

WORRY.—It is not work that kills a man; it is worry. Work is healthy; you can not put more on a man than he can bear. It is not the revolution that destroys the machinery, but the friction.

AFFLICTIONS.—We do not consider that often-times afflictions are but the stones attached to the divers, so that they may descend into the deep and rise again enriched with costly pearls.

WHOM TO DISTRUST.—Distrust all those who love you extremely on a very slight acquaintance, and without any visible reason. Be upon your guard, too, against those who confess, as their weaknesses, all the cardinal virtues.

CIRCUMSTANCES either command or are commanded. They form the character of the feeble; they minister to the purposes and ultimate happiness of the strong.

WOMEN'S TALK.—Women are better talkers than men, because they usually read much less, and do most of their thinking in conversation.

WISE MEN AND FOOLS.—The wise man is happy when he gains his own approbation, the fool when he gains that of others.

NEVER buy what is useless because it is cheap,
As you sow in the spring, in the autumn you'll reap.

TWO IMPORTANT OBJECTS.—The discovery of what is true, and the practice of what is good, are the two most important objects of life.

Not much eating gives strength, but digesting our food;
So knowledge is power for evil or good.

WHAT GIRLS SHOULD BE LIKE.—Girls should be like the flowers that adorn them—pure to the sight and sweet in memory.

COURTESY.—Some one truly says that we must be as courteous to a man as we are to a picture, which we are willing to give the advantage of a good light.

PLEASANT THOUGHTS.—The pleasantest things in the world are pleasant thoughts, and the greatest art in life is to have as many of them as possible.

He that good thinketh good may do,
And God may help him thereunto;
For was never good work wrought
Without beginning of good thought.

MISFORTUNE.—There is an instinct in the heart of man which makes him fear a cloudless happiness. It seems to him that he owes to misfortune a tithe of his life, and that which he does not pay bears interest, is amassed, and largely swells a debt which sooner or later he must acquit.

PRINCIPLE.—A man that puts himself on the ground of moral principle, if the whole would be against him, is mightier than all. Never be afraid of being in minorities, so that minorities are based upon principles.

THE ENJOYMENT OF REMEMBERING.—It is often debated which is the most enjoyable—the anticipation of a pleasure or its realization; but the power of recalling, mellowed and hallowed by the lapse of time, is more potent than either.

SHORTNESS OF TIME.—We all of us complain of the shortness of time, and yet have much more than we know what to do with. Our lives are spent either in doing nothing at all, or in doing nothing to the purpose, or in doing nothing that we ought to do. We are always complaining that our days are few, and acting as though there would be no end of them.

DIFFERENCE BETWEEN MODESTY AND ASSUMPTION.—The modest deportment of those who are truly wise, when contrasted with the assuming air of the young and ignorant, may be compared to the different appearance of wheat, which, while its ear is empty, holds up its head proudly; but as soon as it is filled with grain, bends modestly down and withdraws from observation.

DAY AND NIGHT.—Day, panting with heat and laden with a thousand cares, toils onward like a beast of burden; but night—calm, silent, holy night—is a ministering angel that cools with its dewy breath the toil-heated brow.

The more we study human nature, the less we think of men, the more of man.

COURAGE.—Courage consists, not in overlooking danger, but in seeing it and conquering it.

POVERTY.—The poor are only those who feel poor, and poverty consists in feeling poor.

JUSTICE.—As to be perfectly just is an attribute of the divine nature, to be so to the utmost of his abilities is the glory of man.

SWEARING.—Swearing in conversation indicates a perpetual distrust of a person's own reputation, and is an acknowledgment that he thinks his bare word not worthy of credit.

MARRIED.—In Zion Church, Lunenburg, on Sunday, the 1st of March, 1868, by the Rev. D. F. Hutchinson, Rector of St. Paul's Church, Bridgewater, Mr. Charles G. Jeffrey, of Great Britain, to Miss Ann B. Selig, of Lunenburg, N. S.