



THE DRESSING TABLE

Edited by MARIE

THE winds of early spring-time that are so invigorating to wearied hearts which have grown tired of the long winter, are rather trying to the woman of delicate skin. There is a peculiar, "burning" quality in the March winds which leaves the nose and cheeks red and smarting. Some women are so fortunate as to be little affected by the most blustery roar which the March lion can produce, but most of us are sensitive to the breezes of early spring and prefer their attention in modified form. There are many good vanishing creams which may be applied to the face before one goes out on a windy day which will prevent the worst ravages of the boisterous breezes.

A veil is almost a necessity in the days of early spring, and the thin chiffon variety is the most appropriate. "Every spot in that veil means five dollars to an oculist," said a doctor to a woman who was wearing a veil dotted with a few huge "coin" spots—and, before many months had passed, the wearer realized that the doctor's words were only too true.

A home-made powder is preferred by many to the bought article, and here is a formula, given by an authority on matters of toilet preparation:

Pure rice powder, one ounce; powdered boric acid, twenty grains; powdered oxide of zinc (best quality), two ounces; powdered carbonate of magnesia, one ounce; oil of rose, two drops. Sift each ingredient through bolting cloth, throwing away all coarse particles. Combine and sift repeatedly, adding the oil of rose before the last sifting.



The Spring Fashions in Hair Dressing

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WOMEN who have a fondness for the perfume of sandalwood can supply themselves now with small sticks of the wood for perfuming their dresser drawers and closet compartments. The sticks retain their odor for an indefinite period, and when they seem to be on the point of losing their native fragrance an immersion in water will restore all their Oriental charm. Sandalwood perfume and toilet water are a fad among some women, who prefer this spicy aroma to others of flower-like daintiness. The sandalwood scent is fresh and inviting and it does not grow stale and unpleasant.

ANSWERS TO CORRESPONDENTS

TROUBLESOME—Well, you have given me quite a list of questions, which I shall answer to the best of my ability.

1. Deep breathing is an excellent exercise for developing the chest. The use of a good skin food on the neck would be beneficial for such a condition as you describe, but remember that results are not to be expected in a day. A diet of milk and eggs would help in the good work. 2. The three "foods" you mention, especially the first, are to be recommended. You can understand that in this column it is not desirable to mention such articles directly. A stamped and addressed envelope for reply would enable me to send you information which must be given privately. 3. The yellow or brown line on the neck may be caused by wearing the collar too tight. The use of the cream mentioned should prove beneficial. 4. The exercise you describe should result in improvement, if persisted in. 5. The recipe you quote is quite safe. 6. I would not care to say what is the best dentifrice. If you care to send stamped envelope, I shall give you a list of the most favorably known. Use dental floss, as well as a powder or paste, if you wish to keep the teeth in good condition. 7. If your hair is in the condition you mention, you are not washing it too often. If you could consult a good hair-dresser on your next visit to the city, there might be discovered some slight ailment of the scalp. 8. I could not undertake to advise as to the tonic you should use. I do not care for those which you mention and would advise that you consult a physician. Many of these "patent" remedies are worse than useless. Fresh air, sunshine and the proper diet are more to be desired than most drugs. We women make the pill proprietors rich by rushing off to the nearest drug store on the slightest provocation. Write again and tell me if you are better.

Mrs. A.—I am replying to your note in the addressed envelope which you sent, but I may say here that a good cold cream is almost essential if one desires to keep the skin in good condition. As the years go by, Time does some unkind scribbling on forehead, cheeks and neck, and the cold cream is one method by which we may conceal some of his marks. In fact, he may be kept away much longer than we suppose by the use of simple "preservatives." The woman who obviously tries to look young has been ridiculed frequently. However unpleasant she may be when she over-powders and colors her face, she is not more distressing than she who has no regard for her personal appearance, and who is quite indifferent to shiny nose on stray locks. Only—remember that the skin should be treated delicately—not scrubbed as if it were a washboard.

CANOVA—I have not known the substance you inquire about to have such an effect as to make the hair come out. I am glad that yours is improving. Let me know how it progresses. I know nothing about the preparation you mention. For the discoloration referred to, you might use a solution of peroxide of hydrogen, but be very careful to note instructions on the bottle; as a weak solution would probably be all that would be required.

Crow's-feet.

Yes, very disfiguring and aging. But you can avoid them all the same. Never mind. Simply rub in Vinolia Cream—that will soften, and feed your skin, making it smooth as satin, flexible as elastic.

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