

OUR HOME PAGE

HOME KITCHEN

FOUR RECIPES THAT ARE FAVORITES OF ORIENTAL NATIONS.

By Jeannette Young Norton
The Authority on Home Cooking.

American women as a rule are eager to learn how to cook the special dishes of other nations. East Indian curry is an interesting dish, and is excellent when properly made. It may be a bit of surprise to learn that there are many other things that curry well besides the inevitable rice and chicken. In most all of the recipes used in this cookery, "ghee" takes the place of our own butter or other fats, so we should understand first just how it is made.

Indian Ghee.
Ghee is a carefully prepared, clarified butter that is not greasy, and that keeps a long time in a cool, dry place. One pound of butter makes three-quarters of a pound of ghee. Break up the butter in clean saucepan and add to it two cloves and a bay leaf. Bring this mixture to the boiling point slowly, then boil it gently until all the water has evaporated, and it boils quietly with little or no froth on top. Remove from the fire and let the first heat pass off, then strain it through a fine piece of damp cheese-cloth into a clean jar. When cold, cover and keep in a cool place.

Vegetable Curry.
Peel and quarter one pound of potatoes, wash and slice a small cauliflower. Peel and chop one small Spanish onion. Warm a saucepan and put in it two generous tablespoonsful of ghee. When it is melted add half of the onion, and when the onion is cooked down add a tablespoonful of curry powder and a level teaspoonful of salt. Stir and cook until the onion is delicate brown, then add a half-pint of hot water. Add the rest of the onion and the cauliflower, peas and potatoes. Cover these ingredients and allow them to simmer steadily for one hour. When done, there should be very little if any gravy.

Apple Chutney.
This delightful relish for cold meat needs tart and firm apples of tender fibre to be successful. Pare, quarter, core, then slice five pounds of apples. Peel and slice thin four ounces of fresh ginger. Halve and stone one pound of large raisins and a half-pound of well washed currants. Lay the apples in a dish, cover them with a quarter-pound of salt, and let them stand overnight. Peel one small garlic, then crush it in a mortar with the ginger and four ounces of mustard seed. Boil four pounds of light brown sugar in a pint of vinegar until they are tender but not broken. When the apples are cold add the syrup and all the other ingredients. Stir gently and add a small, scant, cupful of salt. Bottle, cork, and let the chutney stand for six weeks. It is then ready for use.

Cocoanut Cakes.
Put two ounces of sugar with a tablespoonful of water into a saucepan and boil them to a syrup. Stir in two ounces of desiccated cocoanut and a tablespoonful of rose-water. Mix these ingredients gently over a very low fire. When mixed, turn them into a bowl to cool, and when quite cool, beat a with them the yolks of two eggs lightly. Take the yolk of another egg and mix it with enough flour to make a soft paste. Roll it out very thin and line six little pans with it. Then fill them with the cocoanut mixture. Bake in a medium oven sprinkled with a little powdered sugar and a few drops of rose-water, and put back in the oven for a couple of minutes. The cakes are very dainty and not difficult to make if directions are carefully followed.

For the sum of \$5,985 a real estate and building company of Culver City, California, advertise to sell bungalow homes, completely furnished, even to a diver in the garage, and five gallons of gasoline thrown in.



Miss Emma S. Redel has risen from stenographer to assistant secretary of the Minneapolis and St. Louis Railroad.



Paris had a new sensation recently when a bridal party adopted pushcarts as vehicles.

TODAY'S FASHION

By VERA WINSTON.



Fitch Fur Lends a Smart Finish to This Three-Piece Suit of Wood-Brown Duvetyn.

Fitch Fur lends a smart finish to and costume, and especially when the costume is of a brown tone that makes a stunning background for the fur. This is really a three-piece costume. The blouse is of brown crepe de chine and it joins a skirt which is striped with three rows of fitch fur. The material used in this suit is duvetyn in a rich wood-brown shade.

POOR LAW BOARD IS MADE PRISONER

Unemployed at Bedwely, England, Place Sentries at Meeting of Guardians.

LONDON.—The poor law boards continue to have a rough time with the workless applicants who descend upon them in more or less organized bodies. At Bedwely over 2,000 unemployed marched upon the guardians at their place of meeting one evening and demanded increased relief. Finally to receive a definite promise from the guardians as to the demanded relief being forthcoming the workless army placed sentries all round the building and held the guardians prisoners until 5 o'clock in the morning. There are signs of trouble elsewhere between the unemployed and the authorities, though the former realize the futility of unconstitutional methods to gain their ends. At Bradford, for instance, an intense effort to organize a party of hikers to proceed to London for the opening of parliament failed dismally. The unemployed of London are determined to wait and see what progress is made by their own organization in the matter of obtaining relief before taking drastic action. They organized a week ago and pledged themselves to pursue constitutional methods.

Patriotic workers of Venice, Italy, have informed the Government that they will work an extra hour daily and donate the money thus earned toward the relief of the nation's finances.

With a production of 235,400,000 pounds of American cheese in 1922, valued at prevailing retail prices at \$105,000,000, Wisconsin maintains its supremacy in the dairy industry.

The San Francisco Industrial Association reports that apprentice plasterers taught in the vocational school, operated by the association, are in steady demand at from \$4.50 to \$8 a day.



William Moon, a laundryman of Cornwall, England, had his coffin made before he died and used it as a piece of furniture.

PLAN TO SETTLE SWISS IN CANADA

MONTREAL.—A movement to establish in Canada, more particularly in the western provinces, colonization settlements by Swiss people similar to those now in existence in several parts of the United States, notably Wisconsin, has been inaugurated with the approval of the Swiss government by its consul general in Canada, M. G. P. Huebscher. The consul general has just been advised of his country's intentions by Fritz Beck, a delegate from the Swiss Association for Colonization, which is under the patronage

of the Swiss government, who has been in Montreal for several days for this purpose. Dr. Huebscher is issuing an appeal to all independent people of Swiss origin to send in their names to the Swiss consulate in Winnipeg, so that Mr. Beck can begin organization work among them to help the colonization work along.

The crab packing industry is worth more than \$1,000,000 a year to Virginia, which state supplies one-half the entire American output.

The new Government in Ireland is considering measures to revive the fishing industry off the Irish coast, which has been gradually declining for some years past.



Midgets from all over the world have invaded New York, preparatory to a tour of the continent. Wee Lucy Williams is shown here perched on top of a movie camera.

Your Home and You

By HELEN KENDALL.

WASH AS YOU GO.

If there is any more disheartening sight than a waiting group of sticky pots, pans, and kettles, this housewife for one does not know what it is. Yet the woman who is her own cook and waitress has a decided antipathy to spending a good part of her evening washing the dinner dishes in the kitchen, and she is likely to tuck the soiled china, glass, and cooking utensils away under kindly dish-towels to wait until morning, washing only the silver and the more fragile pieces of the glass. Then comes the awful morning after breakfast have to be spent mopping up the gummy dishes of yesterday, now hardened and adhesive, even when they have been soaking in a water.

"My little Swedish maid has taught me many things about saving dish-washing," a friend told me recently. "I have watched her sometimes as she went about getting the dinner and serving it, and I assure you I have learned a trick or two.

"To begin with, I don't believe she ever lets a soiled cooking utensil get out of her hand for a moment. She

doesn't even lay it down after its contents have been placed in the serving dish. She trots right over to the sink, turns the hot water into it, swishes a metallic mop around it, rinses it with more hot water, and turns it upside-down on the shelf over the heating compartment of the range. Then she turns to the next dish to be removed from the fire, empties that, and promptly washes the pan out under the hot water faucet.

"I have even seen this little maid of mine turn the creamed potatoes for dinner out of the saucepan in which they were cooked, wash out the saucepan, and without letting it go out of her hands begin to stir up pudding sauce in it."

"When her dinner is ready to go on the table, there isn't an unwashed utensil in her kitchen. Then while we are eating the dinner, she puts away the pans which have been drying and cleans up the cooking spoons, forks and knives. While we are consuming the salad and dessert, she washes the dinner dishes; and when the meal is over, she has only the odds and ends to cleanse. Ten minutes after we have finished she has finished too, and is out of her kitchen."

THE TREND OF EMPLOYMENT IN ALL THE PROVINCES IS DECIDEDLY DOWN

Considerable Contraction Shown at Beginning of the Year. Losses in Montreal Being Particularly Severe. General Curtailment of Operations Over the Holiday Season.

The volume of employment in Canada, as reported by employers to the Dominion Bureau of Statistics at the beginning of January showed considerable contraction. This was largely on account of the temporary cessation of work in many establishments for the holiday season, it is stated. The percentage decline was slightly smaller than that recorded last year, but since payrolls generally have been higher, the shrinkage involves the release of a larger number of workers.

The trend of employment in all provinces was decidedly downward. Approximately 54,000 workers were released in the Quebec-Ontario district, a reduction of 9.9 per cent, the greater part of which was recorded in manufacturing. Firms in all cities registered general curtailment of operations. The losses in Montreal were particularly severe, it is reported, over 17,000 persons having been let out by the firms reporting to the Bureau of Statistics. Temporary shut-downs in the locomotive shops accounted for a large part of the decrease. Textile, tin can, sugar and tobacco factories, shipping, stevedoring, construction and local transportation also reported considerably reduced activity. In Toronto, the most pronounced contractions were reported in garment, biscuit, chocolate, confectionery, lead, tin and box factories, in construction and on the street railways.

Employment in Ottawa sawmills continued to decline. In Hamilton, knitting, iron, steel and tobacco concerns reported a large share of the shrinkage. The reductions of employment in biscuit, confectionery, brick and textile plants and in construction were the most decided in Winnipeg. The declines in Vancouver were fairly general; canneries, sawmills, and shipyards were not so busy, nor were street railways and building contractors as fully engaged.

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Miss Detores Beaton, daughter of a deep sea captain has formed an organization in Seattle called the Daughters of the Sea, to care for the welfare of sailors on shore leave.

Atlanta will entertain the 1923 convention of the International Typographical Union.

The railroads of the United States are estimated to represent an investment of \$20,000,000,000.

Australia is the only country in the world where cane sugar is raised by white labor wholly.

1,754,929 Lbs. More "Salada" Sold. This tremendous increase in the sale of "SALADA" Tea is reported for 1922, over the year 1921. This increase alone in Tea is sufficient to supply the entire Dominion of Canada for nearly three weeks.

Sowing of a 276 acre field to grain by airplane was accomplished in a few days near Tracy, Calif.

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Illustrated by Vera Harrison.

DICKY'S CHAT WITH PORKY PORCUPINE

"Hum!" Dicky laughed as he came upon the strange looking creature behind the iron bars, "I'd hate to meet you out in the dark. My, but those horrid quills of yours would be hard to get out."

"I'll say they are," replied the animal. "I never saw a porcupine get that didn't have trouble getting his quills out."

"Oh! I meant the quills you might throw into me when I startled you," said Dicky. "You certainly are a ludicrous-looking creature. So you're a porcupine, are you?"

"Porcupine," so my mother called me, and somehow the Keeper of the zoo here calls me that too," laughed the prisoner. "Just so long as he calls me to my meals I don't mind my name. But do you really think I can throw out these quills as they will stick into you?"

"That's what I've always been told," replied Dicky. "I always was told to run and run fast when I saw

you coming or you'd fill me full of those sharp quills."

"And what do you think I'd do for more quills after I'd used the ones I had?" Porky Porcupine asked merrily.

"Grow more," Dicky replied. "Spiders and bugs grow more legs when they lose what they have."

"Not being a spider or a bug, I can't say," laughed Porky Porcupine. "But we never let go of our quills. You see, that's our only means of defence. When something bothers us we poke them all up in the air and turn our backs and just back into our offender. I will say he had better not let us get too close to him or we may leave a quill sticking into him. You see, all these quills are set so loosely in our skins that if they touch the

other fellow they may accidentally stick there."

"And do they really hurt much—the quills that do stick into them?" Dicky asked. "I should think they'd drop right out again."

"Say, what do you think these quills are?" asked Porky Porcupine. "They're not bone. They're nothing more than many strands of hair packed together so tightly that they look like bristles. But let me tell you once they get into a fellow's skin they don't drop out but keep going deeper and deeper into the wound."

"One day I was attacked by a tiger. When he stuck out his paw to strike me I turned my back and backed into him, and he ran away howling with pain. I saw a friend of mine several days later, and he said his paws were still too sore to attack anyone else."

"That served him right," laughed Dicky. "Well, I'm glad to know you don't throw your quills through the air, for that seems to be a cowardly way of fighting. I admire you for doing it in the way you do."

"It's the best way in the world," laughed Porky Porcupine. "But you'll have to excuse me now—here comes my dinner." And Dicky turned to see the keeper toss Porky Porcupine's food over the bars. Nodding his head to his new friends Dicky ran on out of the zoo.

According to the laws of Australia a man who is required to work on Sunday must be paid four times his daily wage.



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