

ALVINSTON FAIR PRIZE WINNERS

(Continued from page 3)
 Black. Ditto, washable—Mrs. D. A. Campbell, Mrs. M. Turrill, Lizzie Black, Ditto, a.o.k.—Mrs. M. Turrill, H. E. Paull, E. F. Augustine.
 Single piece fancy crochet—H. E. Paull, W. A. McCutcheon, Lizzie Black, Fancy knitting—H. E. Paull, W. A. McCutcheon, Nellie Sinclair, Single piece emb.—Mrs. M. Turrill, Nellie Sinclair, Fancy needlework—Lizzie Black, Nellie Sinclair, Mrs. M. Turrill. Best 5 pieces fancy work, different styles—Gertie Patterson, Mrs. M. Turrill.

Specials by Alvinston Women's Institute
 Essay—James McKinlay, L. W. Oke. Classified seeds—L. W. Oke. Coll. apples—E. F. Augustine, James D. Wilson.
 Judge—Mrs. Robert Dures, R.R. 6, Goderich.
FINE ARTS
 Oil painting, original—Landscape—Neil McCallum, Mrs. M. Turrill. Marine—M. Cook, E. F. Augustine. Animals—M. Cook, Mrs. M. Turrill. Fruit and vegetables—H. E. Paull, Mrs. M. Turrill. Still life—Mrs. M. Turrill, M. Cook. Oil painting, copy—Marine—Mrs. M. Turrill, E. F. Augustine. Landscape—H. Darvill, E. Patterson, H. E. Paull. Sepia scene—Gertie Patterson, Neil McCallum. Drawing—Study of head from life—Mrs. M. Turrill, M. Cook. Trees—Mrs. M. Turrill. Farm scene—Mrs. M. Turrill. Poster design—Mrs. M. Turrill, H. E. Paull. Any work not listed—H. E. Paull, Mrs. D. A. Campbell. Coll. kodak views—Mrs. M. Turrill, Nellie Sinclair. Wood carving—Mrs. M. Turrill. Fern pot—H. E. Paull. Mayonnaise bowl—Nellie Sinclair. Lustre work—Mrs. M. Turrill. Decorated china—Nellie Sinclair, H. E. Paull.

F. Augustine. Figures or groups—Mrs. M. Turrill, Neil McCallum. Flower with vase or bowl—Neil McCallum, M. Cook. Inanimate objects—M. Cook, Mrs. Turrill. Water color, original—Canadian scene—H. E. Paull, M. Cook. Fish or game—Mrs. M. Turrill. Miniature painting—Mrs. M. Turrill. Flowers grouped—Nellie Sinclair, M. Cook. Still life—Mrs. M. Turrill, M. Cook. Watercolor, copy—scene—Gertie Patterson, Mrs. M. Turrill. Fruits grouped—Mrs. M. Turrill. Animals—Mrs. M. Turrill. Magazine cover—Mrs. M. Turrill. Miscellaneous—Portrait copy or enlarged—Nellie Sinclair, Mrs. M. Turrill. Crayon—Mrs. D. A. Campbell, Mrs. M. Turrill. Ditto, col. scene—Mrs. M. Turrill. Pastel—Gertie Patterson, H. E. Paull. Sepia scene—Gertie Patterson, Neil McCallum. Drawing—Study of head from life—Mrs. M. Turrill, M. Cook. Trees—Mrs. M. Turrill. Farm scene—Mrs. M. Turrill. Poster design—Mrs. M. Turrill, H. E. Paull. Any work not listed—H. E. Paull, Mrs. D. A. Campbell. Coll. kodak views—Mrs. M. Turrill, Nellie Sinclair. Wood carving—Mrs. M. Turrill. Fern pot—H. E. Paull. Mayonnaise bowl—Nellie Sinclair. Lustre work—Mrs. M. Turrill. Decorated china—Nellie Sinclair, H. E. Paull.

Skin Sufferers Read—

"I had a severe attack of Eczema," says Mr. Michael Tapley of Radisson, Sask. "My body was simply covered with eruption. I had tried every salve and skin soap that money could buy before I hit upon Zam-Buk.
 "Zam-Buk proved the very treatment I needed. I used Zam-Buk Medicinal Soap for bathing, and afterwards applied the Zam-Buk balm in liberal quantity. Soothing and comforting, this treatment soon brought amazing improvement. Persistence with Zam-Buk resulted in my skin being completely cured.
 Use Zam-Buk for Cuts, Wounds or Sores. Its healing power is astonishing! 50¢ all dealers.

It's Zam-Buk You Need

cake—W. W. Patterson. Apple pie—W. W. Patterson, F. W. Oke. Pumpkin pie—F. W. Oke. Sealer canned raspberries—W. A. McCutcheon, W. J. Weed, Gertie Patterson. Cherries—W. A. McCutcheon, W. J. Weed, F. W. Oke. Rhubarb—W. A. McCutcheon, Gertie Patterson. Pears—W. A. McCutcheon, W. W. Patterson. Plum—W. A. McCutcheon, Gertie Patterson. Peaches—W. A. McCutcheon, Gertie Patterson. Preserved strawberries—W. A. McCutcheon. Apples—H. E. Paull. Citron—W. A. McCutcheon. Peaches—W. A. McCutcheon. Grapes—W. A. McCutcheon. Black raspberry jam—W. W. Patterson. Black currant jam—W. A. McCutcheon. Apple jelly—Geo. Lightfoot, W. A. McCutcheon, Gertie Patterson. Red currant jelly—W. A. McCutcheon. Raspberry jelly—W. A. McCutcheon, Gertie Patterson. A.O.K. jelly—W. A. McCutcheon. Orange or grape fruit marmalade—Gertie Patterson. Native fruit marmalade—Gertie Patterson. Sealer canned tomatoes—Mrs. D. A. Campbell, W. A. McCutcheon, Gertie Patterson. Corn—W. A. McCutcheon, Gertie Patterson. Canned chicken—W. W. Patterson, W. A. McCutcheon. One bottle mixed pickles—W. A. McCutcheon, Gertie Patterson. Mustard Pickles—Gertie Patterson. Sweet pickles—W. A. McCutcheon, Gertie Patterson. A.O.K. pickles—F. W. Oke, W. A. McCutcheon. Tomato catsup—Gertie Patterson, W. A. McCutcheon. Homemade candy, 1 lb., 2 varieties—Frank Pavey.
HONEY EXHIBIT
 5 lb. Linden honey—Wm. Gould. Comb honey—Wm. Gould. Beeswax—W. W. Patterson. Honey vinegar—W. W. Patterson. Various uses of honey—Gertie Patterson.
 Specials
 By Rundle & Chambers—Duncan Cann. D. E. Livingston's—Frank Pavey. A. E. Johnston's dark layer cake—Frank Pavey. Light layer cake—Frank Pavey. Wm. Nicholas—Mrs. D. A. Campbell. John Wheeler—Duncan Cann. L. Welch loaf of bread—W. W. Patterson. R. J. Richardson—W. W. Patterson. K. Code—Frank Pavey. Robt. Simpson Co.—F. W. Oke. W. A. Moffatt—Wm. Miller.
 Judge—Mrs. M. L. Watts, Toronto.

sufferings of millions who are stricken by famine and disease. Part of the fund will be used for purchasing in Canada suitable supplies and thus the Red Cross will furnish the bridge across which some of our surplus milk will reach the enfeebled children in war-stricken areas. Those who assist will not only have the satisfaction of having contributed to relieve the sufferings of others less fortunate but by helping others will thereby indirectly help themselves.

FROM GENEVA.

Organizer for League of Red Cross Societies Tells of Need of Europe's Orphans.

"While we at home are intent on industrial expansion and a place in the sun, Europe in its war-weakened condition is fighting for its very existence," said Donald W. Brown, director of the department of organization in the League of Red Cross Societies of the World, which has its headquarters at Geneva, Switzerland. He visited Toronto to learn the peace program of the Canadian Red Cross Society and to establish closer contact between it and the league.

Millions of War Orphans.

Having just arrived from Europe, Mr. Brown was able to give the Canadian Red Cross some first hand information concerning the people of Europe. He called attention particularly to the condition of the children, so many of whom are now orphans. While the exact number who have lost one or both parents during the war cannot be determined, the most conservative estimate places the number at over ten millions. This number seems quite consistent with the heavy war casualties among so many nations.

Dependent Upon Charity.

The condition of these children is in most cases very pitiable. Many of them have no homes and they are dependent upon whoever may be charitable and kind enough to help them. But there are few who are able to give such help for the mass of the people of Russia, Poland, parts of Roumania, Czech-Slovakia and other countries are so poor that they have not resources for themselves. Consequently in the great area between the Baltic, the Black and the Adriatic Seas, there are millions of children who face the next few years, and particularly the coming winter, without hope of proper care unless outside assistance is given them.

Disease Prevalent.

In addition to the unhappy condition of the children the adult population are in the direst of misery on account of disease. Suffering has been accentuated by lack of food and clothing, nursing and medical attention, and tuberculosis, smallpox, typhus and dysentery are continuing unchecked.

Typhus which has so often proved a scourge and menace to the human race is again prevalent, and unless checked will most likely extend its ravages to an alarming degree.

British Empire Appeal.

For these urgent reasons, Mr. Brown said, the League of Red Cross Societies has made an earnest appeal to the people of the British Empire and he was glad to hear that the cause of the suffering children was being taken up in Canada. He had learned that an appeal on behalf of the British Empire Fund would be made in Canada by the Canadian Red Cross during Armistice week and wished for it every success.

Typhus in Canada.

In its earlier days Canada suffered from the ravages of a disease then known as "spotted fever" but now known generally by the name of typhus. It is a disease that spreads rapidly and is very destructive of human life. In the years 1846-47 it was brought to Canada by immigrants and caused great loss of life. It is only by taking urgent measures to stamp it out in the centres where it is now raging that it can be prevented from extending.

Send for the Lantic Library
 —3 new Cook-books on Cake-making, Preserving, Candy-making and Desserts. Sent FREE for a Red Ball trade-mark, cut from a sack or from the top panel of a Lantic carton. Write for it today.



Lantic Sugar

"I DID help make it, didn't I? Now there are two cooks in our family, aren't there, Mother? And see how light the cake is! I told Harold I creamed the butter and sugar, and he said I wasn't big enough. He didn't know I used Lantic. Tell him I did help make it, Mother."

LANTIC SAVES TIME
 In the preparation of cakes, puddings and sauces, in the cooking of preserves, in the making of candy, in the sweetening of beverages.

because it's **fine!**
 ATLANTIC SUGAR REFINERS LIMITED - MONTREAL

In 2 and 5 lb. cartons - 10, 20 and 100 lb. bags

SHOES AND RUBBERS

For all the Family

From our splendid big stock of up-to-date Footwear we can fit out the whole family with Shoes and Rubbers, in the proper styles and in sizes to insure long comfort and satisfaction. Our stock is all bought at a Quality Standard but you will find on examination our prices are marked much lower than elsewhere. All we ask is for the opportunity of showing you. Come in today.

W. D. Cameron



Hints from Our Home Brightening Department

It's wonderful what a new coat of paint or varnish will do in brightening up the house. When you decide to freshen up the bathroom or kitchen with a coat of paint, or surprise that scratched chair and table with a sparkling coat of varnish, come in and see us. We have a complete line of paints, varnishes, brushes and everything for brightening up the home.

To keep the floors and furniture bright and glistening, we know of nothing better than the O-Cedar Polish and

O-Cedar Polish

THE N. B. HOWDEN EST.

Specials
 A. Bindner—Oil painting—H. Darvill. Watercolor—Mrs. M. Turrill. E. S. Lorrman—H. Darvill.
DAIRY PRODUCTS
 Crock butter 10 lb.—Mrs. D. A. Campbell, James D. Wilson. Crock butter, 5 lb.—Mrs. D. A. Campbell, R. Rilett, James Prince. 5 lb. roll—R. Rilett, F. W. Oke. 5 lb. print—W. J. Weed, W. W. Patterson, F. W. Oke. Doz. hen's eggs, brown—Wm. Gould, Jos. Tait. White—Mrs. D. A. Campbell. Qt. 1920 maple syrup—W. J. Weed, James D. Wilson, W. W. Patterson. Loaf bread—F. W. Oke, James D. Wilson, Dugald McCallum. Loaf brown bread—F. W. Oke. Tea biscuits—F. W. Oke, W. W. Patterson. Fancy yeast buns—Frank Pavey. Plain sugar cookies—John McEachern, F. W. Oke, Geo. Lightfoot. Oatmeal cookies—Mrs. D. A. Campbell, F. W. Oke. Sponge cake—F. W. Oke, W. W. Patterson. Gingerbread—W. W. Patterson, F. W. Oke. Light layer cake—Geo. Lightfoot, F. W. Oke, W. W. Patterson. Dark cake—F. W. Oke, Geo. Lightfoot. Fruit

From Cherry Blossom Land

The Japanese Give Good Example



It is a proverb of Cherry Blossom Land that beauty of face and figure depend on womanly health.
 What is it that makes our Canadian women often pale, sallow-faced, with dark circles under the eyes, and very old for their age? Women suffer in girlhood from backache, spine-ache and headaches, followed by irregularities and as a result disease of the womanly organs are more common than any one but a physician in active practice could suppose.

ONTARIO WOMEN TESTIFY
 Chatham, Ont.—"Dr. Pierce's medicines have been used in my family at home (especially by my father and mother) ever since I can remember. They always proved very satisfactory. Through overwork I at one time became all run-down in health, was on the verge of a complete nervous breakdown. I went on ailing for about two years, during which time I suffered terribly. I took Dr. Pierce's Favorite Prescription and it soon built me up in good health and cured me of the nervous condition. I consider it an excellent medicine for the ailments of women."—MRS. CHAS. TITUS, Jr., 28 Duke St.

Just in Time To Save Lives

THE visitor was ushered into the little living-room. Through a back window one glimpsed three children busy over mud pies. The last time the visitor had seen the young mother and her husband had been at the Muskoka Free Hospital for Consumptives. Some months previous to that both had developed tuberculosis. Future health—life, indeed—depended on prompt measures. Yet, if the husband stopped earning, how could they live. Their despair had been tragic. In just such cases the "Muskoka Free" fulfils its mission. Husband and wife were sent there and given every care. Grandmother, with financial help from the Samaritan Club, kept the children. To-day, they are home again, cured.

"We went just in time," said the young wife gratefully, a tender light in her eyes as she glanced at the little mud-pie cooks.

Contributions may be sent to Sir William Gage, 84 Spadina Avenue, Toronto, or to Geo. A. Reid, Treasurer, 222 College Street, Toronto.

Food Plentiful in Canada, Scarce in Europe—Needs of the Children.
 The development of the dairy industry of Canada during the past two decades has been surprisingly rapid. Quick to realize the profits to be derived from milk production and the great value of dairying in conserving the fertility of the soil, the Canadian farmer has not hesitated to increase his investments in dairy cattle. The industry expanded during the five years of world war. Canada, being distant from the theatres of war, although handicapped by the drafting into military service of half a million of her most vigorous manhood, was able to continue the development of many of her important industries, particularly agriculture.

It was not so in Europe. There the fiery blast of war, which left profits in some parts of the world, almost extinguished not only industry but national life itself in other. The drain upon manhood was so great that now in hundreds of thousands of families no adult males remain. Europe moreover is filled with orphan children whose prospect of life is marred by the lack of all that is necessary to bodily and mental growth. In most cases the earning power and consequently the purchasing power of their families is utterly destroyed.

Turning again to Canada we find there a surplus production of the commodities that are so badly needed in Europe. Condensed milk for instance is a commodity that is a prime necessity for the children of the poor communities of Europe but the nations to which they belong have no means of purchasing it for them. The Canadian Red Cross is going to endeavor to supply part of their needs by means of a general appeal for contributions to be made during Armistice week on behalf of the British Empire Fund, which is to be used by

A RED CROSS BRIDGE.

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DEPS

COUGHS, COLDS, SORE THROAT, LARYNGITIS, AND BRONCHITIS.

AND SOOTHING DEALERS

A Prime Dressing for Wounds—In some factories and workshops carbolic acid is kept for use in cauterizing wounds and cuts sustained by the workmen. Far better to keep on hand a bottle of Dr. Thomas' Eclectic Oil. It is just as quick in action and does not scar the skin or burn the flesh.