

brick, and consists of a centre and wings. Some of the latter have been added three or four years ago; others are now in course of erection, and will not be finished till the end of the year. Dr. Henry Howard, the visiting physician, kindly facilitated my desire to see the asylum, and escorted a small party, consisting of Dr. Ross of Montreal, Dr. S. Mackenzie of London, and myself, to the institution. I must express to Dr. Howard my lasting obligations for his attention and assistance. We were received by the Mother Superior, Ste. Thérèse, who had been apprized of our visit. She conducted us through the building; was most courteous in her manner and in replying to the numerous questions with which I troubled her. I am glad to have this further opportunity of thanking her and the nuns who were with her for their kindness throughout the visit.

The neatness and cleanliness of the hall, reception-room and office strike the visitor very favorably on entering the establishment. The *Apothecaire* is a model of neatness. The nuns have themselves published a pharmaceutical and medical work, a large volume, entitled *Traité Élémentaire de Matière Médicale et Guide Pratique*, a copy of which the worthy Mother Superior was good enough to present to me. I was somewhat disappointed to find, on examining its pages, that only one was devoted to mental alienation, of which nine lines suffice for the treatment of the disorder. Among the moral remedies, I regret to see that "punitions" are enumerated; their nature is not specified. Two skeletons in the *Apothecaire* were shown to us by Ste. Thérèse, as being much valued subjects of anatomical study for the nuns, who would, it is not unlikely, consider their knowledge of the medical art sufficient for the needs of the patients. The law, however, obliges a medical man to reside in or near the asylum. Dr. Perrault, whom we did not see, occupies this post. This officer is appointed and paid by the Sisters; the visiting physician, on the contrary, is appointed and paid by the Provincial Government. We looked down upon a very large kitchen, where cooking by steam was going actively on, and a favorable impression as to the supplies was left upon the mind by the busy scene which presented itself. The amount of vegetables (potatoes,