

Health Built Up

"I had a very bad cold which settled on my lungs. I was under doctor's care and was not able to get out of the house for eight weeks. I did not gain strength very fast and other remedies failing to help me or improve my ease, I was induced to try Hood's Sarsaparilla. I have taken several bottles and my health is improved very much. Since I have taken Hood's Sarsaparilla I feel very much stronger than for a long time past. I have recommended Hood's Sarsaparilla to others, for it truly has been of great benefit to me." JOSEPH KELLY, North Kingston, Nova Scotia.

Hood's Sarsaparilla Cures
Wood's Pills are a mild cathartic. 25c.

Summer Sports.

Third and Last Day of the Racing at Hamilton.

Toronto Takes Another Game from the Buffalos.

Sound Advice to Wheelmen by a Noted Physician - The Foolish and Cruel Practice of Some Cyclists.

NATIONAL LEAGUE SCORES-WEDNESDAY.

At Brooklyn—
Boston..... 10 12 3
Philadelphia..... 5 11 3
Batteries—Stivetta and Gangel; Gumbert and Grim. Umpire—McDonald.

At New York—
New York..... 4 10 2
Baltimore..... 5 11 3
Batteries—Rusie and Farrell; Hemming, Esper and Robinson. Umpires—Emmie and Tuttle. Ten innings.

At Washington—
Washington..... 11 12 1
Philadelphia..... 10 15 3
Batteries—Maul and McGure; Lampe and Clements. Umpire—Reidher.

At Cleveland—
Cleveland..... 4 8 5
Pittsburgh..... 5 8 5
Batteries—Jordan and Sugden; Cuddy and Zimmer. Umpire—Jovan.

At Louisville—
Cincinnati..... 15 18 0
Louisville..... 6 8 6
Batteries—Phillips and Murphy; Inks and Warner. Umpire—McDonald.

EASTERN LEAGUE SCORES-WEDNESDAY.

TORONTO VS. BUFFALO.
Buffalo, July 3.—The Bisons put up a poor game of ball today. Vickery was away off, and was released at the end of the fifth inning. Pitcher Kilroy, formerly with Allentown, a brother of Matt Kilroy, was signed. Attendance, 1,100.

At Buffalo—
Buffalo..... 2 9 4
Batteries—Payne and Lake; Vickery, Wadsworth and Downs. Umpire—Hurst.

At Springfield—
Springfield..... 12 14 3
Providence..... 3 6 4
Batteries—Coughlin and Ganson; Hodson and McAulay. Umpire—Gaffney.

EASTERN LEAGUE RECORD.

Springfield..... 35 17 474
Providence..... 30 22 377
Worcester..... 25 22 362
Buffalo..... 25 27 342
Syracuse..... 27 24 353
Canton..... 24 24 348
Rochester..... 23 38 295
Toronto..... 17 39 263

THE TURF.

LAST DAY AT HAMILTON.
Hamilton, July 3.—The fourth and last day of the Hamilton Trotting Association's annual meeting was not well attended, and only three races took place. Summary:

2:15 pace, purse \$500.
N. B. Wade's, Edinburgh, Ind., 1 6 1 1
R. C. Stinson's, Hamilton, Sir Harry Wilkes, b. s., 2 1 4 5
A. W. Gordon's, Findlay, Ohio, 3 4 2 2
Maggie J. b. m., 4 2 2 2
Thos. Crooks', Hamilton, Gertrude B. b. m., 2 3 4 4
Time, 2:14 1-2, 2:15 1-4, 2:16 1-2, 2:17 1-2.

2:30 trot, purse \$500.
C. Shelton's, Windsor, Bob Rysdyk, b. g., 2 1 1 1
W. J. Anderson's, Hamilton, St. George, b. g., 1 4 4 4
Blue Ribbon Stable's, Toronto, Reno McGregor, ch. s., 5 2 2 2
John Conlon's, Thorold, Alicia C. ch. m., 3 3 3 3
Time, 2:24 1-4, 2:25 1-4, 2:26 1-2, 2:27 1-2.

Match race, purse \$200.
F. A. Upson's, Rochester, N. Y., Vitoello, b. s., 1 1 1 1
R. C. Stinson's, Hamilton, Geneva, b. s., 2 2 2 2
Time, 2:12 1-4, 2:13 1-4, 2:14 1-2.

FANCY HORSE FLESH.
Sheephead Bay, July 3.—The sale of thoroughbred yearlings from the Belle Meade stud was begun here today. The stud was owned by Gen. Jackson and Richard Croker. A bay colt, 1894, by

Enquirer-Bonny Meade, J. J., sold for \$1,150; Chestnut colt, 1894, by Iroquois-Carlotta, \$6,500; brown colt, 1894, by Clarendon-Mariposa, \$1,750; brown colt, 1894, by Iroquois-Banyan, \$2,500; chestnut colt, 1894, by Iroquois-Ouida, \$3,000; brown colt, 1894, by Iroquois-Guldeed, \$1,450; brown colt, 1894, by Iroquois-Duchess, \$1,600; brown colt, 1894, by Enquirer-Brocade, \$1,000; chestnut colt, 1894, by Iroquois-Emmanuel, \$2,100; bay colt, 1894, by Great Tom-Majestic, \$1,550.

WON BY TWO INCHES.

Detroit, Mich., July 3.—The feature of today's races was the \$2,000 Russell House stakes. Maurice, who had already won the Campau stake and finished second in the International Derby, cantered past the wire an easy winner, making his winnings for this meeting \$3,700. The finish between Harry Lewis and Musselman was the sensational feature, Lewis winning under a whip and gait by less than two inches. Summary: Second race, 9-16 mile—Harry Lewis 1, Musselman 2, Subito 3. Time, 55 1-2.

ATELETICS.

Queen's Club, London, July 3.—The running broad jump was won by Mendelson, of Cambridge, who covered a distance of 12 inches. In throwing the hammer, G. B. Robertson, of Oxford, won, with 116 feet 7 inches. The three-mile run was won by F. S. Horan, of Cambridge, who thus scored the victory in the university. The time was 14:50 2-5.

THE WHEEL.

FOND HOPES.

Upon hearing that the City Council had resolved to buy the city engineer a bicycle a savage post in the London Bicycle Club wrote the following:

We're glad to hear the engineer is going to ride a bike.
We hope he'll learn to ride it soon.
We hope the sport he'll like.
We hope he'll get galvanic shocks.
We hope he'll shake his gentle bones.
We hope he'll puncture off his tire.
We hope he'll stick in mud and mire.
We hope he'll meet with many a crash.
We hope his wheel will go smash.
We hope he will come down ker-thump.
We hope each bump will raise a lump.
We don't hope this just out of spite.
Against the man, for "He's All Right!"
We hope it, "cause we think when he falls, he'll take a tumble to himself.
And give us decent treats!

A FOOLISH AND CRUEL PRACTICE.

(From Cycling.)

Among the many foolish extremes to which parental fondness runs, none is more insensate than the carrying of infants on bicycles. So long as the machine holds up the bit of humanity is safe, being so fastened that it cannot fall off. But there is a nervous tension throughout, as may be clearly seen from the frightened and anxious look on the baby's face. The vibration, too, tells seriously on the immature nerves, while if there be a nip in the air, the motionless child is apt to become deadly cold. All this, however, is as nothing compared with the peril of an upset. Even the most experienced riders cannot assure themselves against "slipping" when the surface is slippery; all they can do is to save themselves by jumping off the machine before it lies on the ground. But the baby is bound to set the matter out to the bit-board, its too fond parent cannot protect it from smash, however he may try. It is much the same in collisions; the adult rider can do something to break his fall, or, with a heavy head, can roll off the way after coming to the ground. But the unhappy infant has to stand the racket in both cases. We fancy there would be a very limited number of children on the roads if the exigencies of the daytime rendered it compulsory for riders to be fastened to their seats. Perhaps it was that feeling that influenced the cyclist down in Yorkshire, who was seen to place his little lad standing on the foot rests, face to the front, with both hands clutching the handle bars behind. The lad was thus left at liberty to jump off, but had either of the foot rests slipped down, as often happens, a very ugly accident must have happened.

SIT UP STRAIGHT ON YOUR BIICYCLE.

There is absolutely no reason for stooping over the handles in either of the two ways so commonly seen—and there is no excuse for so doing—in ordinary road riding. It may be necessary for the "scorcher" when engaged in "scorching" to assume the one or the other of these attitudes—to sprawl with the body straight, but almost horizontal, and the head close to the handle bar; or to bend the upper part of the back, as if trying to bring the middle and throw the shoulders forward, as if desiring to make them meet across his breast. Even so—one who is not "scorching" does not need to make himself a hideous object to look at, and also to reduce the benefits of wheeling to a minimum, so far as its effect on the chest capacity is concerned.—J. W. Roosevelt, M.D., in Scribner's Magazine.

SPOKES.

Harley Davidson, W. McIntosh, A. McLeod, F. W. Young, Sam Gibbons and R. B. Holden are the Canadian entries for today's (Thursday) bicycle event in Buffalo.

CRICKET.

BYES.

Parkdale Club, of Toronto, vs. Clinton, at Clinton, on Wednesday: Parkdale, 118 runs in one inning; Clinton, first inning, 61, second inning, 31. Hall, of Parkdale, scored 42, and Kennedy 22. McDonald, of Clinton, scored 24. Rev. Mr. Terry's bowling with Parkdale was very effective.

DARING ESCAPE.

Prisoners Held Up New York Jailers and Took Their Freedom.

New York, July 4.—The three Springfield postoffice thieves, Joseph Killoran, Charles Allen and Harry Russell escaped this morning from Ludlow street jail. The three men entered the office of Keeper Schmeer at the same time. Russell leveled a revolver at the head of Schoen, who was also in the office, and the two others covered Schmeer with weapons. They threatened to kill them if a single outcry was made, and by this means got out free.

Steamship Arrivals.

July 3. At Spaarman..... Rotterdam..... New York
Sennett..... Liverpool..... New York

SUCCESSFUL BUSINESS CAREER.

Mr. W. J. Element, dealer in builders' supplies, through rapid increase in business, has found it necessary to secure more commodious quarters, and has removed to 78 King street. The stand recently occupied by the late Mr. Archie Duffon as a livery. Mr. Element is a thorough business man. Four years ago he started, dealing solely in supplies, including limes, cement, plaster, paris, plaster hair, sewer pipe and brick and fire clay. By strict attention to these lines he has received the confidence of all the leading builders of the city and county, and has also procured an extensive trade with the farmers in almost every township of Middlesex. Mr. Element is one of London's best known citizens; he believes in fair and upright dealing and promptness in filling orders. Builders who have not already patronized Mr. Element should do so at the next opportunity.

Patriotism Called For.

President Cleveland's Letter to the New York Holiday Makers.

He Warns His Countrymen Against Reckless Selfishness and Incivilities Appeals to Popular Passion.

New York, July 4.—The Fourth of July was celebrated today by the Tammany Society. Among the speakers were ex-Gov. James E. Campbell of Ohio, and ex-Gov. Waller of Connecticut. Letters of regret from President Cleveland, Senator Hill and others were read. President Cleveland's letter is as follows: "Dear Sir, I regret that I cannot accept the invitation I have received from the Tammany Society to participate in its celebration of the 11th anniversary of American Independence. The patriotism and devotion of those who fought for our liberty and established our free government ought always to be held in grateful remembrance, and neither lapse of years nor changed conditions should ever detract from the zest and enthusiasm of their commemoration. The thought must not escape us, however, that every anniversary of American independence reminds us of the stern sacrifices of the fathers of the Republic, and which on such occasions we find abundant cause for rejoicing in the splendor of the achievements we should not fail to be seriously impressed by a proper apprehension of the duties and responsibilities we have inherited as their successors and legatees. It was their lot to endure the rigors and hardships of a discouraging war in order that a government by the people might be established. We cannot, without wicked recency, disregard the lessons taught by their sufferings, nor can we without disgrace neglect the duty of preserving and maintaining in their integrity and strength the free institutions born of their heroism. Their work was done through privation and in the midst of our danger. Our duty can be well performed if we are simply honest, intelligent and patriotic. They found their danger on battlefields and in the uncertain issue of an armed contest. Our danger is in the reckless selfishness and in insidious appeals to popular passion in thoughtlessness. Nothing but the same patriotic steadfastness and adherence to principle which led to their success, will now shield our Government from disaster and preserve our national glory and prosperity. I earnestly hope that the celebration contemplated by your organization will stimulate the noblest deeds in the political field, and amid present perplexities to teach by example and declaration the policy of adherence to the safety of reliance on the honor and patriotism of our countrymen when impending danger rouses them to activity. Yours very truly, "GROVER CLEVELAND."

Late Canadian News.

A Brick Worth \$13,518 - Editoria Changes in Toronto.

Mr. Jones, M.P., contradicts the report that he does not intend to run in Gaspé at the next election.

It is currently rumored that several superannuations are on the tapis in the department of the Secretary of State.

Prorogation of the Newfoundland Legislature takes place this afternoon.

The Scottish-born, who was sojourning for some weeks at Caledonia Springs, is home. His health has been fully restored.

Eugene Lalonde, a young shoemaker, of Hull, got six months in jail with a \$100 fine for committing an indecent assault on a 12-year-old girl.

Rev. A. W. Richardson, pastor of the Bradford Congregational Church, has accepted a call from the First Congregational Church in Kingston.

A Montreal dispatch says that 165 men and women, employed by the St. Lawrence, have gone out on strike owing to a reduction in wages.

Hart's Isle, opposite Alexandria Bay, N. Y., has been sold to Mr. Geo. C. Boldt and Mr. F. W. McCormick, New York, for \$20,000. It is five acres in extent.

Three men, part of the crew of the schooner Arctic, of St. John's, Nfld., were drowned on Tuesday by the overturning of an iceberg which capsized their boat.

Jos. Bell, a guard at the county jail, Toronto, committed suicide on Wednesday by hanging. He had been drinking heavily. He leaves a widow and eleven children.

A gold brick weighing 50 pounds and valued at \$13,518, arrived at Ottawa on Wednesday by the Canadian Hydraulic Mining Company's mine at Cariboo, B. C., today, consigned to the Bank of Montreal.

Mr. J. C. Walsh has resigned the editorship of the Catholic Register, and will, it is understood, issue a magazine in the Register by P. F. Cronin, late city editor of the Toronto Empire.

Mrs. Kennedy, who lived on a farm in the north portion of Hope township, Durham, was fatally injured on Tuesday night in a runaway accident, dying two hours after having been thrown out of her rig.

Major-General Herbert has arrived at Ottawa from England. It is understood that he has virtually resigned his position as commander of the Canadian militia, and returns to Canada simply to settle up the affairs of his department before finally relinquishing control.

Florence Anderson, of 135 Sandwich street, Windsor, has been reported to the Detroit police as missing. She is 15 years old, of medium build, and has light hair. Her father says he gave her \$30 to pay a bill yesterday and he has not seen her since.

While John Fitzgerald, a Hamilton painter, was at work on a Grand avenue house Wednesday afternoon the scaffold broke, and he fell 25 feet to the ground. One leg was broken and he was dangerously injured internally. His recovery is doubtful.

Fears are expressed at Hamilton that the bay is drying up.

The C. P. R. land department sold \$30,000 worth of land in June.

A Winnipeg dispatch says that Mr. John Hallam, of Toronto, has purchased nearly the entire wool crop of the Northwest ranches.

Ald. M. F. Nolan will likely be the Liberal candidate for the Montreal Center vacant seat in the Quebec Legislature.

It is reported that Lieut.-Col. Pennington Macpherson, of the Public Works Department, Ottawa, is to be superannuated.

At Peterboro, Mrs. Margaret O'Brien, aged 73, committed suicide by taking Paris green. Brooding over past trouble the cause.

S. C. Burnett's store, Coteau Landing, Que., was broken into last (Wednesday)

D. & D.

FINE WEATHER TO-DAY.

KEEP COOL.

To keep cool is the aim and object of one and all of us these days, and although there are quite a variety of ways in which we endeavor to accomplish this result, yet the wearing of suitable clothing—clothing conducive to comfort—is by all odds the most efficient method yet discovered. Just here is where our splendid reputation comes in. Our lines of Duck Suits always were the best in town and this season is no exception. It has, in fact, thus far surpassed all previous records. The following items show the value basis upon which we have built up our well deserved reputation:

BLAZERS AND SKIRTS

A new shipment of new patterns, not a new shipment of old patterns; light and dark shades, stripes and spots, \$1 95

Another lot we have received contains the very latest American patterns. Something positively new. Linen duck, plain and fancy, pale blue and white stripes, black and white stripes, navy blue ground with white stripes, hundreds to choose from 3 50

We are offering a White Duck Pique, also a white with black or blue hair line stripe, entirely new, at 3 50

We have also a goodly variety in the higher prices. All these can be washed and made up to look like new. They don't shrink. We have no desire to keep over one of these costumes. That's why we are selling them at such close prices. We don't ask two prices. If you are not satisfied with your purchase, bring it back and secure your money. That's the way we do business. It's the best way.

SMALLMAN & INGRAM

149-151 Dundas St.

night. The safe was blown open, but there was nothing in it. The burglars did not touch the stock. Burnett is next door to Mr. Stevens, who was shot some days ago.

ROSEBURY TO THE SCOTCH LIBERALS

London, July 4.—Lord Rosebury has written a letter to the secretary of the Midlothian Liberal Association, in which he says: "The late Government was overthrown by a vote of censure, which was petty, but fatal. It is for Scotland, Ireland, Wales and the North of England to consider whether they will allow their interests to be in permanent subjection to a hereditary and irresponsible chamber. With the echoes of Mr. Gladstone's eloquent and venerable voice still ringing throughout Scotland, I cannot doubt their response."

DESTROYED BY LIGHTNING.

London, July 4.—A dispatch to the Standard from Berlin says that after four days of excessive heat, severe thunderstorms have occurred in various parts of Germany. Numerous reports have been received from Silesia and the Rhine districts of fatalities and burnings of barns and farm produce by lightning. During the drought the fires were exceedingly destructive. Half of the village of Oberkall, near Treves, was destroyed. The lower parts of Vienna are flooded. The storm has destroyed the entire vine crop about the Vennsee of the village of Simmering, Grinzing and Nussdorf.

THE "ADVENTISTS" IN COURT.

A case of great interest to the Seventh Day Adventists has just been settled at Chatham. On June 10, Robert Watt, Seltont, Kent county, was given a hearing on a charge of breaking the Lord's day, by hauling rails on Sunday. The defense did not deny that the rails had been drawn on that day, but set up the plea that Sunday was not the Lord's day. Mr. Watt, who is an Adventist, observes Saturday instead of Sunday, and claimed that he was going according to Scripture. The crown refused to look at the religious part of the argument, but dealt only with part of the defense that the law does not apply to farmers. After reserving judgment for nearly a month the magistrate, acting on the advice of the crown attorney, dismissed the case. As there is a church of 42 members of the Adventists in the county, the decision practically allows them all to work their farms on Sunday.

Coal-Wood.

Messrs. Bowman & Co. beg to inform their customers and the public that they have appointed Frank B. Clarke, 416 Richmond, as their agent. He will endeavor to take orders for coal and wood. Best beech and maple blocks, \$4 50; half cord, \$2 25; quarter cord, \$1 15. Mr. Clarke will also continue the depot and exchange business at the old stand.

Files! Files! Itching Files!

SYMPTOMS: Moisture; intense itching and stinging; mostly at night; worse by scratching. If allowed to continue tumors form, which often bleed and ulcerate, becoming very sore. Swayne's Ointment stops the itching and bleeding, heals ulceration, and in most cases removes the tumors. At druggists, or by mail, for 50 cents. Dr. Swayne & Son, Philadelphia, Lyman, Sons & Co., Montreal, wholesale agents.

BICYCLE and GENERAL REPAIRING.

Keys Fitted - Locks Repaired, etc., etc.

D. MCKENZIE & CO.
385 Richmond St., opp. City Hall.

RAILWAY TIME TABLES

GRAND TRUNK—Southern Division
Summer Time Table.
CORRECTED JUNE 9, 1895.

MAIN LINE—Going East.

	ARRIVE	DEPART
Lehigh Express (S.)	4:02 a.m.	4:07 a.m.
Wabash Express (S.)	4:15 a.m.	4:20 a.m.
Atlantic Express (S.)	4:25 a.m.	4:30 a.m.
Day Express	10:45 a.m.	10:50 a.m.
Wabash Express (A.)	4:25 p.m.	4:30 p.m.
Mixed (S.)	6:45 p.m.	6:50 p.m.
Detroit Express	11:20 p.m.	11:25 p.m.

MAIN LINE—Going West.

	ARRIVE	DEPART
Chicago Express (A.)	2:23 a.m.	2:28 a.m.
Lehigh Express	10:55 a.m.	11:00 a.m.
Wabash Express (A.)	11:15 a.m.	11:20 a.m.
Atlantic Express (S.)	12:20 p.m.	12:25 p.m.
Day Express (A.)	6:50 p.m.	6:55 p.m.
Mixed (S.)	6:50 p.m.	6:55 p.m.
Accommodation	7:20 p.m.	7:25 p.m.

Sarnia Branch.

	ARRIVE	DEPART
Lehigh Express (S.)	4:02 a.m.	4:07 a.m.
Wabash Express (S.)	4:15 a.m.	4:20 a.m.
Atlantic Express (S.)	4:25 a.m.	4:30 a.m.
Day Express	10:45 a.m.	10:50 a.m.
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Mixed (S.)	6:45 p.m.	6:50 p.m.
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Lehigh Express	10:55 a.m.	11:00 a.m.
Wabash Express (A.)	11:15 a.m.	11:20 a.m.
Atlantic Express (S.)	12:20 p.m.	12:25 p.m.
Day Express (A.)	6:50 p.m.	6:55 p.m.
Mixed (S.)	6:50 p.m.	6:55 p.m.
Accommodation	7:20 p.m.	7:25 p.m.

London, Huron and Bruce.

	ARRIVE	DEPART
Express	8:45 a.m.	8:50 a.m.
Mail	8:55 a.m.	9:00 a.m.

St. Marys and Stratford Branch.

	ARRIVE	DEPART
Mixed-Mail	10:10 a.m.	10:15 a.m.
Express	10:15 a.m.	10:20 a.m.
Express-Mixed	5:40 p.m.	5:45 p.m.
Express	5:55 p.m.	6:00 p.m.

Toronto Branch.

pw.	a.m.	a.m.	a.m.	p.m.	p.m.		p.m.
ve	*7:00	9:10	11:10	12:30	4:15		B*6:55
of	Hamilton—Arrive—						
		a.m.	a.m.	p.m.	p.m.	p.m.	p.m.
		18:28	8:55	10:10	B 2:45	4:05	6:25 8:15