### This and That

HOW TOM JOHNSON KNEW.

Tom L. Johnson, multi-millionaire, free trader, Mayor of Cleveland, and former Congressman, who was in Philadelphia on Wednesday, and took occasion to congratulate Mayor Weaver on his campaign for good government, is one of the most picturesque characters in the political world, and has frequently jarred his opponents in the most unexpected manner.

strenuous Ohioan's characteristic way of taking any advantages that might that make them possible.

was while he was in Congress and aging vigorous warfare against the trusts. There were those of his colgues on the other side who did not e with him, and wearing of the eated demands for legislation, the Mr. Dingley, of Maine, the author the War Revenue Bill, made a in which he said plumply that lamor against the trusts was all in existence.

ohnson was greatly interested. about the steel rail trust?' he

ere is no such thing as a steel rust, replied Mr. Dingley, 'and was.'

said Mr. Johnson, cheerfully, s a steel rail trust, and I am

bingley sat down without an-word.—Philadelphia 'Telegraph.'

of a wall-paper. Mrs. Lincoln was Peared or of a wall-paper. Mrs. Lincoln was determined to have yellow, the President was equally strong on green. The next morning he was equite cheerful, and the secretary ventured to suggest that the little aftair had doubtless been settled to his satisfaction. 'Oh, yes!' said Lincoln. 'We've made a compromise—it's going to be yellow.'

### A SPOON SHAKER.

Straight From Coffeedom.

Coffee can marshall a good squa dron of enemies and some very hard ones to overcome. A lady in Florida

"I have always been very fond of good coffee, and for years drank it at least three times a day. At last, however, I found that it was injuring

'I became bilious, subject to fre-"I became bilious, subject to frequent and violent headaches, and so very nervous, that I could not lift a spoon to my mouth without spilling a part of its contents; my heart got rickety and beat so fast and so hard that I could scarcely breathe, while my skin got thick and dingy, with

my skin got thick and dingy, with yellow blotches on my face, caused by the condition of my liver and blood. I made up my mind that all these afflictions came from the coffee, and I determined to experiment and see.

"So I quit coffee and got a package of Postum which" furnished my hot morning beverage. After a little time I was rewarded by a complete restoration of my health in every respect. I do not suffer from biliousness any more, my headaches have disappeared, more, my headaches have disappeared, my nerves are as steady as could be desired, my heart beats regularly and my complexion has cleared up beautifully—the blotches have been wiped out and it is such a pleasure to be well again." Name given by Postum Co., Battle Creek, Mich.

A guest arrived one evening at a village hotel and asked to be called at 3.30 next morning. The landlord had no alarm clock and no servant, but he managed to call the guest promptly. The man turned over and said lazily: 'Oh, I'll, let that train go, and sleep till seven.' No, ye won't, either!' shouted the landlord, emphaharacters in the political world, and as frequently jarred his opponents in the most unexpected manner.

There is a good story told of the or I'll know why!'

A man who had been hired by a he presented, while at the same time closefisted farmer, who believed in vigorously opposing the conditions burning the candle at both ends, was called the first morning at three o'clock. About fifteen minutes later he came downstairs with his hat in he came downstairs with his hat in his hand. 'Ain't you going to work?' asked the farmer, in surprise. 'No,' was the disgusted answer; T'm goin' to hunt up some place to stay all

#### HIS WISEST PUPIL.

amor against the trusts was all As a teacher, Carlyle was a strict seet, and that as a matter of and gloomy disciplinarian, whose there was no such a thing as a large, glowing eyes constantly shot forth wrath. His mere scowl, writes a Scottish lawyer in some reminiscences of the days when he was one of Carlyle's pupils in Kirkcaldy, would hush the whole school, while he often made you writhe under his sarcasm.

One morning, just as we were entering the schoolroom, a donkey appeared on the playground, and one of the scholars, named Bill Hood, rushed to on old story of Abraham Lincoln been revived, and will bear retell-One day the President was untilly distraught. There had been the domestic wrangle over the column and cheers from the boys. Just as Bill was spurring the donkey into the master's desk, Carlyle appeared.

in the skulls of any of his brethren

FOLLOWED INSTRUCTIONS.

'Maggie!'

Yes'm

'Why didn't you put this watermelon in the icebox as I told you?'

'I did mum'

But it isn't cold.'
No, mum. Yez see, I had to take
the ice out out to get it in.'—Cleveland 'Pfain Dealer.'

NO WHISKEY, NO MONEY.

NO WHISKEY, NO MONEY.

A disgraceful conditions of affairs was brought to light in the British House of Commons.

The "Drink and Native Races Committee" have brought before/Parliament a report from Lagos that "The District Commissioner of Badagry recently visited Addo and Pokira, at which places he inquired of the kings why it was that the spirit trade had stopped in their towns. Both kings replied that their country was open to free trade, and that the trouble was between the traders and their customers. The Commissioner told the kings that if he had found they were the cause of the trouble it would have been serious for them. He subsequently sent the two kings their stipends which had been withheld."

Much indignation has been expressed in many quarters in reference to this threat in the interests of the liquor trade between Europeass and the West African astives.

# THE TURN OF LIFE

A Time When Women Are Susceptible to Many Dread Diseases-Intelligent Women Prepare for It. Two Relate their Experience.

The "change of life" is the most critical period of a woman's existence, and the anxiety felt by women as it draws near is not without reason. Every woman who neglects the care of her health at this time invites disease and pain. When her system is in a deranged condition, or she is predisposed to apoplexy, or congestion of any organ, the tendency is at this period likely to become active—and with a host of nervous irritations, make

of any organ, the tendency is at his period likely to become active—and with a host of nervous irritations, make life a burden. At this time, also, cancers and tomors are more liable to form and begin their destructive work.

Such warning symptoms as sense of suffocation, hot flashes, head-aches backaches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks, before the eyes, irregularities, constipation, variable appetite, weakness and inquie-tude, and lizainess, are promptly heeded by intelligent women who are approaching the period in life when woman's great change may be expected.

Lydia E. Pinkham's Vegetable Compound was prepared to meet the needs of woman's system at this trying period of her life. It invigorates and strengthens the female organism and builda up the weakened nervous system.

For special advice regarding this important period women are invited to write to Mrs. Pinkham's Lydia E. Pinkham's Compound, I am very leased to write and tell you my experience with Lydia E. Pinkham's Vegetable Compound, I am very leased to write and tell you my experience with Lydia E. Pinkham's Vegetable Compound, I will the strength of the change of life, and feel as young and as strong as I did twenty years ago, and I know have no firmer friend un the Dominion than I am. At the time of change of life I suffered until I was nearly crasy, and was not fitte live with. I was so irritable, irrational and nervous that I was a torment to myself and others. I surely thought that I would lose my reason before I got through, when fortunately an old friend recommended your Vegetable Compound. I took it for five months and then off and on until the critical live with the commended your Vegetable Compound. I

### DON'T HOLD IT!!

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