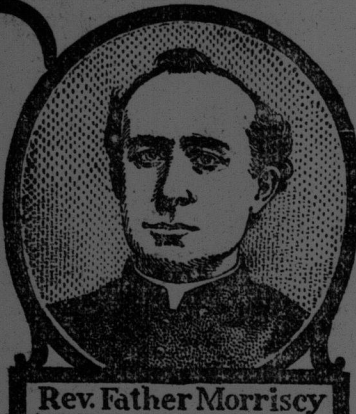


Quick and Permanent Relief from Rheumatism

It is not exposure to cold or wet that is the real cause of rheumatism—it is bad kidneys. So long as the kidneys are doing their work properly, filtering from the blood all the Uric Acid formed there from the waste products of the body, rheumatism cannot exist. It is only when the kidneys fail, and the blood becomes loaded with this Uric Acid, that the slightest exposure stiffens up the joints or muscles and causes agony.



Rev. Father Morrissey

Father Morrissey's No. 7 Tablets

promptly relieve and permanently cure rheumatism by putting the kidneys into perfect shape for their work. Once the strengthened, irrigated kidneys get the Uric Acid cleared out of the blood the rheumatic pains disappear. If they ever show symptoms of returning a few No. 7 Tablets will tone the kidneys up again and keep you free from the dreaded rheumatism.

Father Morrissey's No. 7 Tablets have proved their value in hundreds of cases where other remedies have failed entirely.

50c. a Box—at your dealer's.

Father Morrissey Medicine Co., Ltd., Chatham, N.B.

UNITED SOUTH AFRICA; CONDITIONS AND PROBLEMS

The Real Question is How to Manage The Natives—Many Material Advantages to Accrue Because of The Union of The Colonies

(Toronto World)
British South Africa is the latest of our possessions to unite its four colonies and there are many who feel that the coming stone will only be put on when Rhodesia is brought under the scheme for it is undoubtedly the spirit of the great man whose lonely grave lies on the summit of the Matopos that has led to the consummation of the Act of Union under which the colonies of the Cape of Good Hope, Natal, the Transvaal and Orange River now form a United South Africa. Writes a special correspondent of the Montreal Star.

An enormous territory is this lying south of the great Zambezi River, all of which, with the exception of that arid and profitless strip known as German Southwest Africa, now belongs to the British empire; yet at what cost has it been obtained and retained? Its administration and government has proved the fall of many an otherwise able statesman and soldier; its acquisition has only been gained by the colonies after strenuous and unremitting conflict against every conceivable kind of interference—twist, English, Dutch and native races have marked the land with visible scars, and thus far the dates of the country's history are fixed by such and such a rebellion or war.

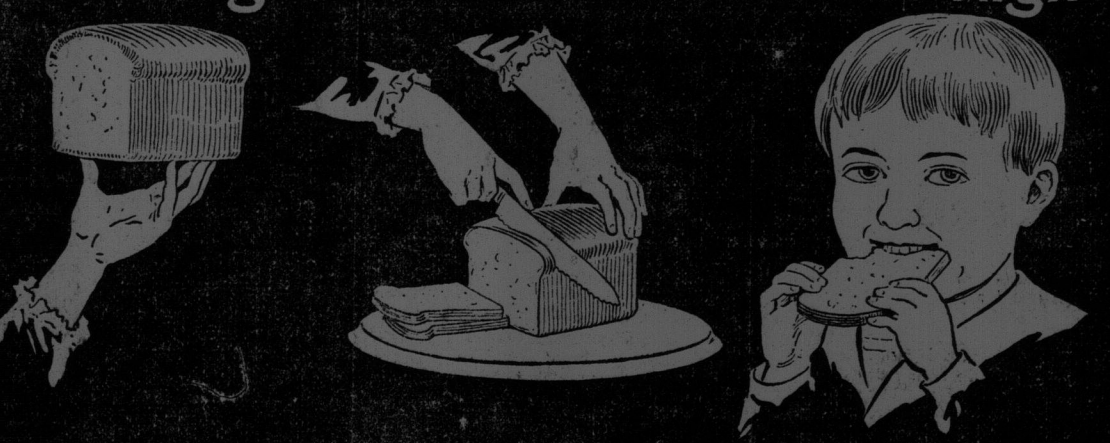
Racial Feud Disappearing

"Is the racial feud still existent?" is the question which is often put. To a certain extent, yes, for racial animosity which has dotted the hillside and kopjes with graves, is not going to be obliterated by a few courteous tendencies to the vanquished chiefs. But it may safely be said that the animosity has reasonably lessened, and that there are healthy signs that the intelligent people of both races are indeed prepared to allow the hatchet to be buried. Three years ago the writer attended a school prizegiving concert in a Dutch colony, in Orange River Colony. The proceedings were mostly in English, and the gathering concluded with the national anthem at which all stood up; but two years ago, it was explained, the village constable locked the door so that the Boers should not troop out when this item came on. The new constitution breathes a spirit of trust between the two dominating white races, and gives equal rights to both languages, although belligerence has a tendency to accentuate and sustain racial quarrels and bitterness.

The Black Peril

The real problem in South African politics is not how to avoid further conflict between English and Dutch, but how to manage the natives, the gravity of the difficulty lies in the overwhelming proportion of the black race, for in the territory south of the Zambezi, it will be seen that the white population only stands in a ratio of one to six black inhabitants, and of these latter only very small proportions are in any way civilized. Once let them know their power and act in concert, then the white race could be wiped out before troops could be hurried to the aid of the colonies. In the eastern provinces of Cape Colony, the writer has talked with old people who have told thrilling tales of the days in the middle of last century, when the Boers, descended upon the settlements of the colonists, and of how while the men were firing away from the camp formed by rows of ox wagons, the women were kept busy loading their rifles. Small wonder that the sons and daughters of these settlers today have an inborn and instinctive dread and distrust of the black race. It is not, however, the Boers who are to be feared, but the native creates difficulty but also in the industrial world. Education

Feels Light Cuts White Tastes Right



The Oven PROVES the Quality of

PURITY FLOUR



Just Give Asepto a Chance at Your Washing

A SEPTO Soap Powder is more than a mere soap. It is a germicide as well. After all, despite what each maker claims for the particular soap he makes, soap is soap—all more or less the same—all made from the same basic materials—all sold more or less in the same quantities for the price.

While Asepto Soap Powder is all that contains all—and does all the work of the best soaps on the market, it is for its powerful germicidal qualities that it is to be chiefly recommended. Not only will Asepto cleanse the most delicate fabrics—not only will it wash them as white as snow—and absolutely without rubbing, boiling or scalding.

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For the sick-room—for sick-room bedding and dishes especially—it is unexcelled. Asepto is cheaper than soap, in that it does more work than soap does—goes further than soap goes. All good grocers sell Asepto in large packages at 5c.

Next time you are ordering, tell your grocer to include a package of Asepto—try it for yourself.

Asepto is not harmful to hands or clothes—it will not cause paint or varnish to crack or peel—leaves no blue scum over woodwork, but abolishes dirt and chases disease germs like magic.

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No Heat Except Where Needed

Dishes hot—food well cooked—kitchen cool. No underdone food—no overheated kitchen in summer. Everything hot when wanted. Heat under perfect control and concentrated. The blue flame is all heat—no smoke—no odor—no dirt. These are some of the advantages in using the

New Perfection Oil Cook