Child's Suffering R MOTHER FEARED SHE WOULD NOT REGAIN HER HEALTH.

She Was First Attacked With Rheumatism and Then With St. Vitus' Dance—She was Unable to Help Herself and Had to be Cared for Almost Like an In-

Maida's Secret.....

By the Author of..... " A Gipsy's Daughter." " Another Plan's Wife," " A Heart's Bitterness," Btc., Btc.

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Is Free from Any Particle of Coloring Matter; is Dainty and Invigorating; is the only tea that suits fastidious palates and is wholesome for

teen minutes with the stock in which it was boiled. That if you happen to get out of starch you can wash and pare (thin ly) a good-sized potato, grate it into a bowl of cold water, strain it and let it settle. Now pour off the water and thin the residue in the bottom of the bowl with cold water. Set on the stove, pour on boiling water and cook till clear.

The bedroom is the most important in the house to keep cool, if we would have our sleep invigorating. A very simple plan is to place in it a bowl of water containing thick slices of cucumber. These will keep fresh for some days, and the room will feel cool and refreshing.

Also, when cleaning the floors of rooms, mix a half-oint of vinegar pottom of the bowl with cold water

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