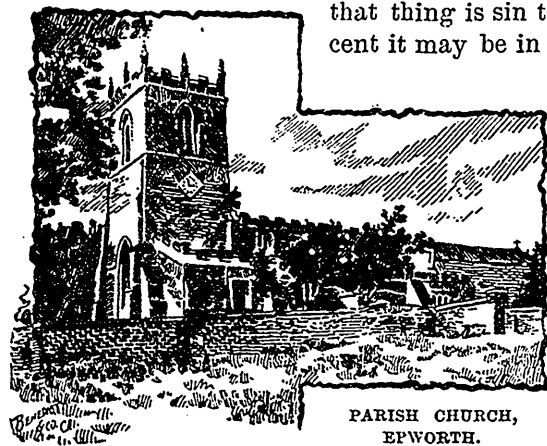


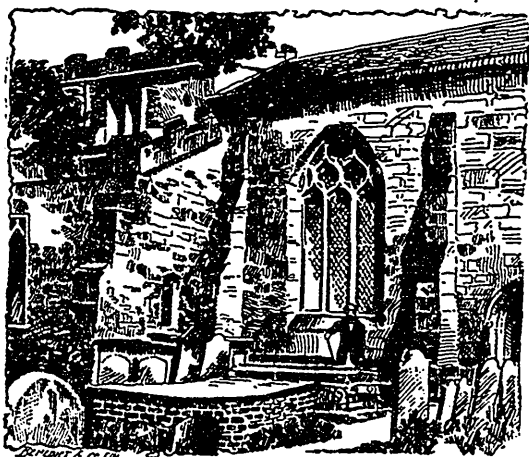
conscience, obscures your sense of God, or takes away the relish for spiritual things; in short, whatever increases the strength and authority of your body over your mind, that thing is sin to you, however innocent it may be in itself."



PARISH CHURCH,
EPWORTH.

She gave a fine example to the social committees of our Leagues, when she called the poor people into her home and read to them the Word of God and the best sermons in her husband's library. That part of study

which was made pre-eminent in the League, as it should be in all Leagues, was the religious department. They began their study by singing psalms and closed in the same manner. At five o'clock, the hour school closed, the eldest members of the family took the youngest, and the next oldest took the next youngest, until all went off, two by two, to study God's Word and pray together. The mother taking each member once a week in the evening for an hour's conversation and prayer. What wonderful results followed the workings of this League. Here the rules observed by Wesley and his fellow-labourers were formed. As Dr.



SAMUEL WESLEY'S GRAVE.

Stevens says, "these rules of holy living were Epworth Rectory and Susanna Wesley's discipline." Here, too, the seed was sown from which grew the General Rules of the people called Methodists. Here, also, the foundation of that little book called the Methodist