To Woo Sweet Dreams

from Armour's Extract of Beef. It's grateful to the stomach,

cup of hot water makes delicious beef tea. It's econ-

and brings sound, refreshing sleep.

Makes delicious bouillon.

is quickly digested, soothes the nerves, stimulates circulations

enjoy a bedtime cup of beef tea made

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is liquid roast beef. It has the strength-the rich flavor-of prime

roast beef, without the indigestible fibre. Just 1/4 teaspoonful to a

ARMOUR LIMITED, TORONTO

Armour's Tomato Bouillon, a tempting relish.

SOLD BY ALL GROCERS AND DRUGGISTS.

SOLE PACKERS AND SHIPPERS FOR CANADA

#### The Planet.

Business Office ... ... ... 

S. STEPHENSON ... ... Proprietor. SATURDAY, NOVEMBER 19.

THE CONFERENCE ON NOV. 24.

The conference of Conservatives and others who believe in the need of a change of Government at Tor-onto, which has been called Mr. J. P. Whitney for Nov. 24th, falling in the same week as the intened Lib-eral convention, should make Toronto a pretty lively city for that week. Both events have been called for one day only, at least without either can discuss and properly formulate a platform in one short day there must be preparation beforehand, which takes away from the gathering the character of a deliberathe Liberal convention, which is called with no indication of what may be laid before it. Mr. Whitney on the other hand has announced several planks in his conference call, so that those participating have texts already provided. Mr. Whitney declares for:

Clean, honest, decent government Increased agricultural instructions in high schools.

The encouragement of sanitary systems of sewerage in towns and vil-

Public ownership of public utilities. Prompt settlement of capital-labor

disputes. Operation of the Temiskaming railway by the Government.

Improvement in the assessing of railway property.

Other questions are, of course bound to come up for discussion. We should like to see the principle of the sawlog legislation, which was passed as a result of Conservative agitation, extended to other things. Sawlogs must now be cut into lumber in this province. The result of that has been the moving of numerous Michigan mills over to Ontario. The same legislation should be applied to our nickel and our pulpwood. The one should be required to be refined and the other, manufactured into paper, right in our own Province. The Conservative confer ence could not pronounce in favor of anything better calculated to promote the growth of New Ontagio

than that. \* The texts thrown out by Mr. Whitney for consideration are good. They are all progressive in tendency.

We hope that Kent County will be well represented at the conference. Mr. Whitney has widened the invitation so that it is open to any man whether Conservative or Liberal, to attend who is desirous to aid in instituting a cleaner Government at Toronto than we now have and inflicting a rebuke to the corrupt element who have trailed Ontagio's good name in the dust for many years

The case between Hon, G. W. Rose and the electors of Ontario has not anywhere been better put than by the Toronto World in the article we produce below, and which our readers will find to be one of the plainest and most conclusive deliverances that has yet been put forward in connection with the Ontario situ

Ontario is not likely to be deceived by the elaborate preparations which Hon. G. W. Ross is making to obscure the infamies of his administration, Governments as a rule are prepared to stand or fall on their records. Not so the government in Queen's Park. Its game is to shift public attention from the abuses which have brought it into disrepute by making erapegoats of a few ministers and offering a new campaign cry to the

Mr. Ross wants to be judged, not by what he has done, but by what he will promise to do. This is perhaps the most damaging confession that has come from a government, whose leader has justified or condoned every

outrage it has practised. If the record of the government a good one, why is Mr. Ross afraid to appeal to the people on that record. If every minister has been true to his trust, and this is the plea which Mr. Ross has recently put forth, why is it necessary on the eve of an election to discard four of these ministers and substitute men who have no public records to defend. And why if the government's ideals of administration are meritorious, does it become expedient to call a convention to proclaim new ideals and a

new platform? A convention seems rather a mild cure for the evils which have been. charged up to the record of the Ross the principle that for the public though she's been living in this neightwrongs he has committed he has only to answer to his own party. A con-

vention of 1,200 Liberals is not a fit tribunal for the trial of offences which have been committed against the peole, and which the people alone have the right to place in their true prospective.

A convention will not take away one jot or tittle from the weight of the Gamey charges. A convention will not effect the West Elgin frauds, the Hale confession or the revelations of the Soo election trial. A convention will not restore ot the people of Ontario the timber limits that have been handed over to government heelers, the water powers that have been exploited in the interest of daring promoters, or the franchises and privileges that have been bestowed indication of intention to prolong the on corporations through the agency deliberations beyond one day. How of Hon. J. M. Gibson. A convention will not justify the disfranchisement of North Renfrew for a year and is difficult to understand. Inevitably a half, nor make less iniquitous the government's conduct in sitting through a session of the legislature on the strength of a majority which tive body. This applies especially to it knew to be the product of corrupt and fraudulent methods.

Those are the issues upon which the Ross government must be judged and neither a convention nor a cabinet reconstruction can divert public attention to any side issue which party ingenuity may devise. The Ross government will be judged by its past, not by its promises for the future. Premier Ross will be judged by the colleagues who have been with him in his almost ceaseless assault on public right, not by the substitutes, who sooner or later must fall a prey to the influences which are inseperable from Ross' ascendency in Queen's Park. A rotten ship cannot be made seaworthy by simply changing the crew, and Mr. Ross cannot by discarding three or four colleagues fremove or modify the elementary evils of his administration. A convention is the weak resort of a guilty premier. If Mr. Ross was honest in his defence of the record of his gov. ernment he would not call a convention to shift or obscure the issues upon which he must sooner or later justify himself with the people.

> HIS FINAL PLUNGE. Toronto News.

Hon. Geo. W. Ross stands shiver ing on the brink.

> A SOCIAL PROBLEM London Opinion.

Why do dinner-table delicacies in variably provoke the discussion of social indelicacies?

> EXCEPT AT MATINEES. Health.

Women have colds in the head less frequently than men because they are not accustomed to heavy head cover-

THE PHILOSOPHY OF IT.

Toronto Telegram. Most of us have to make our living at the same old stand, no matter what party is in power. And only in a few cases is Ottawa the post address of that stand.

RUSSIA'S OPTIMISM.

Ruse, St. Petersburg. If our forecast of the general course of events is correct, then further General Oku's army advances the better it will be for the final result of the operation planned by Kuropatkin. Let us wait, and we shall see

#### A VEILED SARCASM Hamilton Herald.

"In Canada," says the London Times, "victorious ministers seem to enjoy the means of postponing defeat indefinitely." There is a veiled sar-casm in this sentence which is not altogether undeserved. A barbed truth hurts.

NEWFOUNDLAND'S CHOICE.

New York Sun. While the return of the Bond gov ernment in Newfoundland, by the election of Oct. 31, is an endorse ment of the successful administration of that party, it is also an expression of the objection of the islanders to political union with Canada, Only political union with Canada. Only less directly is it also an expression of preference for closer trade relawith the United States.

> THE OUTLOOK. Belleville Intelligencer.

We are not "squealing"; not of your natural, as the boys would say, The country has gone most unmistakably Liberal, and the voice of the people is supreme, but we would ask our readers, when they have time to do a little quiet thinking, if it is not rather an alarming prospect to see the Laurier government in power with a majority of nearly two to one; with the expenditure of a vast amount of money in sight; with the muzzle and handcuffs all ready for that old Scotsman, the auditor-general, and with thousands of hungry grafters waiting for their "bit." The outlook is not a pleasant one, is it

Mr. Subbubs-That Mrs. Newcome ems to be a very remarkable wo

man. Mrs. Subbubs-Why, what do 'you know about her?
Mr. Subbubs - I notice that al-

#### what sulphur Does A LETTER FROM FOR THE HUMAN BODY IN HEALTH AND DISEASE.

remedy was not without merit.

and maintaining bodily vigor and health. sulphur acts directly on the liver, and excretory organs and puri-fies and enriches the blood by the prompt elimination of waste mater-

Our grandmothers knew this when

they dosed us with syrup and mo-asses every spring and fall, but the

flowers of sulphur were often worse than the disease, and cannot com-pare with the modern concentrated preparations of sulphur, of which Stuart's Calcium Wafers is undoubt-

Stuart's Calcium waters is undountedly the best and most widely used.

They are the natural antidote for liver and kidney troubles and cure constipation and purify the blood in a way that often surprises patient

and physician alike.

Dr. R. M. Wilkins while experiment-

ing with sulphur remedies soon found that the sulphur from Calcium was superior to any other form. He says "For liver, kidney and blood troubles

superior to any other form. He says "For liver, kidney and blood troubles especially when resulting from constipation or malaria, I have been surprised at the results obtained from Stuart's Calcium Wafers. In patients suffering from boils and pimples and even deep-seated carbuncles, I have repeatedly seen them dry up and disappear in four or five days, leaving the skin clear and smooth. Although Stuart's Calcium Wafers is a proprietary article, and sold by druggists, and for that reason tabooed by many physicians, yot I know of nothing so safe and reliable for constipation, liver and kidney troubles and especially in all forms of skin disease as this remedy."

At any rate people who are tired of pills, cathartics and so-called blood "purifiers" will find in Stuart's Calcium Wafers, a far safer, more palatable and effective preparation.

able and effective preparation.

SHOEMAKING IN THE BLACK FOR-

The Black Forest of Germany, a

of making

the family begins. It may take a month, more or less, but he sticks to his job until every one is properly shod, when he is away to the next

A MOTHER'S PRECAUTION

There is no telling when a medicine

contain no opiate or harmful drug. One wise mother, Mrs. George Hardy, Fourchu, N. S., says: "I have used Baby's Own Tablets and find them a

SAVED HIS MONEY.

Lord Chief Justice Kenyon was con

these ?"
"No, My, Lord," replied the

heartily joined.

rw, my, Lord," replied the witness; "they were a great deal better, and more genteeler."

The court was convulsed with laughter, in which the Chief Justice heartily, iclosed

THE BEST LAXATIVE SOLD.

Is Dr. Hamilton's Pills of Mandrake

and Butternut, which relieves con-

customer needing his services.

EST.

The mention of sulphur will recall to many of us the early days when our mothers and grandmothers gave us our daily dose of sulphur and mo-

town of Watrous safe, standing as i does upon the slope of a hill, but th lasses every spring and fall.

It was the universal spring and fall "blood purifier," tonic and cureall, and mind you this old-fashioned lower end of it was destroyed. you may imagine our feelings when the water rose to within six inches of our own home. Fortunately, how The idea was good, but the remedy was crude and unpalatable, and a large quantity had to be taken to get any effect. get any effect.

Nowadays we get all the beneficial effects of sulphur in a palatable, concentrated form, so that a single grain is far more effective than a tablespoonful of the crude sulphur. In recent years, research and experiment have proven that the best sulphur for medicinal use is that ob-tained from Calcium (Calcium Sul-phide) and sold in drug stores under the name of Stuart's Calcium Wafers. They are small chocolate coated pellets and contain the active medicinal principle of sulphur in a highly con-centrated, effective form. Few people are aware of the value of this form of sulphur in restoring

Our stream was not the only one that broke all records. The Gallenas, which you and Mrs. Duncan know so well, was also in flood. The whole system of dams of the Aqua Pura Co was carried out, the stone bath houses at the Montezuma destroyed and further down towards Las Negas

At Trinidad the loss was even greater. There the Las Animas was the offending stream, and as it races through the heart of the city the property loss was enormous. Among other fine buildings the magnificent new Santa Fee station and hotel were destroyed.

In the Watrous valley I could re

the railway embankment north of the town had given way and that the people living behind it were cut off and in great danger. 'As everyone in town was there safe half a dozen of us formed a relief party, secured horses, and galloped over to see if we could be of any help. The sight that met our eyes was a sad one. Of the six or seven buildings that were grouped behind the embankment were grouped benind the embankment only the roof of one and the stone fence surrounding a second could be seen, and had it been that they were out of the direct rush of the stream they would have disappeared also. Upon the stone fence were crouched a man and his wife and a hundred yards of water intervened between us and them. With great difficulty and not a little danger we succeeded in getting to them on horseback before the wall gave way. Further on in the flood a carpenter named Brown had succeeded in getting his wife and two little children into a tree, dressed only in eight gowns, with the rain drenching them from above, and the flood hissing through the lower branches of their shelter beneath, they spent two terrible hours before we could possibly rescue them, during which we all well knew that at any moment the tree in only the roof of one and the stone The Black Forest of Germany, a region famous for centuries, is hundreds of years behind the present age in methods of living and conducting simple industries. This fact is strikingly exemplified in the primitive ways the natives follow in making leather and shoes. When a farmer kills his beef he takes the hide to the simple industries. This fact is triked ingly exemplified in the primitive ways the natives follow in making leather and shoes. When a farmer kills his beef he takes the hide to the local tanner, who will keep it for two years before he considers it fit for the shoemaker. When the hide is feather the shoemaker is informed of the fact. Then some morning the shoemaker comes to the farmer's house with his kit of tools, and for the time being is one of the family. shoemaker comes to the farmer's house with his kit of tools, and for the time being is one of the family. Every Katrina and every Johann is marched before him and measured, and the work of motions about the stable. The building was settling rapidly and we got to them just as rapidly and we got to them just as the children were bodies. drowned, the mother was unconscious and the father and little boy badly injured. We had to hurt them still more to get them out as there was not a moment to lose, but all three are still alive and will likely recover. In the next house four people were drowned, representing four genera-tions—a little boy, his mother, grand-mother, and great grandmother. Their bodies have not yet been found. But I must not inflict upon you

> Yours very sincerely, JAMES A. ROLLS. Watrous, N. M., Oct. 12, 1904.

WILD ANIMALS IN SOUTH AF

bessing to children. I am not sat-isfied without a box in the house at all times." If your dealer does not keep these Tablets in stock send 25 cents to The Dr. Williams' Medicine Co., Brockville, Ont., and you willl get a box by mail post paid. the primeval forests, where grows the timber out of which the indestructible ox-wagons are fashioned—there are some wagons still in use in the Transvaal which are over one hundred years old—the wild elephant is carefully preserved. But for the most part South Africa is no longer the zoological garden that it was a hundred years ago. Excepting jackals, baboons, and bucks, there are few wild animals to be seen or heard. The lion has retired long ago with giraffes, zebras, quaggas, wild buffaloes, to say nothing of the rhincoceros and the hippopotamus. Of jackals, there are so many that the annual cost of their depredations to the Cape Colony is estimated at \$7.000,000. Baboons infest the hilly country, and are one of the pets of the farmer. Here and there leopards are found—locally known as tigers—but they are rare. Of singing birds there is a plentiful lack. Carnivorous birds, such as hawks and vultures, abound. Lord Chief Justiee Kenyon was conspicuous for economy in every article of his dress. Once, in the case of an action brought for the fulfilment of a contract, on a large scale, for shoes, the question was, whether or not they were well and soundly made, and with the best materials. A number of witnesses were called, one of whom, being closely questioned, returned contradictory answers. Thereupon, His Lordship, pointing to his own shoes, said—
"Were the shoes anything like these?"

Suppose I were to tell you you must not go to the matinee to-day, said Mr. Nagigt. How would you like that?

Oh! ambiguously replied his young wife with a steely glitter in her eyes. I wouldn't mind.

## NEW MEXICO

Continued from Page 9. ever, this was the high water mark ever, this was the high water mark, so we suffered slight personal loss. Coming as it did in the dead of night and with such suddenness the loss of life will be great, especially among the native people. I shall never as long as I live forget the sight as I stood on the hill above the town and looked up the valley which the day before had been a succession of green fields and saw during the flashes of before had been a succession of green fields, and saw during the flashes of lightning that immense body of seething, foaming, racing water, bearing on its bosom giant pines from the mountains, fences and buildings from the valleys, and saddest of all, an occasional human form, drowned in a fruitless effort to escape from in a fruitless effort to escape from cabin to hill.

many houses were washed away, in-cluding the station at the east end of the bridge, where you used to board the train for the Montezuma

count many stirring incidents that happened during the height of the flood. About three o'clock Friday morning a messenger notified us that

There is no tening when a matter, may be needed in homes where there are young children, and the failure to have a reliable medicine at hand may men much suffering, and, perhaps, the loss of a priceless life. any more harrowing details. I am sincerely glad the event did not man haps, the loss of a priceless life. Every mother should always keep a box of Baby's Own Tablets in the house. This medicine acts promptly the pleasure of Mrs. Duncan's visit to New Mexico, and it will be some time before we can again properly nouse. This medicine acts promptly and speedily, cures such ills as stomach and bowel troubles, teething troubles, simple fevers, colds, worms and other little ills. And the mother has a guarantee that the Tablets boast concerning our famous climate.

RICA. is the best place in the city to In some parts of Cape Colony, in the primeval forests, where grows the timber out of which the indestructget the latest novelties.

We have a Watch that will tell you the time in Chatham, New York, Europe, and in fact all over the world. Also one that will tell you the day of the week, the month, the date of the month and also the changes of the moon.

Call and see us. We have Novelties too numerous to mention.

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If you will call and examine our

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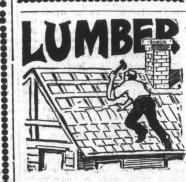
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Big Clock

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