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Christmas

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Doctor Tells How to Detect Harmful Effects of Tobacco

Try These SIMPLE TESTS

New York.—Doctor Connor, formerly of Johns Hopkins Hospital, says: Many men who smoke, chew or sould incessantly, and who are seemingly healthy, are suffering from progressive organic allments. Thousands of them would never have been afficted had it not been for the use of tobacco, and thousands would soon get well if they would only stop the use of tobacco. The chief habit forming principle of tobacco is incotine, a deadly polson, which when absorbed by the system slowly affects the nerves, membranes, tissues and vital organs of the body. The harmful effect of tobacco varies and depends on circumstances. One will be afficted with general debility, others with datarch of the throat, indigestion, constipation, extreme nervousness, sieeplessness, loss of memory, lack of will-power, mental confusion, etc. Others may suffer from heart disease, bronchial trouble, hardening af the arteries, imberculosis, blindness, or even cancer or the common affliction known as tobacco heart. If you use tobacco in any form yed can easily detect the harmful effects by making the following simple tests: Read aloud one full page from abook. If in the course of reading your voice becomes muffled, hoarse and indistinct, and you must frequently clear your throat, the chances are that your throat is affected by catarrah, and it may be the beginning of more serious trouble. Next. In the morning before taking your usual

beginning of more serious trouble. Next, city under an iron-ciad money-back in the morning before taking your usual antee by all up-to-date druggists.

SAYS AGITATORS IN INDIA ARE FINANCED FROM SWITZERLAND

BRANTFORD, Nov. 28 .- That there is a central bureau with a head in Switzerland, thought to be a former member of the intelligence staff, from which funds are sent out to the agitators in Egypt, India and other so-called oppressed countries, is the opinion expressed here today by William Jessop, many will not comply with the demand

EAT AND GET THIN FRANCE AND ITALY TO RECEIVE SHIPS

This is turning an old phrase face about, but modern methods of reducing fat have made this revision possible.

If you are overfat and also averse to physical exertion: if you are likewise fond of the table and still want to reduce your excess flesh several pounds, do this: Go to your druggist (or write the Marmola Co., 864 Woodward avenue, Detrolt. Mich.), and give him (or send them) one dollar. For this modest amount of money the druggist will put you in the way of satisfying your ambition for a nice, trim, slim figure. He will hand you a large case of Marmola Prescription Tablets (compounded in accordance with the fameus Marmola Prescription), one of which you must take after each meal and at bedtime until your weight is what you desire. Marmola Prescription Tablets are not only harmless but the treatment until your weight is what you desire. Marmola Prescription Tablets are not only harmless but really beneficial to the general health. You don't need starvation diet or weakening exercise. Just go on eating what you like, leave exercising to the athletes, but take your little-tablet faithfully and without a doubt that flabby flesh will quickly take unto itself wings, leaving being its firm flesh and trim muscles.

TO RECEIVE SHIPS

Paris, Nov. 28.—Discussing the sink-ing of the German fleet in Scapa Flow and the Compensations to be obtained the compensations to be obtained in principle the demolition of the units still in the hands of the unit

GERMANY REFUSES TO MAKE GOOD FOR SCUTTLED WARSHIPS

BERLIN, Nov. 28 .- It is stated in pressed here today by William Jessop, just back from five years Y. M. C. Awork in Egypt and the Holy Land.

Egypt was not ready for self-government and the unrest was largely due to the fact that native effendis had been deprived of some privileges enjoyed under Turkish rule. The failure of the holy war by the Moslems was attributed to the direct interposition of Providence.

many will not comply with the demand of the Entente for 400,000 tons of docks, dredges and tugs, as an offset to the German warships sunk at Scapa Flow. It was indicated that Germany would stand pat on her proposition to refer the dispute to The Hague tribunal. It is claimed that Germany should not be held responsible for the acts of the marine forces at Scapa Flow.

TO RECEIVE SHIPS

Saw Resurrection of Old Religion in Clay of Trenches Gipsy Evangelist Says He Witnessed Tens of Thousands of Boys Giving Themselves To Christ in France and Flanders. [By Isabel C. Armstrong.] When nineteen or twenty London journalists asked me on my first return to England from France if a new religion was springing up in the trenches. I told them 'No, but the oid religion is having a resurrection in the trenches.' I saw tens of thousands of boys givened the incompany figure themselves to Christ in France and and Flanders and Fland

nan sitting, and you will get a seat."

never found a better bunch to work with."

mine. They are preaching the same thing."

work God wants laymen as well as parsons."

always understand the religion of deed."

and the blood; roll up our sleeves and handle things.'

"Your hymnology is bigger than your theology."

me all my time keeping them without making the eleventh."

"I'd rather have a sensation than stagnation any day."

"The boys didn't want cant, humbug, prosy sermons.

"There isn't anything secular when Jesus is in it."

"God is going to save this world by love."

'Governor, she puts Jesus in the coffee'."

enlisted under the British flag."

would treat your own sister?"

you-chin music, I guess."

SPARKS FROM GIPSY

SMITH'S ANVIL

'If you are a lady standing, get as near as possible to a real gentle-

"Stand up all you men who have served during the war. KEEP UP.

only to have been willing to serve and to die for your country, but

"I've been having a great time with the ministers in your city. 1

"Show your appreciation of this campaign by giving practical ex-

"If you want me back again, the way to make your preachers act to get me here is to stand by them when I am gone, support them as you have done me, and give them love, confidence, expectation, sym-

"I haven't much sympathy with the person who writes me, 'Our

"I'm not an ordained minister. I'm only a layman, thank God. (Claps.) I know some of you laymen say 'It's a parson's job' when you are asked to do things. I want you men to know that for the Lord's

pression to your enthusiasm. Show Gipsy Smith that you are going to

face the problem of bringing the whole world to Christ. This Forward

Movement is just a continuation of the campaign, the same thing, a

pathy, prayer. See under their preaching the same thing that is under

preacher isn't preaching the gospel.' I don't know what I should give

"The Lord knew the day He came to my gipsy tent for a messenger, when he wanted an evangelist for five continents, a voice to speak to

To teach you ecclesiastics THAT HIS CHRIST IS BIGGER THAN ANY CREED."

"Did any of you ever receive letters written on paper with a red

"'What are those rows of crosses at the bottom of the letter,"

"Men can't always understand the religion of word; but they can

"We've got to get down off our religious pedestal into the mud

"When I got back to London from France, nineteen or twenty jour-

"If you want a preacher to preach, you be in your pew when he

"The journalists asked me if a new religion was springing up in the trenches. I replied, 'No, but the old religion is having a resur

"The boys were not irreligious. I don't say they were Christian but the fundamental things they had heard from mothers, Sunday school teachers, preachers, pastors—the things they had learned at home were in the blood of the British boys when they were over there."

"Someone asked me the other day, 'Gipsy Smith, is it sinful to do

this?' I said, 'My man, there are ten commandments, and it takes

"The only difference between a rut and a grave is the depth.

to get to a 'thirdly' the boys would have been over the top of the trenches. I had to be a sharpshooter to get in where I could." "While a titled English lady, paying her own expenses in France was pouring out hot coffee for the boys just out of the trenches, one of those people whom I call 'God's awkward squad' came up and said,

"Thirty thousand American boys crossed to the Canadian side and

"How are some of you men treating your little stenographer in the office when no one else is there? With as marked respect as you

"I don't trust the Germans now. When I go to the funeral of mule I want to stand at the head. I'll forgive the Germans when they repent. They have shown no signs of it yet."

"I saw tens of thousands of boys give themselves to Christ in France and Flanders, and 500,000 signed the war roll to live for Jesus Christ."

A boy standing near said,

alists were waiting to interview me. They asked me if the boys were

irreligious. I told them, 'Less irreligious than you are at home."

asked the boy, who insisted I should read the letter he had received

from his sweetheart, because there was something about me in it. 'Barbed wire entanglements,' he said. I had the time of my life with

"God doesn't want 'sticks,' even 'ecclesias-sticks'."

those boys. You could do anything with a boy like that."

triangle on it? Hands up. Thanks! I hope you paid for it.

Why didn't He go to the theological colleges and ecclesiastics?

didn't say 'Dismiss.' (Laughter.) I'll put you in the guard-room

God bless you. We can never get out of the debt we owe you, never

repay you. We will love you always and pray for you. We want you

to live for her and serve her. You can only do this as you love God."

bug or long sermons. The evangelist had to be a sharp-shooter sometimes to get his chance. But they did understand a religion

A man sought him after the service, a man of 41 who wept aloud in his agony of remorse and repentance. He had written to his mother to whom he brought great sorrow for the first time

Portrays Heroic Side.

While the grim side of the war inevitably appeared, it was the heroic side, the courageous side, the unselfish, sacrificing side, the dauntlessly cheerful side that Gipsy Smith portrayed as he told of how Christ was found in Flanders and France by tens of thousands of gallant lads who laid down their lives or served amid the blood their lives or served amid the blood and mud that the race might be safe and live.

"Are you worthy?" was the question left with London's audience of thou-

THROW OUT FAULTS LIKE SANDBAGS, TO ASCEND TO MAKER

Soul Cannot Rise With Too Heavy Load, Declares Gipsy.

WALK LONESOME PATH

People May Say "Peculiar" or "Eccentric" To Those Who Obey Lord.

"Throw out your sand bags like the man in the balloon, so that you may Like I Did Mine" - Says go up. For the balloon to soar high is necessary to throw out some of the sand bags. You know what your sand bags are-your faults, so to speak, for with the many sand bags that for with the many sand bags that some of you carry you cannot rise to your Maker." This was Gipsy Smith's command to his large audience at the afternoon meeting in St. Andrew's Church yesterday.

"Do you ever ask God, like Saul did, what he would have you do? There are your down they. In

very few who can say you have. the thing that God might tell you the thing that God might tell you to do, you perhaps would have to walk through the world alone to accomplish it. People will say that you are peculiar or eccentric, but never mind, obey the Lord's command. He never says to any one person, 'Well done,' if you have not done well.

Obedient to Word.

"You have to be obedient unto his word. Where would the epistles of Paul have been if he had not been obedient?" asked Gipsy. "Why, we simply would have never had his matchless word to read, those stories of his missionary travels, the most

The boys didn't want cant and huming or long sermons. The evangelist and to be a sharp-shooter sometimes to get his chance.

But they did understand a religion of deeds, and that was the gospel that could reach them.

Gipsy himself and his assistants during the afternoon.

Gipsy Smith asked the parents of children present to endeavor to send their children to the special young people's meeting to be held in the armories tomorrow afternoon at 3 o'clack.

armories tomorrow afternoon at 3 o'clock.

"You will trust your children to go to school, and won't you trust them for one afternoon with me?" This was the appeal made by Gipsy to all mothers of young people between the ages of 12 and 25. He said he mentioned these ages because he thought the young people of such an age had reached years of discretion and would understand.

PEOPLE ARE TAUGHT TO AVOID ACCIDENTS VIA MOVIE FILMS

First Ontario Safety League Showing in Chesley Ave. School.

It told them 'No, but the old religion is having a resurrection in the temches."

"I saw tans of thousands of boost give themselves to Christ. Torus and Planders, and 590,000 stigned the war roll to live for Jesus Christ. Torus of the control of

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RILUMATISM

Pastor Reed-Wife Also Rid of Neuritis.

Suffered Tortures For Years-Now Telling Good News to Others



mother, to whom he had been a scape-grace for many years." Glpsy Smith told the story with more details, and there were few dry eyes in the large congregation.

Apostle Paul.

Rev. W. J. Knox for fifteen minutes prior to Gipsy Smith's address spoke on the Apostle Paul, and likened him to persons of today. He warned those present not to let the mission of Gipsy Smith last a week or two, but to let it sink into their memory and hearts and make themselves more worthy in the sight of an all-loving Father. Some beautiful sacred solos were sung by

NOTE: The Inner Mysteries of Rheumantism arrangements for the concert.

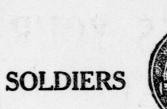
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TORONTO FAT STOCK SHOW.

All cattle lovers should reserve the dates of Thursday and Friday December 11 and 12, in order to visit the Fat Stock Show, which will be held at the Union Stock Yards. West Toronto. The show this year will be one of the best who sends name and address to H. P. Clearwater, Nineteenth street, Hallowell, will receive it by mail, postage paid, and absolutely free. Send now, lest you forget the address! If not a sufferer, cut out this explanation and hand to some afflicted friends.



SAILORS

In the many little difficulties you will naturally encounter in getting settled down into civilian life, after discharge from the Service, we are willing, ready and able to help you, absolutely free of charge. For this purpose we have formed a

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certified by a Justice of the Peace. Remember that, regardless of your race and creed, you have friends in the

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> There are five simple ways to tell good tea.

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Fourth, by the satisfying rich-

Fifth, by the economical strength.

Make a brewing and you will find all these qualities combined in Red Rose.



LACK OF REST

worry, over-work or imperfect nourishment, all in a measure contribute to and are the beginnings of nervous prostration.

general health by nourishing the whole body. Give less attention to worry; enjoy regular rest and take Scott's En supply would have never had his matchies word to read, those stories would not one that the whole body. Give supply would have never had his matchies word to read, those stories would not one that the whole body. Give supply would have never had his matchies word to read, those stories would not one that the whole body. Give general health by nourishing the whole body. Give and take scott's emulsion regularly after meals. God; follow on his steps; help other through your good work and rou will aday in every year to come. Don't be one of those who get a little bid and so the preacher with your did that the preacher with your did the with the preacher with your did that the preacher with your did the story with more details, and there your details the your w

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