

# CANADA MEDICAL RECORD

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## Original Communications.

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### NOTES FROM THE CLINIC

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Codeine in doses of  $\frac{1}{8}$  to  $\frac{1}{4}$  of a grain three times a day is frequently successfully used in tickling cough. It is said to exert a special influence on the nerves of the larynx.

Attacks of asthma are often abated by provoking nausea rapidly. For this purpose use ipecae, apomorphia. In the case of persons who do not smoke, tobacco may be used.

It is advisable to make a determined effort early to control a rheumatic attack. The longer a case lasts, the greater probability of the heart becoming affected.

Charcoal, sub-nitrate of bismuth and carbonate of magnesia will often relieve gastric pain due to acidity or the presence of an excessive quantity of gas.

Alkalies, diuretics, laxatives and special attention to diet will often relieve rheumatic attacks in children better than will the salicylates.

When the steam bath is indicated in country practise it is easily and satisfactorily given by boiling dozen or more ears of corn, taking them from the water while boiling, wrapping in cloths moistened in hot water and packing them as close to the patient as possible. Keep him closely covered,