

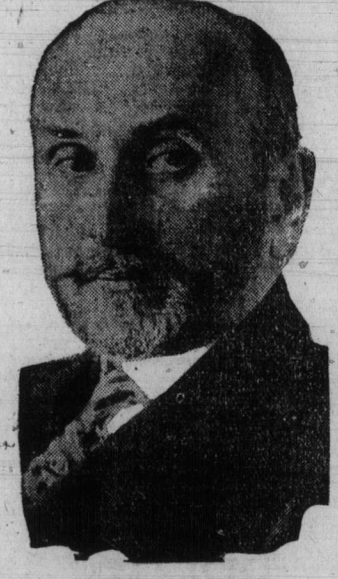
### The War Will Not Last Much Longer Now, Says Foreign Minister Sazonoff

SERGIUS SAZONOFF, the Russian Minister of Foreign Affairs, a few days ago received a deputation of journalists to whom he gave a general review of the Balkan situation. His most interesting remarks concerned Roumania, whose relations with Russia, he said, remain perfectly satisfactory and amicable. He admitted that some time ago the attitude of Roumania was uncertain, owing to her fear of hostile acts on the part of the Central powers, but that he was now convinced Roumania would not fall into a German trap.

"I repeat that the Austro-Germans persist in their Roumanian campaign, but it is not producing the effect desired on practical Roumanians," said M. Sazonoff. He added that the whole Balkan situation would find its solution only after the war had ended.

Speaking of the improved relations between Russia and Sweden, M. Sazonoff said:

"It is evident that in Sweden, as elsewhere, there has been a Chauvin-



SERGIUS SAZONOFF.

istic movement. It is possible that Sweden may feel the need of taking measures for the defence of her frontiers, but we can declare categorically that she will not have to defend them against Russia and that this side of her frontiers is perfectly secure."

Regarding the Entente allies, the Foreign Minister declared that their interests were growing closer and closer from both a military and political viewpoint. He considered the projected visit of the members of the Duma to England would lead to new understandings, and he paid a tribute to Great Britain's efforts in the war.

Asked for his opinion of the duration of the war, the Minister said he did not think it would last much longer, and that Germany would be the first to give in for economic reasons.

"Nevertheless," he added, "we must continue to make intense preparations for the summer campaign."

M. Sazonoff concluded with the declaration that the Entente allies were absolutely confident that they would triumph.

#### Mr. Birrell's Dream.

Mr. Augustine Birrell, the Secretary of State for Ireland, is among the prominent civilians who have recently paid a visit to the front. Although one of the most matter-of-fact men, Mr. Birrell has told of a curious dream which has troubled him repeatedly for years. "I have been haunted," he says, "ever since I was almost a boy by the constant repetition of one and the same dream. It comes to me again and again. I dream I am walking about somewhere in some plain or desert, and I suddenly encounter the agitated ghost of Sir Isaac Newton. He approaches me, his eyes almost starting out of his head; he tells me who he is, and how ignorant he is of all that has happened in the world of science since he left. 'Now,' he says, 'I want you to tell me in a few words—for I have only a quarter of an hour left—all that has happened to the race; the progress. How is it? I know what it was when I left it. What is it now?' My heart sinks, and covered with confusion, I stammer, 'I stammer, I stammer, my ignorance becomes more and more apparent, and at last the unhappy ghost, throwing up his hands, leaves me in dismay. That dream constantly comes to me. The only difference is,' concludes Mr. Birrell with a smile when he tells the story, "that the moment the unhappy Sir Isaac Newton sees me now, he says, 'Oh, that old ignoramus,' and departs."

#### Use Dead Horses' Hides.

As an instance of German thrift and thoroughness the Germans remove the hides from dead army horses, says The Daily Mail's Balkan correspondent in describing the trip from Constantinople to Nish over a road from which the evidences of war, he stated, had been almost entirely removed.

The correspondent found bridges and tunnels which the Serbians had blown up repaired in substantial manner and with astonishing rapidity. Broken bridges were lying in the water at the side of new ones, and the skinned carcasses of horses along the route were the only signs of the recent fighting.

### Yuan Shi Kai Is Busy Drilling Soldiers for China's Big New Army

CHINA now has an army of 1,000,000 men under arms and within the next ten years will have a standing army of about 2,000,000 men and a reserve army of 10,000,000 men," says a traveler who has just returned from the Orient. He says that China has awakened to the necessity of a military strength sufficient to protect her from covetous enemies.

"Yuan Shi Kai," he says, "is going about preparedness as rapidly as he can, and the 1,000,000 soldiers already under training show what he can do. These soldiers were trained and drilled by German and Austrian officers. Most of the soldiers are from the northern part of China and are big, husky fellows."

"On my visit to Japan I found the people to be friendly to the United States. Whatever feeling Japan had against Americans has died out with



YUAN SHI KAI.

the realization that other white countries are making similar objections to Japanese immigration that have been made in that country."

Yuan Shi Kai, according to the traveler, has explained why he became Emperor of China.

"He called the departmental heads together and, saying that the change had not been made for pleasure, he instructed them to return to their offices and prepare the reforms which must be inaugurated to justify the change of Government and enable the nation to take its proper place in the world," says a Peking correspondent.

"The sovereignty of the Chinese Republic resides in the whole body of the people," he says. "A convention of the people's representatives, considering the Republic unsuitable on account of historical reasons and public opinion and wishing to establish permanent peace, have unanimously adopted a constitutional monarchy."

"The status of the State's chief is naturally subject to the public will. The acting Legislature has reported to me the same and has stated that the provincial and district conventions of the people's representatives have unanimously elected me Emperor."

"A firm refusal unavailing, I have been forced to submit to the people's will, and have instructed the different Ministries and Departments to make preparations."

#### With or Without Rails.

Locomotives and freight cars that run equally well with or without rails are the latest inventions of Austrians in their war on Russia. The wheels are of the broad rim type that will run well on rough roads or through mud. They are fitted with a centrally located flange that fits over the tracks when the strange train is running on rails.

When the train arrives at the end of the railroad line it can still be continued toward the front, unless the roads are in absolutely impassable condition. Over good, solid roads the train runs almost as fast as over rails.

The locomotive is a benzine eater, generating its propelling power by the use of benzine. The hybrid, wheeled freight train has been used effectively by the Austrians, especially in the Carso district. It is expected that the type will soon become familiar on all fronts, as the usefulness of the invention has been well demonstrated.

Austrian howitzers have already proved their superiority over those of the enemy and early in the war were adopted by the Germans. Now comes the double-wheel locomotive and freight train to prove that the Austrians are still contributing something besides cannon fodder to the side of the central allies.

#### Generals' Nicknames.

Lord Kitchener is known in the army as "Hawkeye," although to the outside world he is usually known as "K. of K." Lord Charles Berosford is "Buck-em-up," the late General Gatacre was always called "Back-scher," General Hutton is "Curly Hutton," while the late Lord Roberts was not only "Bobs," but was also familiarly called "Little Freddy."

# LOOKING AFTER SOLDIERS FAMILIES



(1) Reading left to right (standing)—Miss Hains, Mrs. McDonald, Miss Tatley, Miss Bender. (Sitting)—Miss Hunter, Mrs. Anderson, Miss Reid, Mrs. O. Smith, Mrs. Ross.  
(2) Filing room. (3) Office staff.  
(4) Miss Helen Reid, the presiding spirit of the Relief Committee, Montreal. (5) Reception room.

MONTREAL was the birthplace of the Patriotic Fund. Montreal made the record of over \$1,513,000 collected in the six days whirlwind campaign, September, 1914, and the organization under which the Montreal Branch distributes relief is considered a model of effective and economical administration.

Montreal and the Island of Montreal have been divided into twenty-seven districts, the interests of which are looked after by fifty-six ladies acting as Ward Heads, under the supervision of Miss Helen Reid. These are assisted by about six hundred lady visitors who undertake to make periodical visits to the families of soldiers at the front, investigate and report on cases where relief is requested, and generally act as friends to those who might otherwise be friendless. Although there are certain Government allowances, these are often found to be insufficient for large families, and at times, especially in the case of illness, immediate relief has to be given. The mothers are given expert advice on hygiene and the care of infants, and encouraged to keep their children regularly at church and school (twenty prizes are given for the best school reports), are taught principles of thrift and given free legal advice. The slogans under which the lady visitors work are such as "Provide Opportunity not Charity—and be a friend." "Guard the Fund—do not patronize—do not

promise" and "Your service is personal, patriotic and civic. Let it be kindly, loyal and efficient."

The French speaking families are cared for by French speaking ladies, each ward having a French-Canadian head, as well as an English-Canadian head. During the summer months lectures on hygiene and domestic economy, and the Parish Priests, the Ward Aldermen, Ministers and Teachers are encouraged to take an interest in cases in their district or parish. There is a Patriotic Burial Fund and Cemetery Lots, a storage for furniture, and baby outfits and clothing for special cases. Over 300 doctors give their services without charge.

A wonderful system of card indexing and filing enables the Relief Committee to handle all cases with promptness and efficiency. There are between forty to seventy-five advices each day of changes in address, desertion, births and deaths, illnesses or discharges. In one single month 1,500 removals have

been notified. The average daily attendance is about 300 mothers. Great care has to be taken that the Fund is economically spent and that no duplicate or unnecessary payments should be made, and this is only possible when the office organization is businesslike. The filing room alone occu-

ples the time of three ladies. So efficient, however, has been the Montreal administration, that the Boston Charity Organization Society has asked for a report and it is likely that the Montreal methods will be adopted in this and other cities of the United States.

## \$1,000.00 REWARD

For information that will lead to the discovery of whereabouts of the person or persons suffering from Nervous Debility, Diseases of the Mouth and Throat, Blood Poison, Skin Diseases, Bladder Troubles, Special Ailments, and Chronic or Complicated Complaints who cannot be cured at The Ontario Medical Institute, 263-265 Yonge St., Toronto. Correspondence invited.

### BREATHING IN THE WATER.

In Doing It Properly Lies the Secret of Success in Swimming.

The way to avoid drowning, according to a swimming teacher, is to learn how to swim. Good swimmers don't drown. They might die of chill or starve to death, but as for drowning—pooh!

"How about cramps?" he was asked. "Even good swimmers have cramps." "Cramps needn't cause a moment's worry. I've seen thousands of good swimmers seized with cramps, and never a one was drowned. All they did was to turn over on their backs and either wait for help or paddle with their free limbs. I've never heard of a swimmer having cramps in both legs and arms. Even then his case would not be hopeless."

"There never was a case of drowning that was caused by cramps. That may seem surprising after the countless water tragedies that have been blamed on cramps. Death in the water is caused by chill or strangling."

"People's strange to death because they are ignorant of the proper method of breathing. When they sink beneath the water they hold their air passages shut. When they come to the top they have to breathe out the air they've used while under water. As breathing out takes fifty times as long as breathing in, they have no time to get a fresh supply of air before they go under again. This keeps up until they breathe in under the water and thus strange to death."

"The process should be reversed. Breathe in for the second you are above water; then breathe out through the nostrils while under the water, and you can keep it up until you starve to death."

"Nine-tenths of swimming is breathing, and movement is only one-tenth," says the expert.

"Was your party a success?" "Not exactly. Nobody asked my daughters to sing."—Detroit Free Press.

### The Case of Solomon.

The One—I can't understand why old man Solomon was considered such a very wise mortal when he married 700 times.

The Other—Well, that's enough to put any man wise.

### The Specification.

"That incorrigible gossip, Mrs. Gaddy, says she wants to talk business to you."

"I don't doubt it, but it will be everybody else's but her own."

### So to Speak.

"How's that young man I see calling on you lately?"

"He's a pill, but he brings me lots of candy."

"Trying to sugar coat himself, as it were."

### Domestic Diplomacy.

"Why do you insist upon having the servant call you at 7 o'clock every morning? You never get out of bed at that hour."

"No, but I want to make sure the servant is awake."

### A Gentle Hint.

Young Man—Your twin daughters seem absolutely inseparable. The Mother—Oh, I don't know. A young man with half a million, like yourself, ought to make good as a separator.

### RHEUMATISM ARRESTED

Many people suffer the tortures of lame muscles and stiffened joints because of impurities in the blood, and each succeeding attack seems more acute until rheumatism has invaded the whole system.

To arrest rheumatism it is quite as important to improve your general health as to purify your blood, and the cod liver oil in Scott's Emulsion is nature's great blood-maker, while its medicinal nourishment strengthens the organs to expel the impurities and rebuild your strength.

Scott's Emulsion is helping thousands every day who could not find other relief. Refuse the alcoholic substitutes.

### Right in It.

"All the neighbors are laughing over what happened to Miss Seresum."

"And what was that?"

"There was a panic at a sale of antiques she attended and she was knocked down."

### Expressed Differently.

"Madam, you ought to go to a warmer climate."

"For once, doctor, you and my husband are agreed, but he expresses the idea in more emphatic language."—New York Press.

### Helped Out.

Smith—Goldmore is a very generous old fellow. Do you know, he's always helping somebody out.

Jones (sadly)—Yes. I went to see his daughter the other night, and he helped me out too.

## Don't Suffer Longer

and allow yourself to become grouchy, upset, nervous and depressed. These conditions usually indicate a disordered digestive system, which, if neglected, may be hard to remedy. Remove the disturbing element and put your digestive organs in good working order by taking

# BEECHAM'S PILLS

They gently stimulate the liver, act on the bowels, tone the stomach—purify the blood and regulate the system. These benefits are particularly marked by women at such times when nature makes special demands upon their vitality. They act promptly and safely. The next time you feel low-spirited and out of sorts, take Beecham's Pills. Their sure, mild, thorough action will

## Give Quick Relief

Worth a Guinea a Box  
Prepared only by Thomas Beecham, St. Helens, Lancashire, England  
Sold everywhere in Canada and U. S. America. 1s boxes, 2s cents.

## Zutoo

Will cure any headache in 20 minutes, will nip a cold in the bud, will relieve the monthly pains of women, and in every case it leaves you Feeling Good.