

120, in the Public School courses of study, require that the subjects for Form II be "Physiology and Temperance, Conversations on Temperance, the Use of Alcoholic Stimulants and the Laws of Health."

Among the subjects for Form III are "Physiology and Temperance, Conversations on Temperance, the Physical Effects of Intoxicating Liquors, Importance of Exercise."

Form IV. "Physiology and Temperance, Digestion, Respiration, the Circulation of the Blood and the Nervous System, the Effects of Alcohol and Narcotics."

The following is gleaned from regulations for High School examinations: "Physiology and Temperance are compulsory, and shall take rank with other subjects for examinations."

Page 194 Authorized Text Book: "At least one hour per week shall be devoted to familiar conversations with the *whole school* on the effect of alcoholic stimulants, and of narcotics, upon the human system."

LIQUOR CONSUMPTION.

Careful calculations show that the aggregate consumption of liquors in the Dominion of Canada annually amounts to about four million gallons of spirits, and eighteen million gallons of wine and beer, making an annual consumption of a little less than four and one-half gallons per head of the population. This is about equal to one-fourth the per capita consumption of the United States, or one-seventh the per capita consumption of Great Britain.

The annual expenditure for intoxicating liquor by the consumers is estimated at about forty million dollars.

The cost of liquors for one year exceeds the whole revenue of the Dominion of Canada.

The total amount spent in fifteen years aggregates, without counting interest, to nearly \$500,000,000.

This would have defrayed all our cost of government, built our railways, and left us without a shadow of national debt. To all this we must add the incalculable cost of citizens slain, labor destroyed, pauperism borne and crime watched, restrained and punished.

If this waste could be made to cease, Canada in ten years would not know herself, so prosperous and wealthy would she have grown.