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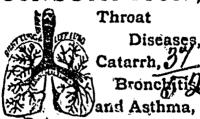
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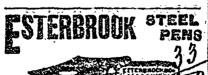
Cigare

Cannon St. Hamilton Jan. 1884
J.N. SUTHERLAND. Dear Sir. Having urbailed four butters of "shbrunting," in gives me much pleasure to inform you that it has exceed great which my wife, who has been a sufferer from Rhumatism for the past eight years. As to myself, it has exace my general health sench better, Yon's truly,

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THE WEAKER REX. 1 Care immensely strengthened by the use of 1) W. Pierre's "Favourite Prescription," which exists all female derangements, and gives once under griffely. Sold by druggists.

#### Scientific und Agelut.

To give consistency to a pie-plant pie, allow to one coffee cupful of pulp, one heaping tables poonful of cornstarch, then mix with this the yolk of three eggs, and use the whites for a meringue.

Frezen oranges for dessert on a July day are delicious. Remove the peel and alice the oranges i to each pound of oranges add three quarters of a pound of sugar and one-half pint of water, and freeze.

CORN STARCIT CARE.—One cup butler; two cups sugar; one cup sweet milk; whites of six eggs; two cups flour; one cup com starch, and two tesspoonfuls of baking powder; flavour to taste.

POUND CARE.—One pound sugar, one pound butter, one pound flour, one dozen eggs. Scent with lemon. Stir the sugar and butter together until light. A id the flour, and bake in a moderate oven

CRAB-APPLE PARSERVES.—Scald the apples, then remove them from the water, and to every pound of apples add a pound of sugar. Put the apples and sugar over the first, and cook slowly till the fruit is tender.

Danicious Biscuir.—Haif cup buiter, ball cup lard, two tablespoonfuls white sugar : put into three tea-cups of new milk and let it scald, and add a cup of yeast or a yeast cake, sponge over night and in the morning put in half teaspeoulul soda. Mix soft and let them rise.

Asparagus in a quart of soup stock until they are quite done, then pound the asparagus in a mortar and past it through a sleve. Mix a tablespoonful of flour and an ounce of butter in a saucepan on the fire, add papper, sugar sauce, the asparagus, and last of all the stock. Let this mixture boil; add half a gill of cream before taking it from the fire, and serve with fried bread dice.

Fixusisi Carrots—Out carrots after ASPARAGUS SOUP .- Boll twenty-five heads

And serve with fried bread dice.

FIRMISH CARROTS.—Cut carrots, after washing and scraping them, into thick, round slices, boll them for five minutes and then set them to simmer with an ounce of butter, a little salt and twice as much stock as a necessary to cover them. When the stock is reduced to one-third of its original quantity, add a little butter, a sprinkling of sweet herbs, and a spoonful of Liebig's extract. Boil once more and serve with fried bread dice bread dice

bread dice

Farsii Tongues—Boll a call's tongue muli tender, skie it, split it longways down the middle, lay it on a dish with some silces of pickled cucumber placed on it, a little Eayenne, then make a sauce to pour round it, with a piece of butter, a tablespoonful of flour well browned over the fire; when sufficiently brown pour on it sufficient of the inquot the tongue was boiled in, keeping it silved until it makes a thick gravy, adding a tablespoonful of pickled sinegal. A balfock a tongue can be done in the same way, gamished with pickled gherkins.

A CHOICE RECIPE FOR COLOURING RED.

garnished with pickled gherkins.

A CHOICE RECIPE FOR COLOURING RED.

Mix two onness of muriatic acid and one of older together in a tin vessel, and let them stand there days. Fill a clean copper with pure pure soft water, and add enough of the first mixture to make it a little sont. When near boiling put in four onness of alum and an onnee of crude tartar for every pound of goods. Immerse the goods two heurs, siring them once during that time. Empty the kettle and set a new dye, allowing three ounces of madder for every pound of goods. Steep well without raising the heat at first. Gree the goods a long dip, airing them once or twice. Scour in airong scap suds.

#### A GREAT INSTITUTION.

The surgeons of the International Throat and Lung Institute, operating from their different offices, Montrail, Teronto, Detroit, Milley, and Winnipg, Man., are treating more patients suffering from Consumption, Bronchitis, Jaryngitis, Pharyngitis, Pasthma, Catarrh, Catarrhal Deafness, that any other institutio. In the world. Wathill treat no case we think incurable. We can bely every case and cure the majority we know that the treations. By the use of cold inhalstions conveyed to the diseased parts by the Soirometer the wonderful invention of Dr. M. Sonwielle, of Paris, ex-aide surgeon of the French army, and other proper local and constitutional treatment, we are curing thousands of cases of the autore named diseases every year. Write enclosing stamp for list of questions and copy of International News, published monthly, which will give you full information and reliable references.

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or 105 Alexander Street, Winnipeg, Man.

A noted hut untitled woman.



Mesera Editors...

The above is a good likewess of Mrs. Lydis E. Finds Am., of Lynn, Mass., who above all other purper licinary may be truthfully called the "Dear Frie did Aloman," as some of her correspondents love for July her. Bhe is rectainty devoted to her work, which is the section of a life-study, and is obliged to the pole lady assistants, to help her answer the large spressive dense which daily poure to upon the roach by single special burden of suffering, or 5-y at release from it. Her Vegetable Compound is a modicine for good and not evil purposes. I have personally investigated it and am anisated of the truth of this.

On account of its proven merits, it is recommended and procerited by the best physicians in the country. One says: "It works like a charm and saves much pain. It will cure enturely the worst form of falling of the uterus, Laucorrhous, irregular and painful Menstruation, all Ovarian Troubles, Inflammation and Ulceration, Floodings, all Diplacements and the consequent spinals weakness, and is especially adapted to the Change of Life."

It permeates every portion of the system, and gives new tile and treen. It removes fundance, flatilency.

Sincration, showings, an emphasonames and sere our sequent spinal week inca, and is especially adapted to the Change of Life."

It permeates every portion of the system, and gives new life and vigor. It removes faminess, fashiency, destroys all criving for stimulants, and relieves weakness of the ctomach. It cures illusting, incalaches, kervous Prostration, General Doldily, Sicoplessons, Repression and Indigestion. That feeling of bearing down, causing pain, weight and beckache, is always permanently cured by its use. It will at all times, and moder all circumstances, ect in has sony with the law that governs the fermio system.

It costs only \$1, per bottle or six for \$3, and is sold by druggists. Any advice required as to special cases, and the names of many who have been restored to perfect health by the use of the Vegetable Compound, can be obtained by addressing Mrs. P., with stamp for reply, at her home in Lynn, Mass.

For Eldney compount of either sex this compound is unsurpassed as abundant testimonials show.

"Mrs. Pinkham's Liver Fillip," says one writer, "are the best in the scorid for the cure of Constipation, illicomess and Torpidity of the liver. Her lived Parifler works wonders in its special line and tide fair to equal the Compound in its popularity.

All must respect her as an Angel of Kerry whose sole archition is to deject to the as an Angel of Kerry whose sole architics.



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#### If and IL-

"If you are suffering from poor health for languishing on a bed of lickress, take cheer, if you are simply alling, or if you feel weak and displitted, without 'clearly knowing why, Hop Bitters will surely cure you."

clearly knowing why, Hop Bittera will urely cure you."

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work, Hop liliters will knelly attengthen you."

"If you are saffering from over-eating or dinking, any indiscretion or dissipation, or are young and growing too fast, as is often the case."

"Or if you are in the workshop, on the farm, at the deak, a worker, and teel that your system neone cleaning, toning, or stimulating, kningti intoxicating, if you are old, bittering and impure, pulse feeble, or was indicade. faculties waning, Hop tiliters in what you need to give you new life, health, and ignor."

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deall-this moment, and turn for a cure to Hop, Bitters.

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is a pleasant and sure cure.

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