

ROYAL YEAST
Has been Canada's favorite yeast for over a quarter of a century. Bread baked with Royal Yeast will keep fresh and moist longer than that made with any other, so that a full week's supply can easily be made at one baking, and the loaf will be just as good as the first.
MADE IN CANADA
E.W. GILLET COMPANY LIMITED
WINNIPEG TORONTO, ONT. MONTREAL

BOYS' Wash Rompers
47c. and 56c. Suit
H. N. DeMILLE
199 to 201 Union St. Opera House Block

Quick Lunch Service

A correspondent sends the Times the following:
"I lunched the other day," writes a correspondent, "at the Help Yourself Cafe, 52, Marsham street, Westminster, a little restaurant close to the Abbey, modelled on Canadian lines. It is intended for workers to whom economy of time is important, and is an enormous boon to them. Just by the door there are stacks of pretty trays, and following printed instructions, I took one. I chose my cutlery next, and then went behind a glass partition where the food was. A great gas cooker was there, and roast mutton was a shilling a portion, curried vegetables were seven-pence, savoury pie was eightpence, and various puddings were fourpence each. There were orderly rows of fish salad and mayonnaise at ninepence, vegetable salad at sixpence, and little dishes of jam or of cheese were twopenny. Butter was a penny a portion, bread was from a half-penny upwards. The habitues took about a minute and a half to get their tray and food tools, select their lunch, show it to the cashier, and pay for it. Then they settled down in the restaurant to a leisurely meal, without waiting on either side, and had ample time for a cup of tea or coffee before leaving."
The Times correspondent adds:
"Where in Canada is this done? As factories increase would not some such convenience aid the help needing a warm dinner or cool lunch in summer?"

Women in the Fight
The Russian young women's battalion raised by the twice-wounded girl officer, Vera Butchikoff, was in action for the first time yesterday. They are reported to have been successful, although the battalion suffered some loss—on a ninepence, vegetable salad at sixpence.

LOCAL NEWS

The City Cornet Band will give a band concert in King square this evening from eight until ten o'clock.

A very successful Sunday school picnic was held at Crystal Beach yesterday by the Douglas avenue Christian church. River steamers took the picnicers to their destination where the outing was greatly enjoyed.

A memorial service was held in the Golden Rule lodge of the L.O.O.F. last evening in memory of the Odd Fellows who have fallen at the front. William R. Sanderson and Rev. W. R. Robinson were the chief speakers. Speeches were also made by A. D. Smith, Willard Smith of Peers lodge, P. Poole of Pioneer lodge and C. McFarland of Siloam lodge.

Last evening the goods left over from the Piccadilly Circus were auctioned off at Grand Bay. There was a large crowd and the result was good. The drawing for the war bonds was postponed until later in the week.

The board of commissioners, appointed by the Murray government to inquire into the workings of the compensation acts of other provinces, are going to make a tour of the New Brunswick industrial plants with a view of securing first hand information. The pay rolls of the manufacturing plants are to be secured with a view of adjusting payments on an assessment basis, on a plan similar to that in use in Nova Scotia.

Mails and passengers between India and Britain will in ten years' time be conveyed by air—Lord Montagu.

Gray Hair Restored to its Natural Color

Why not bring back the natural youthful color to those gray and faded hairs that make you look so old? Be young and attractive looking. Have rich, dark, glossy hair without a trace of gray, that everyone admires that you'll be proud of. You can do it easily—safely—gradually. Do not use dyes or stains—they give the hair an unnatural look.
HAY'S HAIR HEALTH, is the safe, permanent, natural way, ready to use when you buy it, not a dye-draft but a natural hair restorer. It is used by particular people because its use cannot be detected by anyone. It removes dandruff too. 25c, 50c and \$1.00 at your druggist's, who will replace it if not satisfactory. Always ask for and get the genuine.

Hay's Hair Health
E. Clinton Brown

H.P. SAUCE
In Flavour, in Purity, and in real money value, H.P. Sauce has no serious rival.
Try a bottle of H.P. 10-day.
BRITISH MADE

SHIPPING

ALMANAC FOR ST JOHN, JULY 26.
High Tide. A.M. Low Tide. P.M.
Sun Rises. 4.19 Low Tide. 10.35
Sun Sets. 5.08 Sun Sets. 7.53
Time used is Atlantic standard.

PORT OF ST JOHN.

Arrived.
Wednesday, July 25.
Schr Page, 26, Mathews, Beaver Harbor.
Schr Thelma G, 11, Green, Kingsport (N.S.).
Schr Claremont A, 11, Thompson, fishing.
Schr Snow Maiden, 46, Foster, Grand Harbor.
Schr Harbinger, 46, Rockwell, River Hebert.
Schr Empress, 612, MacDonald, Digby.
Schr Walter C, 18, Belding, Chance Harbor.

LOCAL NEWS

The best and most satisfactory shopping you can do at Bassett's, 14-16-18 Charlotte street. No branches.
If you are able to get here, our cut prices on shoes should certainly bring you in—Wiesel's Cash Stores, 243-247 Union street.
All kinds of yard goods to please your taste and purse at Bassett's, 14-16-18 Charlotte street. No branches.
Our clearance sale prices are capturing a whole army of shoe buyers—Wiesel's Cash Stores, 243-247 Union street.
Handsome silk sweaters, sport coats and ladies' suits at the lowest prices possible—Bassett's, 14-16-18 Charlotte street. No branches.
Rothsay Red Cross Fete, Wednesday, July 25. 6-20
A meeting of representatives of all labor organizations in the city will be held Friday evening Trades Council rooms. 7-28.
CHANGE IN C. G. R.
NIGHT SUBURBAN
After solicitation of the majority of suburbanites using No. 286 train, the management have agreed to start it at 10.30 p. m. instead of 11.00 p. m. daily.

LOCAL NEWS

The best and most satisfactory shopping you can do at Bassett's, 14-16-18 Charlotte street. No branches.
If you are able to get here, our cut prices on shoes should certainly bring you in—Wiesel's Cash Stores, 243-247 Union street.
All kinds of yard goods to please your taste and purse at Bassett's, 14-16-18 Charlotte street. No branches.
Our clearance sale prices are capturing a whole army of shoe buyers—Wiesel's Cash Stores, 243-247 Union street.
Handsome silk sweaters, sport coats and ladies' suits at the lowest prices possible—Bassett's, 14-16-18 Charlotte street. No branches.
Rothsay Red Cross Fete, Wednesday, July 25. 6-20
A meeting of representatives of all labor organizations in the city will be held Friday evening Trades Council rooms. 7-28.
CHANGE IN C. G. R.
NIGHT SUBURBAN
After solicitation of the majority of suburbanites using No. 286 train, the management have agreed to start it at 10.30 p. m. instead of 11.00 p. m. daily.

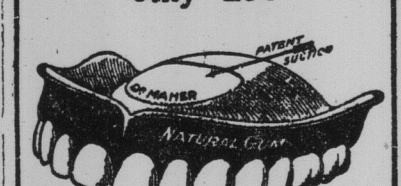
LOCAL NEWS

The best and most satisfactory shopping you can do at Bassett's, 14-16-18 Charlotte street. No branches.
If you are able to get here, our cut prices on shoes should certainly bring you in—Wiesel's Cash Stores, 243-247 Union street.
All kinds of yard goods to please your taste and purse at Bassett's, 14-16-18 Charlotte street. No branches.
Our clearance sale prices are capturing a whole army of shoe buyers—Wiesel's Cash Stores, 243-247 Union street.
Handsome silk sweaters, sport coats and ladies' suits at the lowest prices possible—Bassett's, 14-16-18 Charlotte street. No branches.
Rothsay Red Cross Fete, Wednesday, July 25. 6-20
A meeting of representatives of all labor organizations in the city will be held Friday evening Trades Council rooms. 7-28.
CHANGE IN C. G. R.
NIGHT SUBURBAN
After solicitation of the majority of suburbanites using No. 286 train, the management have agreed to start it at 10.30 p. m. instead of 11.00 p. m. daily.

LOCAL NEWS

The best and most satisfactory shopping you can do at Bassett's, 14-16-18 Charlotte street. No branches.
If you are able to get here, our cut prices on shoes should certainly bring you in—Wiesel's Cash Stores, 243-247 Union street.
All kinds of yard goods to please your taste and purse at Bassett's, 14-16-18 Charlotte street. No branches.
Our clearance sale prices are capturing a whole army of shoe buyers—Wiesel's Cash Stores, 243-247 Union street.
Handsome silk sweaters, sport coats and ladies' suits at the lowest prices possible—Bassett's, 14-16-18 Charlotte street. No branches.
Rothsay Red Cross Fete, Wednesday, July 25. 6-20
A meeting of representatives of all labor organizations in the city will be held Friday evening Trades Council rooms. 7-28.
CHANGE IN C. G. R.
NIGHT SUBURBAN
After solicitation of the majority of suburbanites using No. 286 train, the management have agreed to start it at 10.30 p. m. instead of 11.00 p. m. daily.

PAINLESS EXTRACTION!
Only 25c



We make the best teeth in Canada at the most reasonable rates.
BOSTON DENTAL PARLORS
Head Office: 527 Main St. Phone 688
Branch Office: 25 Charlotte St. Phone 88
DR. J. D. MAHER, Prop.
Open 9 a. m. Until 9 p. m.

Service Quality

The keystone of our over twenty years of successful business in exclusive optics.

S. GOLDFEATHER
Phone Main 3413-11, 625 MAIN ST.
Out of the High Rent District.

except Saturday and Sunday, commencing Monday next, July 30th. On Saturday this train will leave at 11 p. m. This arrangement is undertaken as an experiment, and with the understanding that there will be no additional stops put on No. 10 train on account of train 386 leaving thirty minutes earlier. 7-29

NEW SHIRTS AND TIES

Arrow shirts and collars, all new styles, Mulholland's. Nobby patterns in ties just arrived. Mulholland's, No. 7 Waterloo street. 7-31.

TAKE ADVICE

When wanting a new hat, try Mulholland's, 7 Waterloo street, up-to-the-minute hatters and men's furnisiers. Look for electric sign "Mulholland's." 7-31.

UNION MADE OVERALLS AND GLOVES

H. S. Peters, brotherhood overalls, auto suits, boiler suits, service coats, headlight overalls and pants, Peabody's overalls, pants and gloves; Bob Long overalls, pants and gloves; Carhart's overalls and gloves. All sizes at Mulholland's, No. 7 Waterloo street, near Union street. Look for electric sign, Mulholland's. Store open evenings. 7-31.

Wanted at Royal Hotel—Kitchen girl, pastry pantry girl and silver man. T.F.

Footwear—Waterbury & Rising. Page 5. 7-29.

HEAVY SARDINE CATCH.

There has been a very large run of sardines in the local waters for the last two nights. Tuesday night, July 24, Alexander Logan caught eighteen hogheads, and these sold at \$4.00 per hoghead. On July 25 and 24, Alexander Sillipant and partners netted 160 hogheads and sold them at the above price, realising \$640.00. It is reported from all the weirs that the sardines are being taken in exceptionally large quantities, although weirs at the mouth of Courtenay Bay have been getting the best of it.

The Kaiser's Rules

New York Times—The German people have been brought suddenly by the Kaiser to the point where they must stand or back down. For the first time, autocracy, resolute and defiant, faces its murmuring people and does not dodge the issue. To their complaints and their vague demands the Kaiser answered by dismissing a chancellor who favored going on with the old policy of fine words, and perhaps also favored slight concessions. The Kaiser himself became chancellor for that is all that the appointment of a minister of obscurity like Michaelis can mean. He is no more an autocrat than he was before, but before he wielded his power with a gloved hand and now he has taken off the glove.

GOOD 25c. VALUES

6 cakes Yerca's Soap. 25c.
3 bottles Lemon Extract. 25c.
3 bottles Vanilla Extract. 25c.
2 large bottles Tomato Catsup. 25c.
2 bottles Worcestershire Sauce. 25c.
4 Chamberlain Cigars. 25c.
6 cans Babbitt's Cleanser. 25c.
6 pkgs. Babbitt's Washing Powder. 25c.
3 regular 15c. pkgs. Matches. 25c.
2 cans Evaporated Milk. 25c.
2 cans Blueberries. 25c.
2 lbs. Prunes. 25c.
3 cans 2 in 1 Shoe Polish. 25c.
3 cans Black Knight Stove Polish. 25c.

UNFERMENTED WINE

Port (quarts). 35c.
Raspberry. 35c.
Black Cherry. 35c.
Raspberry or Strawberry. 35c.
FLOUR
Royal Household. \$13.25
Blue Banner. \$13.25
Purity. \$13.75
Ivory Flour—98 lb. bags. \$ 6.10

Yerca Grocery Co.

443 MAIN ST. Phone Main 2913
Store Open Friday and Saturday Evenings

BETTER PICTURES
WHEN FINISHED AT
WASSONS
Main Street
Ask About Our Free Developing Offer

New Parlor and Bedroom Suites
—Just Arrived!
We have a beautiful selection of new parlor and bedroom furniture in the latest designs.
We make a specialty of furnishing new homes.
Furniture, Carpets, Squares, Oilcloths, etc., at all Prices.
AMLAND BROS., LIMITED
19 Waterloo Street

Blue-jay
Stops Pain—Ends Corns
For Sale by All Druggists Also Blue-Jay Plaster

She Couldn't Go Her Corns Wouldn't Let Her.

She remembered the agonies of the last dance. It kept her at home to coddle her touchy corns. She simply couldn't take the pain again.

How easy it would have been, what instant relief, if she had only known of Blue-jay. Other millions of men and women have found relief this way. Blue-jay stops pain instantly. And the miserable corn is gone, roots and all, in 48 hours.

New shoes—smart styles—have no terrors to Blue-jay users. These soothing plasters, inset with a medicinal wax, have ended millions upon millions of corns.

Many tests conducted by experts show that the first application removes 91 per cent. Stubborn cases require a second or third treatment. Why wait longer? Why suffer?

NOTE OUR NEW PHONE NUMBER!
Changed from Main 2577 to
MAIN 3461
You'll always get quick connection in future on account of the change.
E. R. & H. C. Robertson
Phone 3461. COR. MAIN and DOUGLAS AVE.

SPECIALS AT LILLEY & CO.
Choice Small Picnic Hams
Machine Sliced Boiled Ham
only 45 Cents Per Pound well cooked
For Picnics, Luncheons Etc., in large or small Quantities
LILLEY & CO.
685 Main St.
Phone Main 2745
Store Open Every Evening Till 10 o'clock—Saturdays 11.30

THE 2 BARKERS LIMITED
100 Princess : 111 Brunswick

Five Shamrocks or Charlot—Highest-grade Manitoba Flour, \$13.30 bbl.
12 lbs. Granulated Sugar. \$1.00
No. 1 Bermuda Onions. 6 lbs. 25c.
Quart bottle Tomato Catsup. 19c.
2 bottles Worcestershire Sauce. 25c.
2 bottles Mixed Pickles. 25c.
2 bottles Chow. 25c.
Horse Radish. Only 17c. bottle
Sweet Onions. Only 25c. bottle
White Onions. Only 25c. bottle
Large tin Peaches. Only 27c.
3 lb. tin Peas. Only 27c.
Large tin Hawaiian Pineapple. 32c.
Hire's Root Beer Extract. 21c.
10c. bottles Lemonade or Orangeade. 6 for 25c.
25c. bottle Grapejuice. 21c.
4 pkgs. Jelly Powder. 25c.
2 Lipton's Jelly. 25c.
Pure Gold Tapioca, Chocolate Pudding or Custard. Only 10c. pkg.

He'll Be Happy When He Gets This
Whether "Jim" is on a man-of-war or in a trench, he's going to have long-lasting enjoyment and a lot of benefit from
WRIGLEY'S
The Famous Chewing Gum
Chew It after every meal
It's one of the outstanding features of the war—this great pick-me-up, with its tonic effect on stomach and nerves. Are you using it? If not, you are missing a big comfort.
WRIGLEY'S SPEARMINT
THE PERFECT GUM LASTS
WRIGLEY'S DOUBLEMINT
THE FLAVOUR LASTS
Made in Canada
The Flavour Lasts