

FACTS ABOUT TEA SERIES—No. 2

Tea Production Today

If the Chinese, who first discovered tea, had realized the possibilities of the trade and had studied the nature and requirements of the plant, China might still be the largest tea producing country. Centuries of neglect, however, stunted the growth and caused the quality to deteriorate. In the mountains of Ceylon and India, tea was found to flourish. Scientific methods of cultivation and manufacture were introduced with remarkable results. Now the finest tea grown in the world and by far the largest quantity comes from these countries. "SALADA" is mainly blended from flavory India and Ceylon teas.

"SALADA"

For
Headache



ASPIRIN

Proved safe by millions and prescribed by physicians for

- Headache Colds
- Pain Neuralgia
- Toothache Lumbago
- Neuritis Rheumatism



Safe → Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocetic-acid ester of Salicylic acid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Assuring Your Business

A policy of advertising is a policy of life assurance, and the protection thus secured is well worth its annual cost.

Old customers die or move away—they must be replaced.

Old customers are subject to the influence of temptation—they may be induced to divide their custom—to do some of their shopping at a competitor's.

New comers to this community will shop with you—become regular customers—if they are invited to do so.

Your competitor's advertising is an influence which must be offset if you are to maintain your trace.

Not to advertise regularly to the readers of the UNION ADVOCATE is to leave your business unprotected.

A WORD TO THE PUBLIC

It is no sign of weakness to follow the lead of advertising. You owe it to yourself to get the most for your money, the best goods and the best service. And if you find that your inclination is to shop where you are invited to shop rather than to continue to be a customer of the shop which never solicits your good-will you need have no compunctions of conscience.

Shop Where You are invited to Shop

Many Distant Stars Hotter Than The Sun

A Star Having Nearly Three Times the Heat of the Sun Lately Observed.

Estimating the diameters of ten of the brighter stars by separating their heat into a long spectrum and measuring the heat of the different colors and then calculating the probable temperatures of each of these heavenly bodies, was a work of Dr. C. G. Abbot, director of the Astrophysical Observatory of the Smithsonian Institution, during a recent series of field experiments whose results have just been made public.

A star, having nearly three times the heat of the sun, was among those observed by Dr. Abbot. This was Beta Rigil, having an estimated absolute temperature of 10,000 degrees centigrade, compared with the sun's 6,000 degrees centigrade. Other stars observed with a greater temperature than the sun were: Vega, absolute temperature, 14,000 degrees centigrade; Sirius, the brightest star in the heavens 11,000; Procyon, 8,000. The other stars were Capella, 5,850; Alcebaran, 3,000; Beta Pegasi, 2,850; Betelgeuse 2,600, and Alpha Herculis, 2,500. The last two have an estimated diameter 500 times greater than that of the sun.

Dr. Abbot used in this work a radio-meter, constructed under the direction of Dr. E. Nichols, pioneer in measuring the heat of the stars. Utilizing the giant telescope at the Mount Wilson Observatory in California, with its, 100-inch reflecting lens, Dr. Abbot was enabled to obtain fairly accurate measurements of the different colors, even far into infrared. Curves were drawn, indicating the spectral distribution in the radiation of blue, white, yellow and red stars, and estimates of their probable temperatures were made.

FULL OF ACHES AND PAINS

Toronto Mother Found Relief by Taking Lydia E. Pinkham's Vegetable Compound

Toronto, Ontario.—"I have found Lydia E. Pinkham's Vegetable Compound a splendid medicine to take before and after confinement. A small book was put in my door one day advertising Lydia E. Pinkham's medicines, and as I did not feel at all well at the time I went and got a bottle of Vegetable Compound right away. I soon began to notice a difference in my general health. I was full of aches and pains at the time and thought I had every complaint going, but I can truthfully say your medicine certainly did me good. I can and will speak highly of it, and I know it will do other women good who are sick and ailing if they will only give it a fair trial. Lydia E. Pinkham's Liver Pills are splendid for constipation. You are welcome to use my letter if you think it will help any one."—Mrs. HANXY WESTWOOD, 543 Quebec Street, Toronto, Ontario.

The expectant mother is wise if she considers carefully this statement of Mrs. Westwood. It is but one of a great many, all telling the same story—beneficial results.

Lydia E. Pinkham's Vegetable Compound is especially adapted for use during this period. The experience of other women who have found this medicine a blessing is proof of its great merit. Why not try it now yourself?

Vast Strides For Medical Science Now

Hope to Exterminate Tuberculosis in 25 Years From British Dominions.

Twenty five years hence tuberculosis will be exterminated in the British dominions, or be as uncommon as leprosy is today, Dr. C. W. Saleeby, spokesman for the London Medical Institute, has declared. He predicts that the greatest advance in medical science will be the successful combating of tuberculosis and cancer, and the reduction of infant mortality to almost nothing.

The last twenty-five years Dr. Saleeby says, has seen medical science develop more than in centuries before, but he points out that this has been brought about by very limited numbers of medical men and scientists: drawn largely from Germany, Austria and the United States. He believes that to-day all the medical men of the world are vitally interested in perfecting the science of national health and that the result of this international ambition will be a perfect system of combating disease.

The latest methods used to prevent tuberculosis have already provided for a gradual decline in the number of tuberculosis victims for the future and, once health officers have been able to stop the spread of the disease, Dr. Saleeby believes it will rapidly disappear.

The attack on cancer presents greater difficulties, and only the most elementary steps have been made so far toward combating it, but Dr. Saleeby predicts that another ten years will find science in a position to begin an international movement to eradicate cancer.

Dr. Saleeby, who has been the leading exponent of the campaign to lower infant mortality in England, has figures to show that the ratio in England and Wales has decreased from one in seven in 1900 to one in 14 in 1923. He asserts that the ratio will be about one in 22 when the present methods of handling natal cases are in common use.

DEED FORMS

We have in stock, Deed Forms Teacher's Agreements, School District School Tax Books, Dog Tax Books Assessment Lists, Road Tax Books

First Impressions Are Important

In a world where appearances are valued as indexes to character, *Your Stationery* should represent you worthily—always and everywhere.

That atmosphere of character and refinement, which should distinguish all self-respecting correspondence is assured when you place your stationery order with us. If you allow us to furnish your

Letter Heads, Bill Heads, Shipping Tags, Office Forms, Envelopes, Statements, Etc.

they will reflect the dignity and self-respect of the discriminating, and be an excellent advertisement for your business, for a business man may be judged by the quality and style of his printed matter.

The Advocate Job Printing Department

is without doubt the best equipped on the North Shore, and consequently in a position to turn out all kinds of Job Printing *Neatly, Promptly and Satisfactorily*, at very reasonable prices.

We are constantly adding new type and material to our already up-to-date equipment, and we have recently put in several of the newest type faces manufactured.

Let Us Prove

to YOU the truth of the above statement by giving us a trial order for any of the above mentioned office requisites, or an order for

Posters or Dodgers, any size Flyers, Circulars, Programs Menus, Display Cards, Business or Visiting Cards, Price Lists, Booklets

in fact, ANYTHING YOU WANT PRINTED Neat, Artistic Two-Color Work a Specialty. Call on us when you need anything in our line. We assure satisfaction. Mail orders receive our careful and prompt attention. Write us for prices.

Yours for Good Service

The Advocate Job Department

Phone 23

P. O. Box 359

Everything in Printing.

VITAMIN QUALITIES

Many people, young and old, get plenty of food but the vitamin qualities out of which come the powers of resistance, are minus, and malnutrition and weakness ensue.

Scott's Emulsion

is indeed the plus-quality that so many children and adults need to help sustain the body in normal strength and vitality.

A very little Scott's after each meal helps, to vitalize the deficient diet. Scott's Emulsion promotes growth—builds strength.

Scott & Bowne, Toronto, Ont. 24-30

The Doctor Knows

Doctors who know Minard's by the word to show are unhesitating in their praise of its healing and soothing qualities.

Dr. J. C. Aug. Birch, of St. John's, Que., writes:—
"I have frequently used Minard's Liniment and also prescribe it for my patients always with the most gratifying results, and I consider it the best all-round Liniment."
C. A. King, M.D., also recommends Minard's in the following words:—
"I have used Minard's Liniment myself as well as prescribed it in my practice when a liniment was required, and have never failed to get the desired effect."

MINARD'S LINIMENT

The Advocate \$2.00 Yr.