

insistent. Sooner or later every physician has this problem to solve. The trouble is it doesn't stay solved. The long-looked for hay fever specific has not yet arrived.

Undoubtedly the most successful way to treat hay fever is to send the patient where he will not be exposed to the particular pollen to which he may be susceptible—to prescribe a sea voyage, for instance, or a change of climate. In this manner temporary immunity, at least, is obtainable. Unfortunately very few patients, comparatively, have at their disposal the necessary time and means for travel. In nineteen cases out of twenty the physician must fight the intractable disease with such weapons as pharmacology and pharmacy have placed in his hands.

Of the remedial agents in the possession of the medical profession the suprarenal substance has proved itself by far the most efficient. While not attaining to the dignity of a specific, it is at least a satisfactory palliative. It successfully antagonizes the symptoms of the disorder, and gives the patient a temporary comfort that is not to be despised. It is probably best used in the forms of adrenalin chloride solution, adrenalin inhalant, and anesthene cream.

The two preparations first named—the former diluted with four to five times its volume of physiological salt solution, the latter with three or four times its volume of olive oil—are sprayed into the nares and pharynx. Any good atomizer that is adapted to oily or aqueous liquids (preferably, however, one that throws a fine spray) may be used. As to the comparative value of the preparations for the purpose named, it may be said that the solution "takes hold" more promptly, while the astringent effect of the inhalant is more lasting.

Anesthene Cream is a much newer product, having been introduced to the profession, if we mistake not, in the early months of 1910. Nevertheless, it made a great record for itself during the hay fever season of last year. Few medicinal preparations, indeed, make their debut so auspiciously. The formula came from a prominent practitioner of The Hague, Holland, and combines adrenalin chloride and para-amido-ethylbenzoate in a bland oil base. Right here some reader may enquire: "What is Para-amido-ethylbenzoate?" Ask Parke, Davis & Co. They have printed matter which answers this very question. Write for it. Write the company, too, for its literature on hay fever, addressing your request to the home offices in Walkerville, Ont., and mentioning this journal. You will get some useful and interesting information.

---

### RELIEF IN NEURALGIA AND GIRDLE PAIN.

The efficiency of antikamnia tablets in neuralgia is beyond dispute, and is well illustrated by the following case: An old nurse who had suf-