

TO ESCAPE THE EFFECTS OF LIGHTNING.—1. Avoid standing under trees, to escape from the rain during a thunder storm, but boldly expose yourself to the wet; it will preserve you from the lightning.

2. Avoid standing close to any metallic bodies, as lead pipes or iron railings, &c.

3. When indoors during a thunder storm, sit or stand as near to the middle of the room as convenient; avoid standing at the window, or sitting near the wall.

THE VALUE OF TIME.—Bonaparte having one day visited a school, said, on departing, to the scholars, to some of whom he had been putting questions, "My lads, every hour of lost time is a chance of future misfortune." In those remarkable words he gave expression to the maxim which formed in a great measure the rule of his conduct; for, perhaps, no man ever understood better the value of time. It might indeed be said that his leisure was labour.—*From Bourrienne's "Memoirs of Napoleon Bonaparte."*

TO AFFORD ASSISTANCE TO A PERSON IN DANGER OF DROWNING.—If the spectator is unable to swim, and can make the sufferer hear, he ought to direct him to keep his hands and arms under water, until assistance comes, in the mean time, throw towards him a rope, a pole, or anything that may help to bring him ashore, or on board; he will eagerly seize whatever is placed within his reach; thus he may, perhaps, be rescued from his perilous situation.

But this desirable object appears attainable by the proper use of a man's hat and pocket-handkerchief, which being all the apparatus necessary, is to be used thus; spread the handkerchief on the ground, or deck, and place a hat, with the brim downwards, on the middle of it; then tie the handkerchief round the hat, like a bundle keeping the knots as near the centre of the crown as possible. Now, by seizing the knots in one hand, and keeping the opening of the hat upwards, a person, without knowing how to swim, may fearlessly plunge into the water, with whatever may be necessary to save the life of a fellow-creature.

The best manner in which an expert swimmer can lay hold of a person he wishes to save from sinking, is to grasp his arm firmly between the shoulder and the elbow; this will prevent him from clasping the swimmer in his arms and thus forcing him under water, and, perhaps, causing him to sink with him.

ECONOMICAL WHITE HOUSE PAINT.—Take—Skim milk, two quarts; fresh slaked lime, eight ounces; Linseed oil, six ounces; White Burgundy pitch, two ounces; Spanish white, three pounds.

The lime to be slaked in water, exposed to the air, mixed in about one-fourth of the milk; the oil, in which the pitch is previously dissolved, to be added a little at a time; then the rest of the milk, and afterwards the Spanish white. This quantity is sufficient for twenty-seven square yards, two coats, and the expense not more than tenpence.

TO PREVENT MURRAIN IN CATTLE.—Take equal parts of salt and slacked lime; mix, and give two table-spoonsful twice a week during the prevalence of the disease.

A GRAVE QUESTION.—An English baronet being asked when he should finish his house, ingenuously answered, "Sir, it is a question whether I shall finish my house, or my house finish me."