

THE BOWELS.

A NEGLECTED EVIL !

And Its Dire Results.

A regular action of the bowels is an absolute requirement for general health, and the least irregularity should never be neglected, for there is no more prolific source of disease than neglected constipation, by which the worn out and refuse accumulations are retained to poison the system with their foul gases and irritating effects. Constipation is a stoppage of one of nature's most important channels for the outlet of disease. Like the stoppage of a drain in sewerage, the waste matter is thrown back to often do irreparable damage. Besides the baneful effect of constipation upon the blood and general organism, it induces Piles, Protrusion and various painful and dangerous complaints in both sexes. With a regular action of the bowels, the blood would be purer, healthier and better, and the body more perfectly nourished and sustained. Continued use of harsh purgatives work much harm; the habit of regularity should be promoted and encouraged by proper diet, ripe fruits, vegetables, and mild regulating medicines of a laxative nature. Such a remedy is best found in Burdock Blood Bitters, which promptly regulates all the secretions, acts upon the liver to purify the system and induces a natural regularity of the bowels, while giving health and strength in the most natural manner.

THE LIVER.

SURE SIGNS !

Reader, when you have an exhausted, tired feeling,

Especially in the spring,
Depression of spirits,
Great irregularity of mind,
Foul coated tongue,
Bad tasting mouth,
Disagreeable breath,
Frequent sick headaches,
Tired aching shoulders,
Irregular bowels,
Variable appetite,
Sallow complexion and yellow eyes,
Poor circulation of blood,
Dryness of the skin,
Blotches and eruptions,
Faintness and heart-flutterings,
Blurred vision and dizziness,
Weary days and restless nights.

With any majority of these signs existing

You have what is commonly called Liver Complaint,

And should resort to that unfailing remedy

BURDOCK BLOOD BITTERS,

which is warranted to relieve any and all of the above named symptoms, effecting a speedy cure in all bilious troubles and every form of liver complaint, if the medicine is taken in time and the directions are faithfully followed.

THE BLOOD.

A QUESTION OF VITAL IMPORTANCE.

Is Your Blood Pure ?

If not, and you have any obstruction to its free circulation, there can be no perfect health. But with pure blood freely circulating you have a good insurance policy against disease. The blood is made impure by many causes: Bad air, improper food, poor water, want of cleanliness, neglected constipation, hereditary taint or scrofula, etc. Many diseases come from bad blood, Scrofula, Rheumatism, Fevers, Eruptions, Sores, Dropsy, Kidney, Heart and Lung Troubles, and many complicated complaints. Consumption is Scrofula in the lungs, from impoverished blood. Whenever your complexion is unnatural, your skin in an unhealthy condition, your face covered with blotches and pimples, when boils and festering sores abound, when there is a disturbed circulation, when you are pale and sallow, and your eyes appear unnatural, or when your head aches and you have unnatural heat, then your blood is bad, and especially in the spring after a hearty winter your blood needs cleansing. You can best cleanse it with that purely vegetable compound Burdock Blood Bitters, which safely and promptly renovates the blood, and invigorates the entire system. Curing all humors, from a pimple to the worst scrofulous sore. Remember there is none of the evils of harsh physic, mercury or iodide of potassium in the working of Burdock Blood Bitters. It is guaranteed strictly vegetable and always reliable.

THE NERVOUS SYSTEM.

The brain, which is the great electrical center of all vitality, the electro-motor power of the body, sends out its multitude of electrical wires in the shape of nerves or fine cords that extend to every minute portion of the body to convey sensation or feeling, and to stimulate every organ to action. When anything goes wrong in any part, these nerves telegraph at once the fact to the great polar center, the brain.

The nerves, therefore, are what renders every part of the flesh sensitive, and when the system becomes weak or impaired, the nerves are subject to many diseased conditions.