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That instantly stops the most excruciating pains, allays inflammation and cures Concretions, whether of the Lungs, Stomach, Bowels, or other glands or organs, by one application.

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There is not a remedial agent in the world that will cure Fever and Ague and all other malarious, bilious and other fevers, aided by RADWAY'S PILLS, so quickly as RADWAY'S RELIEF.

25 cents per bottle. Sold by all Druggists.

RADWAY & CO.,

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Always Reliable.

Purely Vegetable.

Possess properties the most extraordinary in restoring health. They stimulate to healthy action the various organs, the natural conditions of which are so necessary for health, grapple with and neutralize the impurities, driving them completely out of the system.

RADWAY'S PILLS

Have long been acknowledged as the Best Cure for

SICK HEADACHE, FEMALE COMPLAINTS, INDIGESTION, HILIOUSNESS, CONSTIPATION, DYSPEPSIA, AND ALL DISORDERS OF THE LIVER.

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BEST QUALITY OF BREAD.

Brown Bread, White Bread.

Full weight, Moderate Price.

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And yet lives in ignorance of the fact that a single application of CUTICURA will afford instant relief, permit rest and sleep, and point to a speedy and economical cure, when all other remedies fail. CUTICURA works wonders, and its cures of torturing, disgusting humors are the most wonderful ever recorded.

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### BRITISH DOMINION WINE.

Manufactured from the Best Canada Grapes without the use of either artificial coloring or distilled spirits in any form.

After repeated chemical analyses of the Wines made by R. Bert Bradford of No. 535 Parliament St., Toronto, I do not hesitate to pronounce them to be unsurpassed by any of the native Wines that have come under my observation.

Analyses show them to contain liberal amounts of the ethereal and saline elements, sugar and tannic acid etc., characteristic of true Wine and which modify materially the effects which would be produced by alcohol alone.

Retaining to a high degree the natural flavor of the grape, they serve the purpose of a pleasant table Wine as well as that of a most valuable medicinal Wine.

CHAS. F. HEBNER, Ph. C., Phm. D. Dean and Professor of Pharmacy. Ontario College of Pharmacy.

## R. BRADFORD,

595 PARLIAMENT ST.,

TORONTO, - ONT.

References by permission.—Mr. Jas. Alison Treasurer Cookes Church, Toronto; Mr. John Duncan Clerk of Sessions, Knox Church, Toronto.

Minard's Liniment Cures Colds, etc.

### HEALTH AND HOUSEHOLD HINTS.

All kinds of cooked fish can be served with salads. Lettuce is the best green salad to serve, but all cooked and cold vegetables go well with fish.

An excellent remedy for inflamed eyes is to soak a little sassafras pith in boiling water; let it draw until the water becomes slimy, and then strain through thin muslin. Bathe the eyes frequently with the liquid.

To prevent the juice from pies running over, thrust little funnels of white paper into the cuts on top, through which the steam may escape and the juice boil up, and then run back into the pie again when it stops cooking.

The best mutton is of fine grain, a bright color, the fat firm and white. It is better for being full-grown. The meat of the ewe is not so bright, while the grain is closer. The ram mutton may be known by the redness of the flesh and the sponginess of the fat.

Most cakes need a moderately hot and some even a cool oven. A good old test is to put a piece of thick paper into the oven, to shut the door and open it again after five minutes. If the paper is of a light brown color the oven is moderately hot, and if yellow the oven is cool.

If you live in an old house where the door sills are worn down, and under which the wind rushes, making the floor so cold, no amount of fire can warm it, try tacking strips of oil cloth across the bottom of the doors, letting it come well down on to the sill. If done with care it will not drag, neither is it unsightly; still if one objects to the looks it can be painted to match the color of the door.

Orange Biscuits.—Boil large Valencia oranges, changing the water twice, until they can be pierced with a straw. Then remove the peel. Let it become a little dry. Pound it to a fine powder in a mortar and mix it with an equal weight of sugar. Spread it out on china dishes in a thin layer, and let it dry thoroughly before a fire or in the sun. Do not attempt to make this preserve with Florida oranges, for though the pulp of the Florida oranges is far superior to any other as fruit, yet the skin to be used for confectionery is far inferior to the cheap Mediterranean oranges.

"Cook your water as you do your food," is the advice of a well-known physician in the *New York Tribune*. This is really not difficult to manage if the affair is systematized, and when properly filtered and aerated boiled water is as bright, sparkling and agreeable to the taste as any other. There are filters that come especially for aerating water as well as filtering it, and if servants are accustomed to fill the filter regularly the daily provision of water in this way becomes as much a part of the household machinery as the cooking, and one has always the satisfaction of knowing that water prepared in this way is perfectly safe. It must be borne in mind, however, that the temperature of water just brought to a boil is not sufficient to destroy bacteria; 30 minutes steady boiling is the rule.

Pineapple Desserts.—The strawberry pineapple, in spite of its acid, makes a very good compote, and is nice for desserts. For a compote, peel the pineapple and cut it in slices about a quarter of an inch thick. Remove the core. Make a syrup of a cup of sugar and a cup of water. Let it boil for about five minutes. Pour it hot over the sliced pineapple and let the fruit steep in this syrup well covered for 24 hours. Then drain the pineapple and boil down the syrup for ten minutes more until it begins to thicken. Pour it hot over the pineapple again, and when the dish is cold serve it. A great many desserts may be made from the strawberry pineapple, and it is often considered better for this purpose than the sweeter sugar-loaf pine, while it possesses the advantage of being much cheaper. For a pineapple pie, prepare the pineapple, chopped fine or grated, and otherwise made ready for a compote. Have a shell or nice pastry spread with a little apple sauce—just enough to glaze the crust. Fill the pie-plate with pineapple and orange strips of pastry across. Bake the pie about forty-five minutes in an oven quite hot for the first fifteen minutes, and a very little more moderate for the last half hour. When the pie is removed from the oven, dredge it with powdered sugar and set it back in the oven just long enough to allow the sugar to melt. Serve it cold.

How to Bath.—Not many people when performing their morning ablutions think of bathing intelligently; yet there is such a thing as washing the face and never getting it thoroughly cleansed—only removing the dirt from the surface. Begin with tepid water and castile soap, gradually increasing the temperature until it is hot as can be borne, using soap generously. After bathing the face—always rubbing up instead of down, to prevent wrinkles—for some minutes, sit down and rub well into the pores of the skin, almond or cold cream, or any good preparation of the kind; let this remain for five or ten minutes, then

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## SCROFULA

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# B.B.B.



MRS. JAS. CHASE.

Worst Kind of Scrofula.

DEAR SIRS.—I had an abscess on my breast and scrofula of the very worst kind, the doctors said. I got so weak that I could not walk around the house without taking hold of chairs to support me. The doctors treated me for three years, and at last said there was no hope for me. I asked if I might take B.B.B. and they said it would do me no harm, so I began to take it, and before three bottles were used I felt great benefit. I have now taken six bottles and am nearly well. I find Burdock Blood Bitters a grand blood purifier and very good for children as a spring medicine.

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wash it off thoroughly with soap and water, after which rinse off in cold water. The sudden change has a tonic effect, making the blood circulate and opening the pores of the skin; the waste matter is thrown off, thus making the complexion clear and rosy. This formula, even modified so the whole will take twenty minutes, carefully followed, will do wonders toward clearing a muddy complexion, and will keep a fine skin in good condition. Last of all, that most trying affliction, a red nose, is permanently remedied, if this be persevered in. Of course the morning plunge bath, in tepid water in winter, and cold water in summer, must not be neglected, besides a warm bath twice a week, with soap and a flesh brush. After the morning bath, which should not last longer than three minutes, a brisk rub with Turkish towels will restore circulation, and make one feel rejuvenated.—*Democrat Magazine.*

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