### TUESDAY, SEPTEMBER 22, 1964

# SU President **Welcomes Freshman Class**

class of 1964-65 to the Univer- ment in Garneau thus shuting sity of Alberta, one automatic- out all communication with the ally is reminded of his own ex- environment in which he lives. periences as a freshman. Many of you come from small towns as I did and from small high schools such as the one I attended at Hardisty, Alberta. To many, the change to the campus of the University is overwhelming.

My first reaction was the realization that I was a very small person in a very new, large, and strange environment.

In the light of this experience I will attempt to pass on to you a small bit of advice which may be of some assistance as you orient yourself to university life.

### **Primary Purpose**

My suggestion is one you will hear from many. It is that you should not use Freshman Week as a criterion of what university life is like for the entire year. We must always remember that our primary purpose here is an academic one and that many, many other activities, while being essential, are incidental to our academic purpose.

On the other hand, no university student should go to classes each day and for the remainder of the term lock him-

In welcoming the freshman | self in a small room in a base-In my opinion, one must strike a compromise, that is, in addition to your scholastic program you should complement it with other activities, as determined by your own interests and capabilities. Some will choose athletics or student government or cultural activities. **Reasonable Balance** 

To restate briefly, these remarks are based on the conviction that to be an adequately educated university graduate and to have a fully developed personality, one must strike a reasonable balance between curricular and extra-curricular activities.

This coming year will be strategic in your lives in that for most of you this is the first time you will be making decisions by yourselves. No one will force you to study or even to attend classes. Don't let this new-found freedom overcome you. This gift of self-responsibility is given to few and for your own sake be prudent in the allocation of your time and energies.

May I wish you all the success in the coming year. Francis M. Saville

President



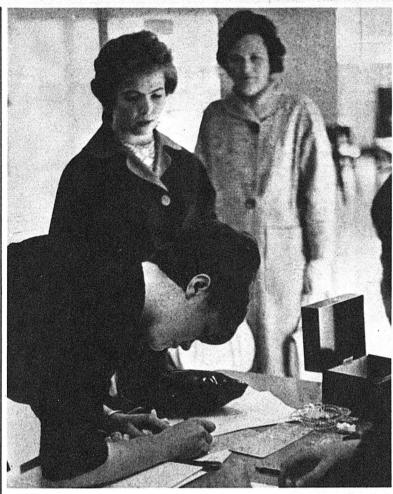
There is a little book in the Rutherford Undergraduate Library that everyone on campus ought to read. It is a McGraw-Hill Management Series textbook called TIRED FEELING AND HOW TO MASTER THEM.

I discovered this text while wandering through the library in an attempt to escape having to sit down and do some work. I was pretty sure that if I drank another cup of Tuck coffee I would turn brown and bitter myself. So I read the book.

It related how Tired Feelings generally arise from Stress Situations: conflict with other people, working to make a deadline, working under poor conditions. Personal problems and lack of sleep seem to have an effect also.

effect also. The afflicted person not only feels tired, the book said, but also lacks the "will to work." People with severe tired feelings find it extremely difficult to do any work at all. It was of course immediately struck by the implications this held for university students. Tired feelings reach epidemic proportions on campus; there is a universal disinclination to study, read, discuss, and so forth, obviously due to lack of the "will to work." The causes of this condition became clear as I analyzed the university community. Conflict Situations were rampant, mostly between professors and unfortunate students already afflicted with Tired Feelings to some

and unfortunate students already afflicted with Tired Feelings to some degree. The constant need of meeting deadlines had already caused some students to become so tired that they never did get things in. And most students to become so they that they hever all get things in. And most students were forced by circumstances beyond their control to work under extremely poor conditions, e.g. in SUB caf, the Tuck Shop, frat house common rooms, theater lobbies, and so forth.



NOW WHAT IS MY NAME?-A pretty freshette makes her mark while registering for residence accommodation. They tell me that the proximity of the male and female residences makes bird watching and bird dogging the order of the day.

## I Have Seen . . . by Jon Whyte

- I have seen the best minds of my generation raving stark hysterical mad through the rigors of registration,
- who fought the IBM machines and ended up perforated,
- who stood in line for hours just to find that their choice of class had already been filled.
- who drank Wauneita cocoa until they had to run for the nearest exit, who praised the members of the Gold Key, and were disappointed when their names were not remember,
- who attended functions until they were no longer functioning,
- who happily listened to Radsoc until their ears were Beethovened, who sat in silent stupefaction while they listened to expensive imported folksinging groups
- who bought football tickets before they realized that no one ever
- goes to football games, who allowed their minds to be spiritually masturbated by graduate
- students, who sang the songs of varsity with the right words, and little dreamed there could be any other, who, dazed, were forced to buy coffee for seniors,
- who told the wonders of fraternities, who tried to find a parking place on the campus,
- who asked simple questions and received complex answers because the answerers did not know the answers but were unwilling to admit it.
- who were told the Education building was a hollow edifice, and who who where told the balactation building was true, who tried to date their high school steadies who were running around with upperclassmen, who tried to find out who the real Jon Whyte is,

**Climaxes Busy Summer** 

- who discovered that no man is a camel, who tried to learn the names of very BMOC, and to meet them, and who failed: Yes: I have seen the best minds of my generation, but sometimes
  - I have reason to doubt that they are the best.

## **Outlines** CUS **CUS** Chairman **Greets Frosh**

The Freshman, upon entering university, is assaulted by a battery of new and bewildering monosyllables: CUS, WUS, CUP, ISC, IVCF, SCM, and so on. Perhaps the most important of these is the Canadian Union of Students (CUS) to which 40 universities and 130,000 studdents belong by viture of the affiliation of their student councils.

The predecessor of CUS, NFCUS, was created in 1926 to give the Canadian student an identity and a voice that could only be found in unity. The policies of the Union and the projects designed to promote its aims are debated and enacted by Council presidents and CUS Chairmen at the national congress held in the fall.

Each congress studies action in the fields of cultural and educational affairs, student welfare, research and numerous other aspects of its national and international responsibilities.

The biggest problem, as in Canada itself, is the reconciliation of French and English speaking groups. The survival of NFCUS in the form of CUS meant a determination on the part of Canada's students to reassert faith in their ability to preserve Canadian unity.

#### BASIC UNIT

The basic unit of CUS is the local CUS committee on campus, which is responsible for implimenting the policies decided upon at the national Congress. In addition, the local CUS committee: takes charge of the selling of Campus Canada; organizes a charter flight to Europe; sponsors a life insurance plan; selects students to attend the regional and national CUS seminars; together with Students' Council lobbys the provincial government to achieve more aid to students; sponsors local seminars and speakers on topical subjects; sells international student identity cards; distributes information and magazines on international student affairs; and cooperates with other campus groups such as WUS and CUSO.

Participating in the many activi-ties of your local CUS committee can be a very valuable experience for any student, and at the same time be a significant contribution to the strengthening of Canadian student unity.

As your campus CUS Chairman, I would urge you, as our Students' Council President has done, to become a member of our local Canadian Union of Students Comlocal mitte. Find out what CUS is, what it does, and what you can do for it. Simply leave your name on the list at the CUS booth in Pybus Lounge, or in the Students' Union office. **Dave Estrin** CUS Chairman

Personal problems, such as what to wear, who to go out with, what club to join, and other sticky decisions doubtlessly cause many tired feelings, and lack of sleep brought on from trying to study after all-night parties had left the major part of the student body in a quasi-comatose state.

McGraw-Hill to the rescue! One way of avoiding tired feelings is to change activities frequently. While running out of the Gateway office five minutes late for a Jubillaires meeting I decided that this was probably not the solution.

The simplest cure is to rest. I thought this was a fine idea, and I would have done it if I had had the time.

Still, these solutions are not impossible to pursue, if one is diligent in sluffing off work and avoiding assignments. And one can always catch up on rest at odd moments. One day in English I dragged two desks together and laid my clipboard across the writing arm. I rested by elbows on the clipboard, my head on my hands, and my upper lids on my lower. The blasted clipboard slipped off the desk suddenly and I nearly fell out of my seat, the clatter setting off a Stress Situation that gave me Tired Feelings for weeks after.

## SUB Expansion Report Due Soon

A summer's work by the SUB, bers agree that it has been a hectic, ated in the building.

sion and the council appointed Board of Inquiry into the \$4 million project will be climaxed by a report to the student's

The report, due shortly, is designed to remind upperclassmen of the progress made during the summer and will introduce the project to the freshman.

Expansion Planning Commis-summer and much remains before the final revisions go to the architects Nov. 1.

Plans before council indicate a final completion date of July 1, 1967. ants to determine the fin Richard Price, Students' Union the food service facilities. secretary-treasurer, says the finan-cial aspect of the building is bright-ened considerably by the prospect of a considerable capital grant from the University secretary-treasurer, says the finan-cial aspect of the building is brighta considerable capital grant from the University.

SUB Expansion Commission mem- ment office facilities to be incorpor- to take action on pertinent ideas."

Work done during the summer included planning of a larger theatre, and a projection done by Woods, Gordon Ltd., management consult-ants to determine the final size of

they may ask questions concerning This grant would be for use of the food service, bookstore, and employ-alized. By then it would be too late