# Daily Magazine Page for Everybody

Secrets of Health and Happiness

# Why Baby's Training Should Begin at Moment of Birth

By DR. LEONARD KEENE HIRSHBERG, A. B., M. A., M. D. (Johns Hopkins University.)



Sneezing seems to be about the earliest response of the infant to world reallities.

Yawning was recorded twice by Miss Margaret Gray Blanton within five minutes after the youngster was born.
In the course of a child's birth, the cry, which takes in air and expands

Max H. Q.—Will you kindly let me know if there is any drug or medicine that can be given to take away the desire for liquor? m one minute to twenty minutes the infant is born, sneezing, From one minute to twenty minutes after the infant is born, sneezing, yawning, real tears, sucking, fixing the eyes on light, putting the thumb into the mouth, jumping to loud sounds, grasping the tiny fist, crying, puckering the mouth and pulling down its corners, turning the head to get air when placed on its face, and the cry of anger are only a few of the muscle actions are only a few of the muscle actions directly answering definite impressions. praced on its face, and the cry of anger are only a few of the muscle actions directly answering definite impressions.

The perfection with which the baby is endowed by inheritance or instinct to these and many other sensations explains why children form heipfully good or troublesome bad habits within a few minutes or a few hours after birth. It is the impression they learn to expect in the first hours of life, which make them a comfort or a trouble, spoiled or unspolled.

The Simple Reason.

If during the first hour of its birth the little one receives certain returns when it cries, such as one's firm arms or rocking it thereafter.

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If during the first hour of its birth the little one receives certain returns when it cries, such as one's firm arms or rocking, it thereafter demands to be bloked up and petted, and so is picked up and petted, and so is spoiled.

The responses of the child during the first day, week and mouth to the pressure, warmth, support or what not, makes an impression that is linked up in a chain called a habit. It is almost impossible thereafter to break up that impossible for the ear to close up from a cold?

A.—It is very possible for the ear to his customers, begging them to discover the first day, week and mouth to the pressure and the first day, week and mouth to the pressure, warmth, support or what not, your doctor about application.

ALMA—Q.—Is it possible for one's ear to close up from a cold?

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A.—It is possible for one's ear to close up from a cold?

A.—It is very possible for the ear to close up from a cold unless an ear and the counter—thinks I, that man had an axe to grind.—Who'll Turn Grind at the counter—thinks I. It is the pressure and the counter—thinks I into the rection of an infusion of quassia.

A.—It is very possible for one's ear to close up from a cold?

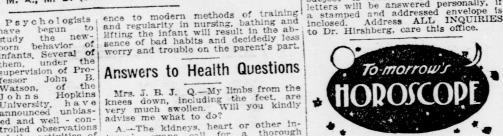
A.—It is very possible for the ear to close up from a cold unless an ear and the counter—thinks I. The standard and throwing half his good on the counter—thinks I. It is the rection of an axe to grind.—Who'll Turn Grind and the counter—thinks I. The counter—t

B. M.-Q.-What can I use to prevent my children from getting measles?

A.—Measles are sometimes prevented by washing the eyes with borle acid water and the nose and throat with alkaline antiseptic solution every four terms.

hours. It is contagious in all stages. Dr. Hirshberg will answer questions for readers of this paper on medical, hygienic and sanitation subjects that are of general interest. He cannot always undertake to prescribe or offer advice for individual cases. Where the subject is not of general interest letters will be answered personally, if a stamped and addressed envelope is inclosed. Address ALL INQUIRIES to Dr. Hirshberg, care this office.

ecialist attends to it when the trouble



By Genevieve Kemble

In the course of a child's birth, the cry, which takes in air and expands the lungs for the first time is rarely spontaneous. Most frequently the doctor or the nurse must spank, rub or slap the back and buttocks of the little one the instant it sees light. This birth cry may range from a weak staccato A to a raucous noisy G.

The First "Tricks."

Your nands in giverine and systems and the selves, seeking promotion, preferment, honors and increase of salary. Others may ask favors of those in high places with security. There is some danger of recklessness, quarrels, litigation and extravagance through Mars in affliction. Bicarbonate of soda ...10 grains Bismuth subnitrate ...5 grains

The First "Tricks."

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customers, begging them to taste e brandy and throwing half his good an axe to grind .- Who'll Turn Grind

M. G. Q .- Please tell me how to get

For Your Soldier!

APRIL FOOL

By Will Nies



This morning Marianne and Lyner Book the normal waisline and austicing the ward gring the warding the possersby, who looked water morning the morning the possersby, who looked water morning the morning the possersby, who looked the morning that the possersby who looked water morning the possersby, who looked the morning that the possersby who looked that the frock was such that the frock was excepting the possersby who looked that the frock was excepting the possersby who looked the morning that the possersby who looked that the frock was excepting the possersby who looked that the frock was excepting the possersby who looked that the frock was the morning that the frock was excepting the possersby who looked the morning that the possersby who looked that the frock was the morning that the possersby who looked that the frock was excepting the possersby who looked that the frock was excepting the possersby who looked the possersby who looked that the frock was the hours of water that the frock was excepting the possersby who looked that the frock was excepting the possersby who looked that the frock was excepting the possersby who looked that the frock was excepting the possersby who looked that the frock was excepting the possersby who looked that the frock was excepting the possersby who looked that the frock was excepting the possersby who looked that the frock was excepting the possersby who looked that the frock was excepting the possersby who look

ADELE GARRISON'S NEW

REVELATIONS OF A WIFE

Why Madge Set About Memorizing What Drake Wrote,

ting room,
"Claire, you remember the blue serge frock we tried on you several days ago, the one with the bodice made quite like an Eton jacket, don't you? Miss Collins will be here with it in a minute, and I want you to show Miss Livingstone how

want you to show Miss Livingstone how smart it is
"She wants something 'different' for street wear, being thred of spring suits and top coats. There's nothing more effective to my mind, than a jaset frock. I think she will have the same opinion when she sees this model on

ou."
Miss Collins helped me into the frock;
hen Madame sent her to Marcelle for a
cood-looking walking hat.
There had been a lot done to the
scket frock since the day I tried it on;
I fact, it was ready for the finishing
nucles Madame had combined blue French serge with faille of the same tone. The slue was between the shade known as 'Belgian' and that called "Liberty." In lesigning the frock she used the silk hapever it was nossible in order to esigning the frock she used the slik thenever it was possible in order to make four yards of the worsted ma-erial sufficient. The bodice consists of an Eton jacket of serge worn over a vest of the faille. The long sleeves, also of serge, are ather snugly fitted, and have "hour-tlass" cuffs of faille with picot edges. A narrow band of the faille is tied about the centre of each cuff, ending in a tiny

Asks What Do You Seal in Your Letters? Copyright, 1918, by Newspaper Feature Service, Inc.

Where Fishermen Have Their Ships Blessed Each Time They



together, my dear friend and I! Ordid they put on the nice tan-colored cloth that is the latest artistic fad?

What Comes From Yours.

What did they talk about at the table? Me. I hope. Don't you love to have people talk about you, when they say kind and loving things!

All my faults and failings, all my follies and mistakes, all my careless crueities and stubborn ways—I don't mind a bit, so long as the people who speak of them love me a little—in spits of them.

I don't like people to pretend they think me perfect, do you? There's always something so unreal about it. Give me an honest friend, with a frank tongue and a ready laugh and a warm

always something so unreal about it. Give me an honest friend, with a frank tongue and a ready laugh and a warm heart, and I'll face the world and everything in it without a tremor, wouldn't you?

So they had corn bread and milk for lunch, did they? That was just like them, so simple and unpretending, and so good and wholesome. I think I'll have some corn bread and milk tonight, instead of dinner. It would be a change, and do me good.

Letters, letters—how careful we ought to be what we seal up in them, for when the seal is broken out pon all the sorrows and grievances, and angers and hurts and discouragements, like so many dark arrows, or, out fly cheer and friendship and affection.

There they lie in a neat little pile, the letters—I wonder what I shall find when I open them?

Good Night

Ministrated by Greelle. HOW MARGIE APRIL-FOOLED HER

MAMMA. Margle was pouting because mamma had asked her to stay home from school o mind the baby while she went down-

town to business. "That's always the way!" exclaimed Margie, almost in tears. "And we'd planned on such a good time at school. What fun can I have staying in the house on April Fool's day? There's no one to fool. baby doesn't know enough understand a joke if you'd play it

on him!"
"Ha! Ha! Ha!" laughed e merry
voice, and Squeedee hopped out from the
fireplace and stood before Margle. "Don't
let that worry you."
"But there's no one to fool, and the



The eagerness and the reverence with which the followers of the sea in all lands follow their religious heliefs is one of the fine things that one can think of to say about the sea and those who it is say about the sea and those who wrest their living from the waters. Superstitious as many—indeed, as most—saliors are, they cling to the religion taught them in their youth, and strive to live up to it with fine faith. Those who like to find material reason for everything, while with its constant reminders that there is a power greater than that o men upon the face of the waters, is the underlying reason for the sailor's constancy to his beliefs. However this may be, it is true that where men "go down to the sea in things above men's powers, and a deep reverence for religion.

For example, our illustration shows the blessing of a fishing boat that sails from a port of Brittany "somewhere in the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned safe home sound go some the sailed and have returned saf

Seal in Your Letters?

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and so I wrote to say: 'Hello, I like you.''

That was all. But the sun shone again, and my heart began to sing. I could just see them sitting at the little round table in the long, low living room. Did they set it in front of the fire, I wonder, or by the window? And which dishes did they use, the blue and white or the yellow ones?

Or—did they lay the table with the little blue and white cloth that came from Chinatown in San Francisco? What fun we had the day we bought it into the kitchen with Margle at her heefs.

"April fool!" cried Margle, jumping up and down, 'You don't have to get the dinner, I cooked it!"

"Well, I may be an aday of jokes on me. But I'm glad they were such lovely ones."

Then Daddy pulled out a big box and handed it to Margle, Now, Margle wouldn't open that box for fear of being fooled, so mamma opened it, and there was a nice toox of candy and a great big doll for Margle.

"That's the time I fooled rout" laughed Daddy, as Margle gathered up the new dolly.

"Well, I never had a micer April Fool's day in my life!" cried Margle.

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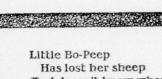
The Daddy pulled out a big box and handed it to Margle, Now, Margle wouldn't open that box for fear of being fooled, so mamma opened it, and there was a nice fook of the time I fooled wouldn't open that box for fear of being fooled, so mamma opened it.

"That's the kitchen with Margle and down.

"The Daddy pulled out a big box and handed it to Margle, Now, Margle and the property ones."

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"Infants-Delight" Will make you bright, So dry up your tears-Don't mind them.



PURE white soap of exquisite quality, borated to soften the water and penetrate the pores of the skin. Fragrant and refreshing. Conveniently curved to the hand. Send us three of these ads-all different-for beautiful Mother Goose Book in colors.

Why Madge Sot About Memorising What Drake Wrote.

I was surprised at the strength of the resentment 1 felt coward Albain praise when the covered and the stream of the company of the country of the coun

And doesn't know where To find them.

Infants-Delight TOILET SOAP

JOHN TAYLOR & CO., Limited,

After every

Teeth, breath, appe-

tite and digestion all

benefit from it. Thirst

and fatigue fade away.

Pluck returns by its magic aid.

"Bless the girl!

She never forgets

to keep me well

stocked with

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Made in Canada

Lasts

The

Flavour