

W. RAILWAY

Accom. Wednesdays 1920 1 days only... Read up Middleton at 5.00 p.m. ...

MacFARLANE... Middleton with all S. W. Railway and the Railway.

INGER' OCERY

s on the follow- ore buying:

our in Bbls. 98s

Meal

eeded Corn

eed Oats

eed Wheat

Fancy Groceries

ESSINGER

ROCKER one No. 78

rafer's Notice

aving legal demands te of Annie Freeman...

SM LAKE UNCLES

Administrators... Brackets, Bridgetown...

ATRIX NOTICE

aving legal demands... of Alice Lansley...

FAIRWEATHER

s with will annexed... of Alice Lansley...

MARKET

Fresh Pork, Lamb... and Bacon, Sausages...

as Mack

E" CHUTE... Nova Scotia

ER & CONTRACTOR

l stages raised and... and Chimneys...

PROFESSIONAL CARDS

OWEN & OWEN Barristers and Solicitors ANNAPOLIS ROYAL, N. S.

Branch office at Middleton open every Wednesday from 2.45 p.m. to 5 p.m. and every Thursday from 9 a.m. to 11 a.m. Money to loan on Real Estate

O. S. MILLER Barrister and Solicitor

BRIDGETOWN, N. S. Telephone 15

HERMAN C. MORSE, B.A., LL.B. Barrister, Solicitor and Notary Public

INSURANCE AGENT BRIDGETOWN, N. S. Office in Royal Bank Building

JOHN IRVINE, K. C. Barrister, Solicitor, Notary Public

DR. C. B. SIMS Veterinary Surgeon and Dentist

W. E. REED Funeral Director and Embalmer

DR. F. S. ANDERSON Dental Surgeon

J. H. HICKS & SONS Undertaking

G. E. BANKS Plumbing

LESLIE R. FAIRN Architect

WALTER TOSH Cabinet Maker and Upholsterer

ROSS A. BISHOP Watchmaker and Jeweler

FOR LIFE INSURANCE THE CONFEDERATION LIFE ASSOCIATION

FRANK H. COLE Carpenter and Builder

J. A. WAUGH Auctioneer and Dealer in Wire Fencing

NEW HARNESS SHOP

I have opened a harness shop in the Grand Central Hotel Building.

H. B. ANNIS

ANOTHER VICTIM OF RHEUMATISM

Entirely Well After Six Weeks' Treatment With 'FRUIT-A-LIVES'



MR. AMEDEE GARCEAU

22 Hickory St., Ottawa, Ont. 'I was for many years a victim of that terrible disease, Rheumatism. In 1913, I was laid up for four months with Rheumatism in the joints of the knees, hips and shoulders and was prevented from following my work, that of Electrician.

I tried many remedies and was under the care of a physician; but nothing did me any good. Then I began to take 'Fruit-a-lives' and in a week I was easier, and in six weeks I was so well I went to work again.

I look upon this fruit medicine, 'Fruit-a-lives', as simply marvellous in the case of Rheumatism, and strongly advise everyone suffering with Rheumatism to give 'Fruit-a-lives' a trial.

AMEDEE GARCEAU. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa, Ont.

Now Unloading at Paradise, Carload Flour and Feed including:

Regal Flour in bbls. and bags. Corn Meal Cracked Corn Oats Middlings Bran Feed Flour and Cotton Seed.

Save Money by buying from me as my prices are generally the lowest.

TERMS, flour and feed, CASH

A. S. PHINNEY PARADISE

Phone 26-11 Open every evening

A Time Tested Cold Remedy. Your grandparents can tell you of the wonderfully beneficial properties, and of the many remedies effected by the favorite family cough and cold remedy of their time.

SHARP'S BALSAM of Horchound and Anise Seed. Seventy years ago this valuable medicine came into prominence and public favor, through its effective action in the successful treatment of coughs, colds, and similar affections.

Vulcanizing Auto Tires and Tubes. First Class Work Guaranteed. A. T. SPURR ROUND HILL. Tel 40-22

WINS FELLOWSHIP AT YALE

The Success of Donald D. Foster, of West Torbrook, Annapolis Co.

Announcement is made that Donald D. Foster, B. Sc. youngest son of Mr. and Mrs. D. E. Foster, of West Torbrook, Annapolis county, has been awarded the Loomis fellowship in physics at Yale University, New Haven, Conn. This fellowship, which is worth about \$600, was awarded to Mr. Foster as the result of a competitive examination in physics in which there were three candidates.

The Loomis fellowship in physics was established in 1902 by Professor Francis E. Loomis by the gift of ten thousand dollars. The fellowship is open to recent graduates of Yale College and the Sheffield Scientific School of Yale University and to graduates of other institutions who have spent at least one year in the study of physics in the graduate school of Yale University.

It is granted to the candidate who passed the best competitive examination in physics (descriptive mathematical and laboratory practice). The holder must be a candidate for the degree of Doctor of Philosophy and must make physics his chief study.

The first Acadia man to win the Loomis fellowship was Mr. Foster's elder brother, J. Stuart Foster B. Sc. (Acadia 1911), who was awarded the coveted honor two years ago.

TRY THIS Sing this to the tune of 'The Old Oaken Bucket.' How dear to our heart is the steady subscriber, who pays in advance at the birth of each year. Who lays down the money and does it quite gladly, and casts round the office a halo of cheer.

How welcome his check when it reaches our sanctum, how it makes our pulse throb; how it makes our heart dance. We outwardly thank him; we inwardly bless him—the steady subscriber who pays in advance.

NOT APPRECIATED IN BRIDGETOWN

The St. John Globe says: Some of the most eminent of medical men declare the summer use of daylight saving, with its longer hours of sunlight after work ends, is as good as two weeks' vacation for those who labor hard under adverse conditions and have few opportunities for the recreation of the more fortunate.

CLEMENTSVALE Sorry to report several in this village on the sick list. Some of the farmers are beginning to harvest their crop of Maple Sap. Mr. and Mrs. J. W. Porter left on Tuesday for Port Lorne and Truro. Mr. and Mrs. Howard Wright, Bear River East are living with Vernon Darrell.

ALREADY KEEPING COMPANY

A Dutch pastor makes it a point to welcome any strangers cordially and one evening after the completion of the service he hurried down the aisle to station himself at the door.

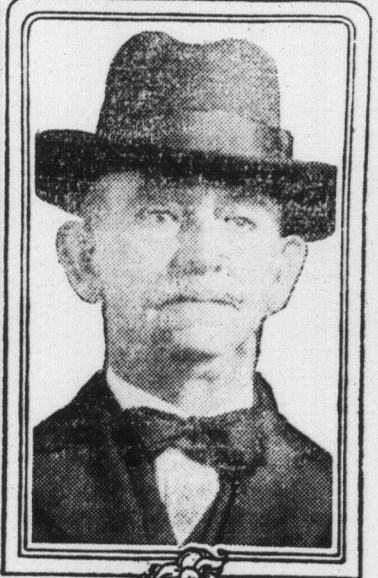
A Swedish girl was one of the strangers in the congregation. She was employed as a domestic in one of the fashionable homes, and the minister, noting that she was a stranger, stretched out his hand. He welcomed her to the church and expressed the hope that she would be a regular attendant. Finally he said that if she would be at home some evening during the week he would call.

A MOTTO FOR FARMERS

There was a good motto laid down more than nineteen hundred years ago by a teacher, who said, in addressing a public gathering: 'Ye cannot gather grapes from thorns, nor figs from thistles.' Throughout the whole range of food production this old truth is being brought to bear, and scrub cattle, scrub hogs and inferior poultry and tainted grain and blighted potatoes are giving way all along the line to well-developed, purely bred, carefully selected foundation stock.

It doesn't hurt any less to be bowled over by a street car than by an automobile.

H. W. BORING, a well-to-do Kansas farmer, says he has gained twenty pounds and is in better general health than he has been in years, since taking Tanlac.



'Since Tanlac has overcome my troubles I have gained twenty pounds in weight and am in better general health than for years past.' was the straight forward statement made a few days ago by H. W. Boring, a prominent and well to do farmer living at Overland Park, Kas.

'During the two years I suffered I tried everything I knew of to get relief, but nothing seemed to reach my case until I tried Tanlac. My appetite was poor and my digestion was so bad I could hardly retain my food. Nothing seemed to agree with me; in fact, I was almost a confirmed dyspeptic. My whole system seemed to be out of shape. I would have pains across the small of my back so bad at times I could hardly move around.

'My nerves were all unstrung and I would become upset at the least little thing. I seldom slept well at night and finally, became so weak and run down that I lost weight rapidly. I was also troubled a great deal with catarrh and my mornings had to spend a half hour or more clearing up my head. This is just the condition I was in when I began taking Tanlac and it certainly has been a blessing to me. It just seemed to be made especially for my case. I improved from the first. My digestion now is perfect and regardless of what I eat I never suffer any bad after-effects.

'The pains across my back have entirely disappeared. The catarrh has left me, too, and my head is perfectly clear. I am no longer nervous and rest well at night. I have regained my lost weight and am feeling better and stronger than I have in years. I am going to keep Tanlac in my house so it will be handy at all times.'

Tanlac is sold in Bridgetown by S. N. Weare in Middleton by Clifford A. Mumford and in Bear River by L. V. Harris.

CRICKET

The Hants Journal of Windsor says: 'Oh you Stellarton! planning to clean up the Valley teams and throw down the glove to Upper Canada. Windsor will put her best foot forward and hold her bat straight against any such dream Sure.'

The Bridgetown team will also be on the job and if we keep up last season's records, Stellarton will have to get busy before leaving for Upper Canada.

NOT A SUITABLE COMPANION

Mother: 'Willie, you are not to use that bad language.' Willie (aged twelve): 'Shake-speare said what I have just said.'

An American newspaper says that the man who complains that the papers suppress a great deal of news is always the first to ask suppression when it will grind his own axe. Every newspaper man knows that the comment is justified by experience.

CHANGE LIGHT HOUSE SYSTEM

Service of Keepers Along the Cape Breton Coast May be Dispensed With

The Marine Department has under consideration the installation of a gas lighting system in all light houses on this coast which will do away with the expenses of keeping lighthouse tenders at salary the year around. This system is already in use in one lighthouse in Sydney harbor and has proven itself entirely satisfactory.

Along the coast of Cape Breton there are at least forty lighthouses and range lights, all of them having keepers who are paid salaries by the government. In Sydney harbor alone there are now four of these lighthouse stations with keepers; in Glace Bay harbor there are two and in Louisburg three. The remainder of the two score are scattered along the coast of the Island.

The gas light which was recently installed at South Bar by an engineer of the Marine Department needs only to be charged once a year. It lights automatically at a certain fixed hour each evening and extinguishes itself at sun up.

The establishment of the new system will mean that many light house keepers who have held stations along the coast will be dismissed without salary. It will also mean a saving to the government of about \$20,000 a year on Cape Breton light houses alone. The salary paid a range light keeper is from \$35 to \$40 a month and certain supplies are given him which considerably reduces his living expenses. His job as range light keeper does not hinder him from engaging in other work.

The light house keeper as a rule gives all his time to the government service. He is paid between \$500 and \$600 a year and all his food and other living supplies are given him free of cost.

WANTS A JOB IN BRIDGETOWN

A brother editor writes that he would like a job in one of the Bridgetown's cider mills, as he would much more prefer running a cider press than putting a weekly newspaper to press.

BOTH DRUNK

Magistrate: 'What brought you here, my man?' Prisoner: 'Two policemen, sir.'

SEASONABLE FASHIONS

'With only a small velvet hat to hide her bobbed hair and a pair of low shoes on her feet, she left home on a cold Sunday early in the month.'—Ft Worth (Tex.) Record.

In Front-Row

Cod-liver oil stands first on the list of fats, in the ease with which it is assimilated. This explains why

SCOTT'S EMULSION of super-refined medicinal cod-liver oil is so helpful to those of any age who are run-down in body. Scott & Bowne, Toronto, Ont. ALSO MAKERS OF KI-MOIDS (Tablets or Granules) FOR INDIGESTION

CREAM The WEST FLOUR



The flour you "knead" for bread. Maple Leaf Milling Co., Limited Toronto, Winnipeg Brandon, Halifax

You can procure Cream of the West Flour from M. H. TODD, Bridgetown, N. S.

PLACE YOUR ORDER NOW FOR Building Materials

We offer special prices on Wainscoting and Sheathing in clear Spruce, Hemlock, Birch, Douglas Fir and Cedar.

Flooring and Shingles

There will be no lower price on these lines this season.

J. H. HICKS & SONS

Queen St. BRIDGETOWN, N. S.

PHONOGRAPH SALE

SALE ON NOW 1 Cabinet, Former Price \$135.00 Sale Price 75.00 2 Table Machines, Former Price 110.00 Sale Price 55.00 2 Table Machines, Former Price 82.50 Sale Price 40.00 4 Table Machines, Former Price 57.50 Sale Price \$25.00 to 30.00

The above are Columbia and Victor Phonographs. Will Give 6 double records—12 selections—with each Phonograph at above prices.

ESTATE N. H. PHINNEY

BRIDGETOWN VULCANIZING WORKS

Successors to R. C. Barnes, Annapolis. Tires, tubes and rubber boots. Repair work done by expert workmen. Don't patch them, get more mileage by having them vulcanized by The Bridgetown Vulcanizing Works.

DROP IN AND TRY OUR

Tea, Coffee, Rawleigh Spices and Flavors, Buckwheat Meal, Fard Dates (Special) also a good line of Confectionery and fruit at right prices. Our Bread is No 1. Chocolates just in. Always glad to show GOODS. Do not forget our Clevo Clear Washing powder, Cookies, Doughnuts, etc.

N. T. Rockwell Next door to Post Office.

Advertise in the MONITOR