

HOUSE AND HOME

CONDUCTED BY HORTENSE



Do good to thy friend to keep him, to thy enemy to gain him. Benjamin Franklin.

The Bitter and the Sweet.

The world sees devout people pray often, suffer injuries, serve the sick, give to the poor, watch, moderate their hunger, restrain their passions, deprive themselves severe and rigorous, but the world does not see the inward cordial devotion which renders all these actions agreeable pleasant and easy.

"Ten" Things.

- "I spent a week-end with a friend recently," said an Orange woman. "and over her desk I found a few sentences, framed in passepartout, which interested me mightily. They certainly brought their silent lesson with them. They made such an impression upon me that I copied them and mean to have them where I may see them often."

Some Wholesome Advice.

- Consumption is both preventable and curable. A cold must not be trifled with. Stop coughing, and stop other interests until you do stop coughing.

Around the House.

HOW TO CLEAN OIL PAINTINGS. Cut off the end of a raw potato and very gently rub the painting until the end becomes soiled. Shave off the soiled slice and continue until the surface is clean, gradually shaving off the end of the potato as it becomes blackened.

STAINED VARNISH.

Stains and spots on varnish, if not deep ones, may be removed with a little kerosene, applied with a soft wollen rag. If the stains are deep ones, however, rub them with linseed oil and powdered pumice stone.

CLEANING HAIR BRUSHES.

Hair brushes should be cleaned always once a week, if not oftener. Men especially are apt to neglect this duty, not from indolence, but because they have no time to think about it.

REGARDING PLASTER CASTS.

To give a plaster cast a deep ivory tint, try the following: Dissolve a lump of white beeswax about the size of an English walnut and beat into it one gill of olive oil. Use a soft brush when applying this mixture to the plaster surface and after it has dried out polish with a chamois cloth.

REGARDING CAKE PANS.

Do not grease your cake pans with butter. This is the poorest of all material for this purpose. Beef suet is much better than anything else. To positively avoid having the cake stick to the pan, first grease the pan and then line it with greased paper.

HOW TO CLEAN CRETONNE.

To clean cretonne it should first of all be thoroughly shaken in the open air and then washed in brack water without rubbing. Rinse in a second bowl of brack water, to which salt and vinegar have been added in the proportion of one tablespoonful of each to a quart of water, in order to prevent the color from running.

Hot Supper For Chilly Nights.

(By Caroline French Benton, in the New York Observer.) When the snows have come and open fires seem the cosiest things in the world, then it is that one approaches a hot supper, whether at nightfall or later in the evening, when one comes in after a concert or an evening's calling or a meeting.

Many housekeepers seem to think it a great deal of trouble to have hot dishes at the regular evening meal when dinner has been served at noon. Cold sliced meat, bread and butter and tea, with preserves and cake to follow, are the regular routine, and really nothing more monotonous was ever devised.

It really is very little trouble to have something appetizing and hot at night and keep the meat for the second day's dinner. Such things as puffy sweet potatoes are as simple as possible to prepare, and children think them delicious. If one must have the sliced meat, why not heat it in gravy or make it into a hash or meat balls and serve these potatoes with it, instead of having the meat cold and all by itself?

Or, take macaroni and cheese, or macaroni and tomatoes; simple, inexpensive, good to eat and full of nourishment. These ought to be a standard dish for cold nights.

There are many forms of toast, too. Spanish toast is excellent, and toast with scrambled eggs, or eggs hard-boiled and creamed, or milk toast, or fish, in a hundred easy ways may be put on slices of buttered toast, and a little goes a very long way.

Oysters and all sorts of sea food, of course, are the best dishes for a cold evening. These are among the things which are good for a late supper. Scalloped oysters, with celery and coffee and a little baking powder biscuits, or sandwiches, make a meal easily prepared and certainly most attractive.

Creamed salmon in little dishes is another thing to have, especially with potato soufflé, or potato croquettes. Deviled sardines, anchovy paste on triangles of toast, with eggs on top and canned corn made into a baked creamy mass, all can be evolved when one has "nothing in the house," but a grocery close by. Not everybody knows what a useful thing the despised codfish may become in good hands. For supper

it forms one of the most valuable foundations for good things. Codfish croquettes, brown and light, like fritters, are one excellent dish; creamed codfish, scalloped with crumbs and butter and baked brown; another; baked potatoes may be cut in two lengthwise, part of each half scooped out and the centres filled with creamed fish. Little baking dishes can be half-filled with the same creamed preparations, and then heaped with mashed potatoes beaten with an egg and the whole baked till it is brown.

Then vegetables may easily be converted into new supper dishes. Baked cabbage and cheese are fit for a king, or cauliflower au gratin, or scalloped canned tomatoes, or corn fritters. Such things as these are far better and more nourishing than cold meat and pickles and tea.

"The strongest suffragists in this country are those women who devote their best energies toward the developing of their children in order to make them good citizens; and woman's first duty is to her home and children."

Little Luncheons.

POACHED EGGS WITH CHAMPIGNONS.—Melt two ounces of butter in a saucepan and stir in two tablespoonfuls of flour; when a perfectly smooth paste is formed add, by degrees (stirring the mixture all the time), three-quarters of a pint of cream. Keep the sauce hot in a water bath (on the stove) until it is required. Slice some large champignons (sufficient for a garnish) and heat them in a small quantity of the white sauce. Butter six china eggcups, and carefully break a new-laid egg into each; place them in a sauté-pan of boiling water and poach them in a fairly quick oven. When the eggs are sufficiently set, carefully loosen them round the sides and turn them either on to a French fireproof china dish or into an entrée dish; fill the middle of the dish with the champignons, then mask the eggs with the star-shaped slice of pickled gherkin which has been sprinkled thickly with coralline pepper, and serve the eggs with as little delay as possible.

RUSSIAN APPLE CHARLOTTE.—Stew some apples with plenty of sugar, but no water, and the thin-skinned rind of a small lemon until they are reduced to a pulp and are clear in appearance, and pass them through a sieve. Measure half a pin of the pulp and put it into a clean stoppan and heat it gradually, then stir into it half an ounce of isinglass which has been soaked in a small quantity of cold water, and as soon as the isinglass is melted and thoroughly mixed with the apple pour the latter into a basin to cool. Line a buttered china tin with grease-proof paper, and then with finger sponge cakes, in the usual way for a Russian Charlotte, leaving the top plain. Stir some suitable flavoring into the prepared apple and a small quantity of green coloring, and as soon as it begins to show signs of getting firm mix in lightly half a pint of stiffly whipped cream which has been sweetened, and then fill the tinbale mould with it. When the apple is firmly set (this should be prepared the day before it is required) turn the Charlotte from the mould, make a lattice-work pattern on the top with thin strips of angelica, and put the halves of some dried walnuts round the edge, placing them close together.

Shapleigh Sandwiches. Are another novelty, for the tea-table. Mix together one fourth of a cupful each of finely-chopped preserved ginger and pecan nuts, two tablespoonfuls of finely-cut candied orange peel, one tablespoonful of ginger-syrup and one teaspoonful of vinegar. Spread mixture between saltines and arrange on a fancy plate.—Fannie Merritt Farmer, in Woman's Home Companion for February.

Photographing Falling Snow. "If you would picture falling snow cover your camera," says Woman's Home Companion for February. "That is all there is to it. See that the nearest flakes which fall in front of your lens are from six to ten feet distant; a pair of umbrellas an open shed, taking the picture from within a room looking out of a window, a hundred means suggest themselves. Give an exposure of the slow snap-shot variety, a fifth or a tenth of a second, of course can be, rather than the fastest exposure you can make. Choose a storm of slow-dropping, heavy, large flakes for such work, not the swift, fine driving snow, unless indeed the when stinging effects can be made. This and the use of orthochromatic film, is all that is necessary for a snow picture."

What is Worn in London

London, Feb. 21, 1910.

The first sunshine of spring is one of the most delightful impressions of the year. We are so weary of the dark winter days with their murky cold and grime, that the first day of real brilliant spring sunshine, such as we may expect any day at this time of year, makes us feel like butterflies bursting out of their chrysalides; and our great idea is to flutter and bask in the glorious light to which we have been strangers far too long for our health and spirits. Butterflies, however, have a considerable advantage over us. They burst out of their winter chrysalides and greet Apollo clothed from head to foot in brand-new garments suitable to the great and glorious occasion of the return of the sun to the earth.

We, poor mortals, on the contrary, are apt to be taken unawares; and are usually obliged to face the first spring sunlight in dark grimy garments that bear the stigma of winter wear in every thread and fold. No wonder Phoebus Apollo throws a condemning glance upon us, which, like a searchlight, brings out all our shabbiness and our many deficiencies. At no time of the year does a new frock "tell" so effectively as in the first days of spring sunshine, and as we all are bound to have new spring frocks wherein to take our walks abroad, it is well to have them ready beforehand, so that when the delicious moment comes, with the sun pouring in on our windows, the music of "the hounds of spring," and the sigh of the wind calling to us to come out and see the crocuses and daffodils rippling the grass with purple and gold, we can step forth as bravely attired in new garments as the rest of nature.

That is why I have chosen a smart walking dress for our subject this week, as being the most suitable frock for the moment. There are signs that at last women are getting a little tired of the perfectly straight coat and skirt which have reigned so long, until it almost has seemed as if women had adopted a uniform. That it would not be possible to conceive modern existence and its strenuous bustling tendencies without a coat and skirt in every woman's wardrobe is quite true; but the vagaries and variety are tempting things to poor female nature, and it is evident that many women are beginning to desire a little more expression of individuality in their morning and walking attire. I will therefore describe one of the latest models of a walking dress. The material was a soft thick tweed in a pretty fancy plaid of grey and blue, through which ran fine threads of green and black that gave variety to the surface. The dress was Princess in shape, but a double-breasted coat effect was given by the buttoning over in front above the waistline. The skirt showed the novelty of a return to the flounce in a very modified form; for two perfectly flat flounces were laid on, one at the hem, the other at the knee line. These flounces were decorated with borders of fine black braiding, and were split at each side, the openings being adorned with black buttons. At the back the flounces did not meet, the separation being outlined by two bands of braiding, which descended from the front over the hips at each side, emphasizing the idea of a short-waisted, long-tailed Directoire coat. A belt of black braiding was carried round the sides and back to the figure, and the long roll-collar was of black moire silk, which disclosed a little vest of brilliant Russian embroidery in red, blue, green and black. This was the merest touch of vivid color but was delightfully effective coming between the black moire collar and the guimpe and jabot of tulle net. The bicorne hat was of black straw turned up with dark green, and trimmed with a big upstanding bunch of colored stocks and wall-flowers at the side. The braided lines and the double-breasted effect in front of this dress keep up the coat idea, quite sufficiently to prevent any effect of bareness or of appearing out-of-doors in a house dress. With a stole of fur and muff to match, adorned with a big bunch of wall-flowers similar to those in the hat, this costume would face the first fine days of spring, and, like Shakespeare's daffodils, "take the winds of March with beauty."

Another charming costume that I have seen, which is lying ready for the first fine day, is more elaborate. It has just been sent over from Paris, and is in silver-grey cloth, with a short round skirt elaborately braided from the hem almost to the knee-line in aluminum braid. The bodice is of similarly braided cloth, draped and crossed both before and behind and held to the figure by a belt of black satin, below which the braided cloth descends in a sort of bishop's apron in front and also at the back. Both the bodice and the quaint little square aprons are entirely covered with the aluminum braiding; and the sleeves are also of the braided cloth to the elbow, where they are finished with a puff of coarse grey fish net that extends to the forearm and ends in a braided band. The vest is of the fish net, with a tiny white guimpe. Here again, something of a coat or outer garment effect was attained by the crossed and braided bodice and aprons; for just at first the Parisienne does not like to appear altogether en habit in the street; and so these dresses, with the simulated effects of outer garments, are the most popular novelties of the moment. Many of the newest tailor-mades of a more severe description have the front panels of the skirt crossed over a plain panel, the crossing being marked by a strap of

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cloth or satin; and whether for day or evening wear, nothing is more successful than this effect of wrapping the skirt around the figure.

As my readers can gather from these two dresses I have described, which represent the latest Parisian ideas on walking dresses for this spring, braided effects are as popular as ever; and in large or small quantities braiding in the metallic braids or the ordinary queue de rat souchée, either in black or in colors to match the dress, may be said to appear on every new tailor-made costume.

Robertson

Funny Sayings.

NATURAL HISTORY. Teacher was telling her class little stories in natural history, and she asked if anyone could tell her what a ground hog was. Up went a little hand, waving frantically. "Well, Carl, you may tell us what a ground hog is." "Please, ma'am, it's sausage."

PARTED FOREVER.

The country person was condoling with the bereft widow. "Alas!" he continued earnestly, "I can not tell you how pained I was to learn that your husband had gone to heaven. We were bosom friends, but we shall never meet again."

A travelling salesman died very suddenly in Kalamazoo. His relatives telegraphed the florist to make a wreath; the ribbon should be extra wide, with the inscription "Rest in Peace" on both sides, and if there is room, "We Shall Meet in Heaven."

UNDRESS LEATHER.

In the town of Ballinagh lived a butcher who was famed for selling tough meat. A countryman went in one day to purchase some. "Well, my good man," asked the butcher, "is it for frying or boiling you want it?" "Neither," replied John: "it's to make hinges for the stable door."

THE DETESTABLE FEATURE.

The class at Kirk had been reading the story of Joseph and his brethren, and it came to the turn of the visiting minister to examine the boys. The replies to all of his questions had been quick, intelligent and correct. Such as: "What great crime did these sons of Jacob commit?" "They sold their brother Joseph."

Had Weak Back.

Would Often Lie in Bed For Days, Scarcely Able To Turn Herself. Mrs. Arch. Sohmare, Black Point, N.B., writes: "For years I was troubled with weak back. Oftentimes I have lain in bed for days, being scarcely able to turn myself, and I have also been a great sufferer while trying to perform my household duties. I had doctors attending me without avail and tried liniments and plasters, but nothing seemed to do me any good. I was about to give up in despair when my husband induced me to try Doan's Kidney Pills, and after using two boxes I am now well and able to do my work. I am positive Doan's Kidney Pills will advise all that claim for them, and I would advise all kidney sufferers to give them a fair trial."

Doan's Kidney Pills.

Doan's Kidney Pills are a purely vegetable medicine, realizing quick, permanent relief, without any after ill effects. A medicine that will absolutely cure Backache and all forms of Kidney and Bladder Disease. Price, 50 cents per box, or 3 for \$1.25, at all dealers or The T. Millburn Co., Limited, Toronto, Ont. In ordering specify "Doan's."

"What made their treachery even more detestable and heinous?"

Then a bright little fellow stretched out an eager hand. "Well, my man?" "Please, sir, they sell't him over cheap."—Philadelphia Record.

He asked so many questions that day that he finally wore out his mother's patience.

"Robert," she cried, "if you ask me another question I shall put you to bed without your supper!" Robert promptly asked another and was packed off to bed. Later his mother repented. After all, asking questions was the only way he could acquire knowledge; so she tiptoed upstairs, knelt beside Robert's bed, and told him she was sorry.

"Now, dear," she said, "if you want to ask one more question before you go to sleep, ask it now and I will try to answer." Robert thought for a moment, then said: "Mother, how far can a cat spit?"

CERTAIN SYMPTOMS.

"What's the trouble, Uncle Pete?" queried the tourist as he stopped in front of the little cabin. "Deed, boss, Ah spec's Ah'm sufferin' wid bacteria," sighed the old man with the two yellow canes. "Bacteria? What gave you the idea?"

"Why, ebah since de doctor told me about bacteria Ah've had a misery in mah back ebah since, sah."

HEALTH FOR BABY

COMFORT FOR MOTHER. The mother who has once used Baby's Own Tablets for her children will always use them for the minor ailments that come to all little ones. The Tablets give a guarantee of health to the child, and ease and comfort to the mother. They cure all stomach and bowel troubles, destroy worms, break up cold and make teething easy. Mrs. H. Lavoie, St. Felicie, Que., says: "I have used Baby's Own Tablets for indigestion, constipation and other troubles with perfect results. I think so much of the Tablets that I use no other medicine for my children." Sold by all medicine dealers or by mail at 25 cents a box from the Dr. Williams' Medicine Co., Brockville, Ont.

THE INCUMBENT.

On leaving his study, which is in the rear of the church, the pastor of a district in Birmingham saw a little boy, a friend of his, talking to a stranger.

"What was he saying to you, Dick?" asked the divine, as he came up to the youngster. "He just wanted to know whether Dr. Black was the preacher of this church."

"I told him," responded the lad, with dignity, "that you were the present incumbent."—McCall's Magazine.

Corns cripple the feet and make walking a torture, yet sure relief in the shape of Holloway's Corn Cure is within reach of all.

Advertisement for Brodie's Celestial Self-Raising Pills, including text about its benefits for various ailments and contact information for the manufacturer.