

CHATS WITH YOUNG MEN

THE HEART OF A FRIEND

A heart that is glad when your heart is gay, And true in the time of cares; That halves the trials of a fretful day...

of my time and that intellectually and imaginatively I might run dry if I stayed in my rut. So I resolved to do a little reading before I went to bed...

OUR BOYS AND GIRLS

SHORT SKETCH OF LIVES OF SAINTS OF THE WEEK

FEBRUARY 4.—ST. JANE OF VALOIS

A heart that will shield when others abuse, The name that it knows is clear, That would rather miss fortune and fame than lose The love of a friend that is dear.

Born of the blood royal of France, herself a queen, Jane of Valois led a life remarkable for its humiliations even in the annals of the Saints.

WORK WILL NOT HURT

Remember, my son, you have to work, whether you handle a pick or a pen, a wheelbarrow or a set of books...

FEBRUARY 8.—ST. JOHN OF MATHA

The life of St. John of Matha was one long course of self sacrifice for the glory of God and the good of his neighbor.

SOME ERRORS OF LIFE

The fourteen errors of life have been enumerated as follows: To attempt to set up our own standard of right and wrong...

FEBRUARY 5.—ST. AGATHA, VIRGIN, MARTYR

St. Agatha was born in Sicily, of rich and noble parents—a child of benediction from the first, for she was promised to her parents before her birth...

A HALF HOUR'S READING

By systematic reading, a little at a time but done regularly, a library can be easily gone through.

FEBRUARY 9.—ST. APOLLONIA AND THE MARTYRS OF ALEXANDRIA

In Alexandria, in 249, the mob rose in savage fury against the Christians. Metras, an old man, perished first.

RECIITED THE ROSARY

The celebrated French physician, Doctor Recamier, said to one who seemed surprised at his piety: "Why, of course, I recite the Rosary! The Pope recites it."

Diognysius, Bishop of Alexandria at this time, "remains with us reserved for some longer and greater combat."

FEBRUARY 10.—ST. SCHOLASTICA

Of this Saint but little is known on earth, save that she was the sister of the great patriarch St. Benedict...

The Christians of former ages partook of but one repast each day, and this repast, from which all meats were excluded, was never eaten until after the Vespers—near night-fall.

FEBRUARY 11.—ST. BENEDECT

Lent is a commemoration of the fasting of our Lord, when He remained in the desert forty days and nights.

Lent is a commemoration of the fasting of our Lord, when He remained in the desert forty days and nights. He, who had never sinned, had surely no reason to perform penance...

A POEM BY FATHER BENSON

[The following verses were written by Robert Hugh Benson on the eve of his reception into the Catholic Church.]

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to pray as I should like, so I take the Blessed Virgin for my intermediary. On the way to my patients I say a decade or two of the beads.—Sacred Heart Review.

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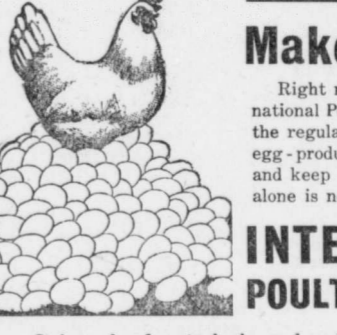
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