

water you may add a little sugar and a

are likely to swell, fill the boiling in a quarter of an to prevent over-rough the canning tant, e. g., do not ng in the cold-dip; immediately in the with the process.

kery.

ter a pudding of butter over the layer of bread- layer of berries ch sugar. Repeat having crumbs and a small pudding o it a cup of rich and bake half an r and cream.

ne cup butter, 1 sweet milk, 1 egg, our, 1½ teasp. p. soda, 1 teasp. s. Melt the but- egg, the molasses e dry ingredients Pour into small m two-thirds full, cream and sugar. y, add a spoonful w fruit.

cups stoned and s breadcrumbs, 2 cup sugar, some amon. Butter a put in a layer of sugar and then layer of crumbs. ntil all is used, Dot with butter and spice. Cover a moderate oven. serve warm with

Two cups crushed water, ½ teasp. ice, ¾ cup sugar, rnstarch. Mix ing water, sugar rnstarch blended old water. Stir nd thickens, then and cook for 30 , add the lemon- gg-whites which Put all in a dipped in cold stiff turn out, whipped cream, ries over, then once.

ple Sand-

eggs for half an water to cool, as et cool in the fine and mix ng to be quite lettuce cut into . Spread thin ter. Upon one spread a thick e. Cover with ce the top slice ghtly.

are exactly as fish instead of

meat through a use as filling, and with mixed

nts through the tly as for egg

Have the cu- cold. Cut in ad, cover with dressing, then hes.

Bread Sand- read, or cut the ces. Spread with jam or ther.

es.—Mix 1 cup s lemon juice, -chopped nut aste. Use as r brown bread.

Raising Perennials From Seed.

MANY flower lovers save expense by raising their own perennials from seed. July is a very good month for sowing, as sufficient time will be left for root-growth before snow falls. Among the flower seeds that may be sown at this time are arabis or rock cress, aconitum (blue), campanula (biennial), clove pinks, Oriental poppy, hollyhock, delphinium (larkspur), sweet William, pentstemon, Shasta daisy. Choose a shady place for sowing and keep the young plants moist. The seed should be sown thinly and afterwards transplanted when the second pair of leaves appears. Just before winter sets in protect by 3 or 4 inches of dry leaves securely held down by branches or old boards. A cold frame is still better.

The Windrow

A man who is very much interested in the "Be Kind to Animals" campaign, has a big red barn near a track. He has had painted on it the words "Be Kind to Animals." "It will be seen by hundreds daily from the train," he says, "as people always look at my dogs and poultry when passing by." This man does not know how far his influence may reach.

The Boy Scouts of the United States have determined to exclude all trapping advertisements from their publications, because of the extremity of cruelty to animals caused by the practise of getting furs in this way. . . . Not long ago, at a large meeting composed of organizations and clubs of many sorts in Milwaukee, a new slogan was adopted. The slogan was "Leave It to the Scouts." It was agreed that if the Scouts live up to the rule of their manual nearly everything of importance to the next generation may safely be left to the Scouts.

The University of Utah is trying out a novel experiment this summer, nothing less than holding its summer school on top of the Wasatch mountains, 8,500 feet above sea level. The spot chosen is in a high mountain valley, and although the sides of the canyon are covered with a forest of pine and fir, a fifteen-minute climb from the valley brings one to ravines where the snow lies perpetually. Within a circle of ten miles across there are no less than seven mountain lakes. With the scenery, the cool, invigorating air, and the seclusion, the spot is believed to be ideal for summer study.

The London (Eng.) *Lancet* states that a method, by electricity, of rendering milk free from tuberculosis without raising the temperature higher than 63° or 64° has been perfected. By its use the keeping power of the milk is slightly increased while the taste and other qualities are not altered.

To those who assert that the League of Nations is, so far, futile, the champions of the League point to a number of achievements and ask only for time and support that others be accomplished. They enumerate the following results, already established: (1). The establishment of open diplomacy. (b). The appointment of a Permanent Advisory Commission for Military, Naval and Air Questions. This is regarded as the first real step towards the prevention of future wars. (3). The League is functioning to raise the world's labor standard, two international labor conferences already having taken place at its initiative. (4). The League is bringing the health authorities of the various countries into touch with one another, and into co-operation with the League of Red Cross Societies. (5). The League is administering the Sarre Valley and port of Dantzig.

A Swede was being examined in a case in a Minnesota town where the defendant was accused of breaking a plate-glass window with a large stone. He was pressed to tell how big the stone was but he could not explain. "Was it as big as my fist?" asked the nervous judge who had taken over the examination from the lawyers in the hope of getting some results. "It ban bigger," the Swede replied. "Was it as big as my two fists?" "It ban bigger." "Was it as big as my head?" "It ban about as long, but not so thick," replied the Swede, amid the laughter of the court.

A Story That Ends in a Row of Sweet Peas.

BY ISABEL BAYNE.

THE rain had fallen in torrents. The boulevards were sodden, and the pavement held dirty, treacherous little puddles. Not content with half-drowning the unlucky pedestrians, a dull drizzle still fell and chilled everyone to the marrow.

Careering through the streets on this bleary night, came the bulky figure of a woman, like a ship in dirty weather. Here she loomed distinct, as the glare of the shop or street lamp fell full upon her.

In front of a dismal-looking building, with a half-obliterated sign "Laundry" labelling its uninviting exterior, the woman paused. Not a solitary light shone here, nor any sign of human activity. A dirty, dilapidated, rat-infested place, whose only inhabitant was the woman at the door; at this moment the door was a barricaded door, nailed from top to bottom with boards. There stood the woman wringing her hands in half-choked words of protest.

Laying down her bundle she hurried to the policeman at the corner. "See," she said in clear, ringing, rich Scotch, "He has nailed up the door and I cannot get in. You must get a hammer and knock it down for me. Do hurry!"

"Madam, I cannot do that. It is his property, and I cannot lay a finger on it. Could you not go somewhere else for the night?"

"No! I have nowhere to go. No one wants me. I am wet to the skin. Can you not help me?"

"Well, I will see Langdon, and see what he will do. Wait a bit."

In the back of a tailor-shop, warm and brightly lighted, sat Langdon discussing various social matters with other gossips, and cracking ribald jokes as they sat, some on stools and some on the edge of the tables.

"I have given her notice fifty times," cried the irate Langdon, "and she's got to get out. I'm not going to have her there. She's just got to go."

"Well, she has no place, and you'll have to let her in to-night, poor creature; she's wet to the skin. I say, Langdon, what sort of cad are you?"

"Come, Langdon, come old boy, let the old lady in. Come, you're not as bad as that."—This from the gossips.

At length permission was granted; and the policeman having broken down the barricade lit matches to show the way up the dirty, rickety, wretched, broken stair.

Divesting herself of the cape she wore, she took a paper sack of charcoal and made a little fire at which she hung her dripping garments; with a hastily made cup of tea she sat before the tiny heat while tears rained down her face.

On her knees she poured out her heart, "Oh my Father I am all alone. I haven't a roof over my head. Thou ownest all the world. Surely there is a little corner for me. True, I have made mistakes. I have not been provident. I have been over-generous. I should have kept when I gave, but surely that is not a very great fault. I hope that Thou wilt help me." And that strong woman shook with sobs.

Through that town of seventeen thousand and professedly Christian people that woman walked for days looking for lodgings, always to be gainsaid. She was eccentric, she was meddlesome, she didn't always have the rent, and a score of other excuses.

At length a woman whose daughter was a nurse took her to be company at night, and there she remained for a year.

"Well, Craigie's on the move again looking for lodgings."

"What's the matter now?"

"Wilsons have broken up house and the new people wouldn't keep her."

"Well, I tell you what I think. I think it's a perfect disgrace to the members of St. Andrew's Church that they don't provide a little house for Miss Craig. She can make her own living if she only had a lodging."

"Yes, but every one thinks she should go to the Refuge. The town did seem in a mood to help her one time, but what's everybody's business is nobody's business, and Mayor Rechman says, 'It would only establish a precedent, and she had better go with the rest.'"

"Oh him and his precedent, as if he had anything to think with! Miss Craig is a different person from Sam Mulloy that never lived a sober day. She is an educated woman. She has gone to St.

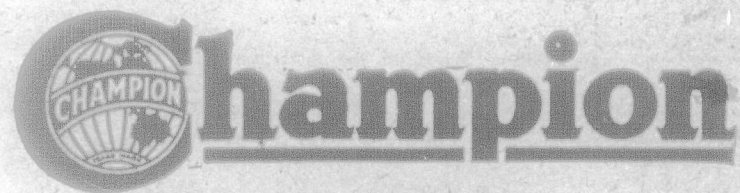


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