

Our Canadian Poets.

THE BEAUTIFUL LAND BY THE SEA.

FAR away in the West there's a beautiful land,
 And it lies by the shore of the sea,
 And spirits have flown to that region unknown,
 To welcome and wait you and me.

And all the way there we will travel with care,
 Nor the frost nor the rain shall you see,
 For the angel of sleep will come with us and keep
 The fair weather for you and me.

And the region of dreams, which with wond'rous forms teems,
 Shall be travelled by you and me,
 Ere we see the far light of the waves day and night
 In that beautiful land by the sea.

But when we, unwearied, have reached it at last,
 What shall we do there? Let me see:
 We will build us a home of the starlight and foam
 In our beautiful land by the sea.

And ev'ry sweet smell that in summer doth dwell,
 And ev'ry fair flower of the lea
 Shall be wasted no more, as in seasons of yore,
 In our beautiful land by the sea.

For the music which flows from the wide open rose
 With the lily's voice blended will be,
 And with us will come to inhabit our home
 In our beautiful land by the sea.

And ev'ry fair thing, which the ocean can bring,
 Shall be wafted for you and me
 By the waves and the winds till a harbor it finds
 In our beautiful land by the sea.

And the ocean shall flow, and time come and go,
 And ages on ages shall flee,
 And bear to the glooms of the spotless tombs
 The dust of the slave and the free.

But the footsteps and breath of malevolent death
 Shall be shorn e'er they reach you and me,
 Of their ailments unclean and corruptions obscene,
 In the beautiful isle of the sea.

—CHARLES MAIR.

GOOD HEALTH, published by Alexander Moore, 21 Franklin street, Boston, has a similar aim to our own:—"the improvement in human health—the lengthening out of human life." Its articles are well written, chiefly by medical men; and if the future numbers are equal to the one for February, it will certainly deserve success.

THE HERALD OF HEALTH (Wood & Holbrook, 15 Laight street, N. Y.) has more of a tendency to general literature; poems, tales and articles by some of the best American writers fill its pages, and make it more interesting to some than if it were exclusively sanitary. Both of these magazines are \$2 monthlies. We will supply the *Herald* and our *JOURNAL* to any who may desire them, for \$1.50.