

ROKOROKOKOKOKOKANAN ANAN KUNUNUNUNUNUNUNUNUNUNUNUNUNUNUNUNUN The Double-Walled Secret

By Edwin Beird



The girls of to-day hear their grand methers and great-grandmothers tell how they made their own books of family to family, and down from gen-eration to generation: directions for inchers, jams, pickles, sauces, and all the more or less, heavy, delicious Yetherdard the more or less, heavy, dencious "eats" of the long ago. Yesterday's girls could cook but to-If the children of the family are enrolled with the wheatless, reward them with a treat now and then. Lit-

day's girls have a work to do that ecmbines responsibilities in food-chemistry, food production, focd-cost, food storage, food-economy, food-pro-paration-almost-startling respon-sibilities. But the girls can do it -

are doing it. Here are some tested recipes:

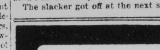
Apple Catsup.—1 quart apple sauce, 1 teaspoon ginger, 1 teaspoon cinna-mon, 1teaspoon cloves, 1 pint vinegar,

NEW BRUNSWICK TIMBER To Be Disposed of ou Stumpage Basis Instead of Under Lease.

New Brunswick has made a radical change in its method of disposing of timber of Crown lands. Heretofore long leases were given resulting in

She Pinched 'Em.

them with a treat now and then. Litt the cakes mean so much to little peo-ple. Hermits.- 14 cup fat, 3 tablespoons corn syrup, 2 tablespoons molasses, 1 egg, 14 teaspoon salt, 13 cup chopped nuts, 1 teaspoon baking powder, 14 teaspoon cinnamon, 14 teaspoon cloves, barley flour to roll. Combine the ingredi-ents as for cake. Roll thin. Shape with mall cookie cutter and bake on tin sheet. For drop cakes use less flour. Brownies-Substitutes two squares

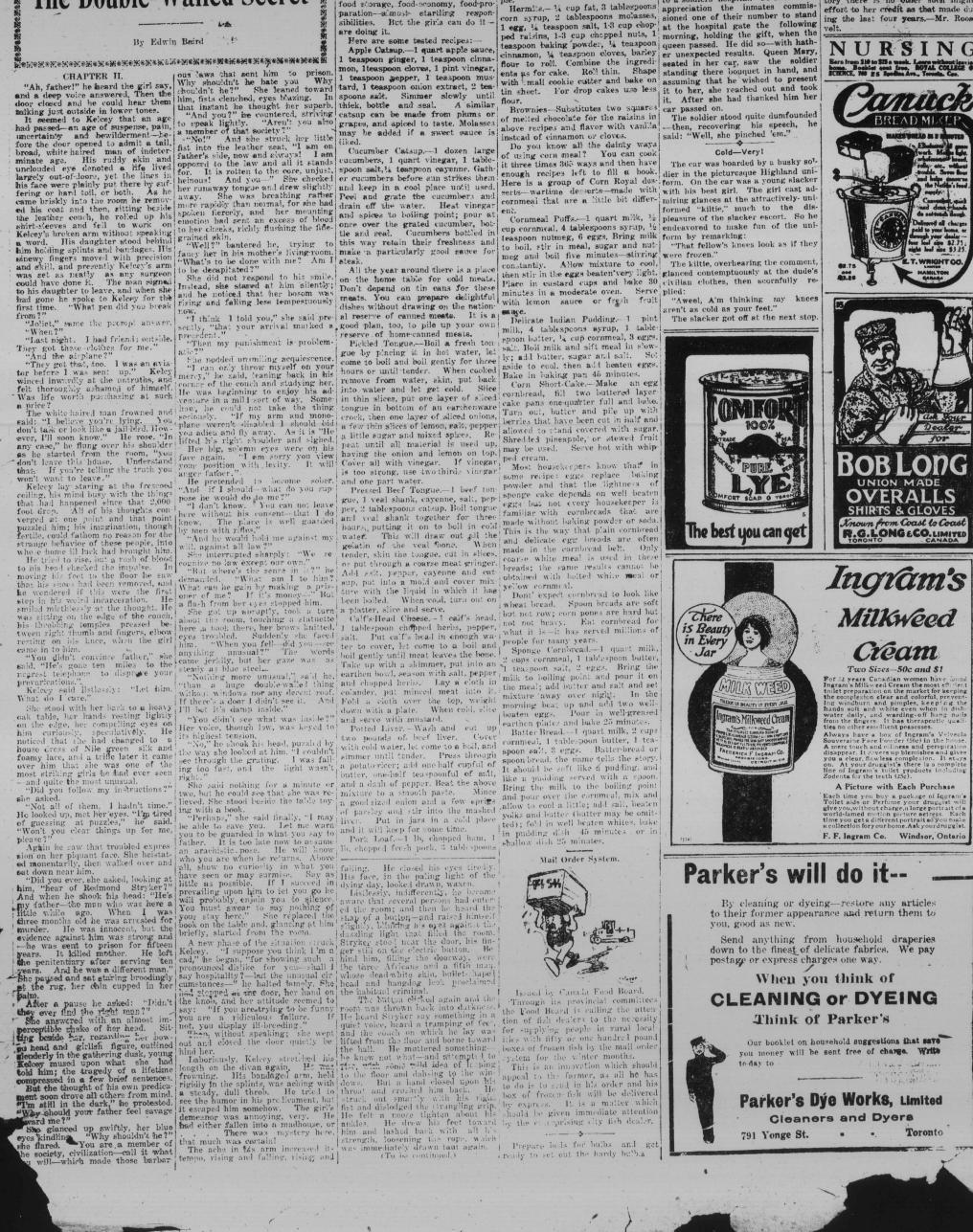


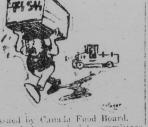


In all Great Britain's glorious hi tory there is no other such mighty effort to her credit as that made dur ing the last four years.—Mr. Roose velt.









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