KINDNESS

When we look at a root and know its kind we easily know what should be its development, since it follows as a natural consequence. In this same way when we go to the root of a word, there is a logical development in the application that belongs to it. This is easily seen in the word which describes or defines the virtue which we term kindness. As we are all children of God the Creator, we are kind to one another in the spiritual order, and as offspring of the same first parents, Adam and Eve, we are equally kin to the natural order.

Kindness is the acknowledgment of this kinship among men and the expression of the goodness and the benignity which it suggests. When it includes all men, then only is kindness complete and perfect. It is this virtue which our Lord inculcated when He said we are to love our neighbors as ourselves, and which St. Paul exemplified when he said he became all things to all men-the sameness of origin, the sameness of consideration and kindness to one another, during our sojourning in life and our way to eternity.

But how different is the practice from the rule! Some are faithful to their duty in this respect, many are not, and these last are by far the larger number. Why is this? It is because men lose sight of their common origin or are unfaithful to the uniform kindness which it suggests. We see men very inconsiderate and unkind towards one another. By word and act they make life bitter and sorrowful for their fellow men, so that we hear the poet's complaint, "Man's inhumanity to man make countless thousands mourn."

Against this evil we have the cominjunction of the apostle, wherein he act out his words in deeds. One often says, "Brethren, put ye on, as the elect of God, holy and beloved, the poor and suffering, but often the in- variation the simple methods of the bowels of mercy, benignity, humility, sincerity and hollowness of these pro- French monk of eight centuries ago. modesty, patience, bearing with one another and forgiving one another," which is all comprised under the generic term, kindness. The source of kindness is the heart, the centre of feeling, the organ of affection; and so them. There are many opportunities or cartoons are made, the exact size of it is to the heart that God appeals given every one for performing deeds the desired window. One cartoon shows when He asks us to receive His words of kindness, and these should be em- where the leads will be placed, the thin in a good and perfect heart and bear braced and profited by to the good of strips of lead, hollowed on both sides fruit in patience, and the burden of His one's own soul and the souls of his and looking in a transverse section like words are summed up in the law of brethren. love-love for God and love for our neighbor.

"Kind hearts are coronets," as some-Heart of Christ His Son, and draws its well-being of all. inspiration and life from His grace. Such was David's heart, the Royal Psalmist, of whom Holy writ says: "He was a man after God's own heart," and such were the hearts of all His supply it, outside of the goodness and each paper pattern on the easel by a the sale of property listed exclusively

hearts, for "Out of the fullness of the heart the mouth speaketh." If any man offend not in word the same is a perfect man, says Holy Writ; and St. remains the hope and the possibility tent this stained glass is supplemented James bids us bridle the tongue, lest that through the mercy of God and the by painted glass, on which the colors it become a universe of evils. Kind aid of the better off, they will soon pass are fired as in china painting. When words are like ministering angels, away. Let the virtue of kindness, then, all the pieces have been cut they are quietly doing their work of love and fill every Christian heart. It is the transferred to the "leading" drawing, mercy, such as comforting the sorrowful, guiding the doubting, recalling the erring, restraining the violent, pacifying the quarrelsome and re-uniting that unites man to his God and brings those apart. Speak gently, speak kindly, "for the good that it may do, eternity blessings. Let us cultivate the virtue it is made secure by copper wires alone will tell."



Was In Untold Misery.

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I should have written before now about that precious Pastor Koenig's Nerve Tonic, but I thought I would first see what effect it would I have used only one bottle this time and am happy to state that I have improved wonder fully. I was not able to leave my bed and could not sleep nor eat, and was in untold misery. Now I can sleep the whole night and am feeling better, and getting stronger every day. Had it not becafer my faith in Pastor Koenig's

Nerve Tonic my life would be too much to bear for the last while, but having used it before I know its value too well to doubt the God-sent relief it brings. Would the the world knew more about it, for it is just wonderful.

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hearts and the proof of the sincerity of mand of God as given us through the kind words as far as it lies in one to hears professions of sympathy for the glass maker follows without important fessions are seen in the neglecting to The first requisite is the design. The relieve the same when it is in one's artist makes a small water color sketch power. "Deeds speak louder than to show the general design and color words," and should be done by those scheme, accompanying it with detailed who have it in their power to perform studies. From this two large drawings

It will be easy to be kind if one remembers and strives to live up to the golden rule, for charity includes kindone has poetically said, for they add ness of every kind. Our interests are a royal dignity to those who possess interdependent. No man can say he them. In such a heart there is no is self sufficient and that he can stand guile, all is simplicity and candor, be- by himself alone, and in this view we see cause it is united with the perfect how the practice of the virtue of kindspirit of God, as exemplified in the ness is necessary to the happiness and

It is the poorer and humbler classes that most need kindness, and yet the rich and affluent have need of it too. It is a human need and man alone can exercise of kindness helps to make the cut from a sheet of glass of the color call-Kind words are the outcome of kind rich and poor contented. It equalizes and makes tolerable all stations.

> transitory. If they are trying there provements. To a greater or less exof kindness and practise it to all, for kindness will show that we are preparing to go to the one Father of all in heaven, since as brothers we love His faithful children on earth.—Bishop Colton in "Catholic Union and Times."

A "Wheezy" Chest.

Means your trouble is deep seated. To delay is dangerous. All the inflammation will be drawn out in one day by applying Nerviline. It penetrates through the pores of the skin, relieves inflammation and thus prevents serious consequences. For sore throat, weak chest and tendency to colds, no prescription is better than Polson's Nerviline. For nearly fifty years it been Canada's great household remedy. Twenty-five cents buys a large bottle.

Little Tommy was very quiet during the first courses, and every one forgot he was there. As the dessert was being served, however, the host told a funny

When he had finished and the laughter had died away, his little son exclaimed delightedly, "Now, papa, tell the other one.'

STAINED GLASS WORK

The 20th century American stained the letter H, which form the framework to bind the pieces of glass together. Another drawing gives the size and shape of each piece of glass. This cartoon is cut into its component pieces by a pair (or triplet) of three bladed scissors, which leave between their parallel blades a space sufficient for the leads. These cut out patterns are put together again on a large glass easel to which they are attached by wax, and the spaces between are blocked in to give the effect of the leads. The easel is then placed against a window where the light can stream through it. The artist or his substitute replaces saints, because one in heart and mind kindness that comes from God. The piece of glass of exactly the same size with us. ed for by the color sketch. The sketch is not followed exactly; experiment The latter are only temporary and with the actual glass will suggest im- Phone 1557 golden link that can bind men together the flexible leads are twisted into shape and hold them in peace and union with and soldered at the joints and a special one another. It is the mighty chain cement applied to make the whole water tight. The window is now comdown upon him His choicest favors and plete, ready to be put in position where fastened to the transverse bars of iron. -Home Journal and News.

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