



THE HOWARD METHOD, No. 2. (Illustration No. 14.)

**RULE 2.**—The operator, being astride of the patient, by a firm push should then spring back to his first position, and lift his hands off the patient's body, and so on. Artificial respiration is thus effected.

**NOTE.**—These movements must be continued, as in the other methods, at the rate of fifteen times a minute, and when the natural breathing has been restored the treatment should be the same as in the "Silvester" method.

## CHAPTER XII.

### EMERGENCY TREATMENT IN THE ABSENCE OF THE DOCTOR.

Very often in drowning cases, when rescue has been effected, no doctor is near, and promptitude of treatment is absolutely necessary in order to possibly save the life of the rescued person. The following suggestion, in case of such an emergency has been made, Mr. James E. Pitcher, in a late number of the *New York Christian Advocate*, in an introductory paragraph, says :

We do not yet know how long a person requires to have been submerged under water before he becomes dead. Esmarch says life may not be extinct even after hours spent in the water, and recommends that all drowned persons be considered as only apparently drowned. When death occurs, it is due to suffocation either with or without water in the lungs. In the former case the water is breathed