



and breaking the cocoan nuts, she prepared to fall down and worship the dreaded creature, as it looked forth from its dark and silent retreat. I would here mention, that we found this to be a frequent practice among the lower classes of the people." —*Juvenile Messenger.*

SABBATH EXERCISES.

For January 18th.

Prove the blessedness of those who hunger and thirst after righteousness—*MATT. v. 6.*

Whom God justifies He always sanctifies. So soon as a sinner washes away his sins in the fountain of "the blood of Jesus Christ, God's Son, which cleanseth us from all sin," he also begins to experience that renewing which is the work of the Holy Ghost. Ardent desires after all that is good and well-pleasing in the sight of God, active efforts to promote personal, social, and universal holiness; in short, ceaseless aspirations, after entire conformity to the image of Christ, will characterize the individual who is born from above. We are reminded of this in the beautiful connection of the fourth of the beatitudes, with those of humility, contrition, and meekness preceding.

PROOF 1st—*PSALM XVII, 15.* 2nd—*PSALM CVII, 9.* 3rd—*ISAIAH LV, 1-3.* 4th—*JOHN IV, xiv.* 5th—*REV. VII, 16.*