With the weapon of pure air.

If your school-room is not scientifically ventilated, raise the lower sash of the windows and set in a narrow board. This will give a steady current without a dangerous draught. Change the air of the room every half hour by throwing open windows and doors for a moment. Do not remain in the school house at noon. Ventilate your bedroom. Wear loose clothing to insure deep breathing. Engage in the study of some subject of natural science, as geology, botany, or astronomy, so as to be in the open air as much as possible after school hours, and I am sure you will become healthier and better men and women.

Halifax, N. S.

I. M. C.

[OXYGEN.—English authorities, at the late health exhibition in London, recommended 800 cubic feet of fresh air per hour for each pupil as a minimum. If possible it should be 1,000 cubic feet. Proper ventilation in winter time is one of the most difficult things to secure in this country.—ED.

## SCHOOL AND COLLEGE.

Convocation, at the Dalhousie College, N. S., was on the 18th, when the inaugural was delivered by Prof. Seth: "Philosophy the Science of Sciences." \$9,400.00 were won at the entrance examinations, as follows: Exhibitions, \$400 each.—(Senior, entering 3rd year), 1st, Laird, P. E. I.; 2nd, Frazee, Dartmouth, N. S.; 3rd, Henry, Shubenacadie, N. S.; 4th, Putnam, Onslow, N.S.; 5th, Fulton, Stewiacke, N. S. (Junior, entering 1st year), 1st, Magee, Digby, N.S.; 2nd, Creighton, West River, N. S.; 3rd, Moore, Salisbury, N. B.; 4th, Brehaut, P. E. I.; 5th, MacMillan, P. E. I. Bursaries, \$300 each.—(Senior), 1st Brown, N. S.; 2nd, Fraser, Halifax; 3rd, Macdonald, Hopewell, N. S.; 4th, Fraser, West River Station, N. S.; 5th, Harvey, Hants, N. S.; 6th, Davison, Halifax; 7th, Allison, Halifax; 8th, Burkett, Kentville, N. S. (Junior), 1st, Murray, P. E. I.; 2nd, Macrae, St. John, N. B.; 3rd, Tupper, New Glasgow, N. S.; 4th, Oliver, Digby, N. S.; 5th, Robertson, P. E. L; 6th, Robinson, Pictou; 7th, McLean, Hopewell, N. S.; 8th, Jordan, P. E. I.; 9th, Turnbull, Digby; 10th, McMillan, Cape Breton. A larger number than ever before matriculated.

At the opening convocation of King's College, Windsor, Professor Hammond presented Rev. H. A. Harley, B. A. for his M. A., which was conferred by President Brock. Mr. John Medley Withycombe, of Trinity, Newfoundland, winner of the Almon-Welsford prize, read a Latin oration in praise of Major Welsford, the hero of Redan. The Stevenson scholar-

ships were won by Mr. S. W. Symonds, Halifax, and Mr. J. M. Withycombe.

We have received the Catalogue of St. Francis Xavier College and Academy, Antigonish, N. S. It has a staff of seven professors. In 1880 a new wing was built at a cost of \$11,000. Still later, His Lordship Bishop Cameron raised from the people of his diocese \$21,155 to form an endowment. Its library is yearly increasing, as well as its physical and chemical apparatus. Seventy-five students have been enrolled during the year. The college year opened September 6th. All Nova Scotian colleges, we observe, are approximating this season for the commencement of the academic year. If the process of natural selection were allowed to come into free operation, our academies and common schools would also fall into the same lines, parallel with those of our natural conditions. The advantages are so great that the colleges are moving, although it necessitates the disjointing of the university work from that of the lower schools. Rev. Dr. McNeill, the President of St. Francis Xavier, completed his education in France and Italy, and is eminent as a scientific, as well as a linguistic and literary scholar.

The kindergarten movement at Truro, N. S., which has apparently followed the powerful appeal made first by Mrs. H. Condon, before the Alumni Association of the Provincial Normal School, last summer, is rapidly assuming a definite form. We understand that a first-class kindergartner from St. Louis-" one who can train"-is in view. An outfit has already been procured on very liberal terms from Selby & Co., Toronto. Thirty pupils are enrolled. The institution is intended to be a first-class one, carrying out Frœbel's idea without regard to cost, and therefore something which has not been attempted hitherto in these provinces. While the people of Truro enjoy great educational privileges as the gift of the province, they acknowledge their appreciation of the situation, we understand, by a generous desire to contribute from their own means for the advancement of educational reform. For the benefit of many of our teachers, we shall endeavor to supply short notes on the kindergarten methods from time to time.

We have received the Register of the School of Agriculture, Truro, N. S., for 1886-7. It is under the direction of Professor Hermon W. Smith, B. Sc., (Cornell). During the coming season it is proposed to invite leading farmers from different parts of the Province to come and lecture to the students upon those particular branches in which they have been pre-eminently successful, as dairying, fruit-growing,