



FIGURE I.

Mode of progression adopted by a boy having paralysis from anterior poliomyelitis.

his muscles to the accomplishment of purposeful actions. The youth who purposes to enter contests demanding great and prolonged effort is examined to ascertain whether he is "fit." If it be found that after moderate exertion his pulse goes above one hundred, or if in other ways he betrays a lack of well-rounded physical competency, he is sent back to practise where he may