

Home and Health Hints.

Leek and onion soup.—For a spring soup try one made with leeks and potato. Put into a deep kettle three tablespoonfuls of butter or rendered beef fat and eight leeks washed and thinly sliced; cover and cook very slowly for ten minutes then add one pint of sliced raw potatoes and one quart of water and simmer for an hour. Rub through a sieve, season well, add a pint of milk, thicken slightly with flour and cook for ten minutes more.

Rice, French style.—Wash thoroughly one cupful of rice, drop into a large kettle well filled with boiling salted water and keep at a galloping boil for ten minutes then drain through a colander. Put into a saucepan with one tablespoonful of butter, one cupful of milk, one half of a cupful of finely chopped candied fruits, two tablespoonfuls of sugar and two drops of extract of finely almond, cover and cook very slowly until the liquid is absorbed; stir occasionally with a fork. Heap in a dish and pour over it a sauce, serving the remainder separately.

Recipe for a Birthday Cake for a five year old child.—Such a cake, to be satisfactory to the tiny recipient, involves liberality in cutting and helping, consequently the simpler the mixing the better. Nothing in the cake line is as harmless as a sponge cake. The second recipe given you for a layer cake may be used in loaf form as also the following:—Beat together for twenty minutes the yolks of six eggs and three quarters of a cupful of powdered sugar. When thick and very light cut in the whites whipped to a stiff froth and one cupful and a half of well-sifted pastry flour. Sprinkle in the grated rind and the juice of one lemon and turn into a round loaf-pan. Bake in a moderate oven. For the icing boil together one cupful of sugar and one-half of a cupful of water (being careful not to stir after the sugar is dissolved) until a little, dropped into ice water can be rolled into a soft ball between the thumb and fingers. Take from the fire and let stand for a moment then pour slowly over the stiffly-whipped whites of two eggs. Add one teaspoonful of vanilla and any coloring desired to tint and beat steadily until quite thick then spread at once over the cake. While still soft arrange five tiny candles on the top. Or, a little extra icing may be made by beating into liquid white of egg sufficient confectioners' sugar to thicken; with this plain or of a different color from the first icing decorate the cake with the child's name and age and fasten the candles in a group in the centre.—Table Talk.

Michigan Presbyterian.—There is a great deal to make a conscientious Christian pessimistic in these days. It is only too true that the churches never seemed to have such a hard time of it, at least within our memory. Congregations, especially in the evening, are lamentably deficient. The prayer meetings are miserably attended for the most part. Evangelistic services fall flat upon communities that ten years ago seemed profoundly stirred. All of these things may well cause utterances which are condemned as pessimistic.

TO CONSUMPTIVES.

The undersigned having been restored to health by simple means, after suffering for several years with a severe lung affection, and that dread disease Consumption, is anxious to make known to his fellow sufferers the means of cure. To those who desire it, he will cheerfully send free of charge a copy of the prescription used, which they will find a sure cure for Consumption, Asthma, Catarrh, Bronchitis and all throat and lung troubles. He hopes all sufferers will try his remedy, as it is invaluable. Those desiring the prescription, which will cost them nothing and may prove a blessing, will please address,
Rev. EDWARD A. WILSON, Brooklyn, New York

World of Missions.

Travelers in Bombay were shown a hospital for animals. Not a human being was in it for treatment, though in India human sufferers of all sorts are numberless. No hospital for suffering humanity ever appeared until after the Sermon on the Mount. Kindness for brutes existed before Christ. This was in large part due to heathen superstition.

There is reason to believe that Protestantism is more than holding its own in Germany. In Bavaria, Wurtemberg, and Prussia the advance is said to be quite perceptible. During the last ten years the number of Catholics in Prussia has increased nearly nineteen per cent, the number of Protestants nearly twenty-two per cent. There is only one dark spot in the outlook. The cause of the Reformation does not flourish in Saxony, the country in which Luther was born. The reason given is that the royal family is Roman Catholic, and that the king, who is an aged man is a zealot. He has not only surrounded himself with a Romanist court, but has exercised an unhappy influence on noble families, numbers of which, though bearing honoured names in connection with reforming work, have been moved to apostatize.

Progress of Mission in Gujarat.

Our brethren of the 1st Presbyterian Church are to be rejoiced with in the many tokens of blessing attending their mission. Dr. Barkley, formerly judge of the chief court of Lahore, and now Joint-Convenor of the Foreign Missions Committee of the Irish Church, is at present visiting the stations in India, and on Saturday evening, 22nd December, he was present at the opening of a new church at Khadana, which, although Khadana is only a sub-station, is now the largest church in the mission, and was quite filled on the occasion, the non-Christians gathering outside the windows. At the forenoon service next day, after sermon, there were 107 baptisms, the largest number ever baptized in their Indian mission at one time. These were from the Khadana and Porada people, and it was expected that on the following Sunday from 30 to 40 more would be baptized from Borsad and Brookhill. Another interesting incident was the dissolution, on the 20th December, of the Presbytery of Kathiawar and Gujarat, in connection with the General Assembly. For the Assembly, at its meeting in June last, arranged that this Presbytery should be dissolved, the missionaries being transferred to the various home Presbyteries with which they had been connected previous to their ordination, or to such other Presbytery as they might choose, and that a new mission Presbytery should be formed, in which the native pastors and elders should sit with the missionaries, the proceedings of the new Presbytery to be conducted and its records kept in Gujarati; the business of the mission apart from the native church, and all matters connected with the expenditure of money received from home, being placed under the charge of a newly formed Mission Council. The new Presbytery was constituted, and adopted the name of the Presbytery of Gujarat and Kathiawar. Its first act was to pass a resolution of sympathy with their suffering fellow Christians in China. Its next act was the licensing of five native probationers, raising the total number of these to eight. In Gujarat, as in Rajputania, the famine has left about 1,600 orphans on the hands of the missionaries, and unhappily there is the prospect of a second year of scarcity.

SPRING FEELING.

NOT EXACTLY SICK—BUT NEITHER ARE YOU WELL.

CLOSE CONFINEMENT DURING THE WINTER MONTHS HAS LEFT YOU WEAK EASILY DEPRESSED AND "OUT OF SORTS."

The words "weak and depressed" expresses the condition of thousands of people in the spring time. It is one of nature's signs that humanity cannot undergo months of indoor life in badly ventilated buildings with impunity. Sometimes you have a headache; slight exercise fatigues you; you are easily irritated or depressed; perhaps there are pimples or slight eruptions that indicate the blood needs attention. Whatever the symptom may be it should be attended to at once, else you will fall an easy prey to graver disease. Do not use a purgative in the hope that it will put you right. Any doctor will tell you that purgatives weaken, that they impair the action of the liver and create chronic constipation. A tonic is what is needed to help nature fight your battles for health, and there is only one always reliable, never failing tonic, and that is Dr. Williams' Pink Pills. These pills have no purgative action. They make rich, red blood, strengthens the tired and jaded nerves, and make weak, depressed, easily tired people, whether old or young, bright, active and strong. Among those who have proved the health-bringing qualities of Dr. Williams' Pink Pills is Miss Emma Chaput, of Lake Talon, Ont., who says: "I cannot thank you enough for the good I have derived through the use of Dr. Williams' Pink Pills. I honestly believe that but for them I would now be in my grave. My health was completely broken down. My face was as white as chalk, and if I made the least effort to do any housework I would almost faint from the exertion, and my heart would beat violently so that I feared I would drop where I stood. I was a great sufferer from headaches and dizziness as well, and my appetite was so poor that I scarcely ate at all. I tried several medicines, but they did not help me, and then I decided to send for some of Dr. Williams' Pink Pills. I got six boxes and before I used them all I was as well as I ever had been, with a good healthy color, a good appetite and an entire freedom from the ailments that had made me so miserable. You may be sure that I will always have a warm regard for your invaluable medicine."

Do not experiment with other so-called tonics—you are apt to find it a waste of money and your health worse than before. You will not be experimenting when you use Dr. Williams' Pink Pills. They have proved their value the world over, and you can rely upon it that what they have done for others they will do for you. If you cannot get the genuine pills from your dealer send direct to the Dr. Williams' Medicine Co., Brockville, Ont., and they will be mailed post paid at 50 cents a box or six boxes for \$2.50.

The mission work being carried on in Korea by the natives under the direction of the missionaries, is self-supporting. Not on 'y so, but out of their extreme poverty the Korean Christians raised a sum to send to famine-stricken India which would put Christian America to shame. In many respects the Korean work is an ideal missionary work. It is a work that was baptized with the blood of the Christian martyrs.