

A HELPFUL LIFE.

"I remember once being called to see a sick girl," said Henry Ward Beecher, "who was, perhaps, seventeen or eighteen years of age. A gentleman informed me that she had been sick for twelve months, and that she had become quite despondent. He said, 'She has the sweetest disposition, and she is the most patient creature imaginable. And you ought to hear her talk; one can hardly tell whether she talks or prays. It is Heaven to go into her room.' I wanted a little more of the spirit of Heaven, so I went to see her. I was engaged in the special labors of a revival of religion at the time.

"She said: 'I hear of what you are doing, and of what my companions are doing, and I long to go out and labor for Christ; and it seems very strange to me that God keeps me here on this sick bed.' 'My dear child,' said I, 'do you not know that you are preaching Christ to this whole household, and to everyone who knows you? Your gentleness and patience and Christian example are known and read by all. You are laboring for Christ more effectually than you could anywhere else.' Her face brightened; she looked up without a word; and doubtless she gave thanks to God, and angles sang more sweetly than before."—Ex.

OUR BURDEN BEARER.

Do not let us be afraid of our weakness. You feel about as little like carrying the possible load of this new year as a grass-hopper! Never mind! Perhaps that is how we ought to feel. You must have something to the great Companion to do! Do not let us try to carry our God and our burden too! You remember that passage in Isaiah where, with pathetic irony, the prophet declares that the people are busy carrying their gods, when all the time the great Jehovah is waiting to carry the people! No, our little strength will soon leak out. The real combatants are not our weakness versus the burdens and difficulties of the year, but all these things versus our Almighty Friend! "My presence shall go with thee," and thou shalt lack neither light nor might; "as thy day so shall thy strength be," and "at eventide it shall be light."

"And I will give thee rest."—Aye, but we must lean upon Him and allow Him to carry our load. An aged, weary woman, carrying a basket, got into the train with me the other day, and when she was seated she still kept the heavy burden upon her arm! "Lay your burden down, mum," said the kindly voice of a working-man. "Lay your burden down, mum; the train will carry both it and you." "I will give thee rest," not by the absence of warfare, but by the happy assurance of victory: not by the absence of the hill, but by the absence of the spirit of fainting. "I will give thee rest."—Ex.

THE SECRET OF THE LORD.

God sometimes shuts the door and shuts us in. That He may speak, perchance through grief or pain, And softly, heart to heart, above the dim, May fall some precious thought to us again. God sometimes shuts the door and keeps us still, That so our feverish haste, our deep unrest, Beneath His gentle touch may quiet, till He whispers what our weary hearts love best. God sometimes shuts the door, and though shut in, If 'tis His hand, shall we not wait and see? If worry lies without, and toil and sin, God's Word may wait within for you and me. —Selected.

Anxiety has no place in the life of one of God's children. Christ's serenity was one of the most unmistakable signs of his filial trust. He was tired and hungry and thirsty and in pain, but we cannot imagine him anxious or fearful. His mind was kept in perfect peace because it was stayed on God. The His lived by the faith of the Son of God will find his word kept: "My peace give I unto you."—Selected.

On every bottle of Ligozone we offer \$1,000 for a disease germ that it cannot kill. We do this to assure you that Ligozone does kill germs.

And it is the only way known to kill germs in the body without killing the tissues, too. Any drug that kills germs is a poison, and it cannot be taken internally. Medicine is almost helpless in any germ disease. It is this fact which gives Ligozone its worth to humanity; a worth so great that, after testing the product for two years, through physicians and hospitals, we paid \$100,000 for the American rights. And we have spent over one million dollars, in one year, to buy the first bottle and give it free to each sick one who would try it.

Acts Like Oxygen.

Ligozone is not made by compounding drugs, nor is there any alcohol in it. Its virtues are derived solely from gas—largely oxygen gas—by a process requiring immense apparatus and 14 days' time. This process has, for more than 20 years, been the constant subject of scientific and chemical research.

The result is a liquid that does what oxygen does. It is a nerve food and blood food—the most helpful thing in the world to you. Its effects are exhilarating, vitalizing, purifying. Yet it is an absolutely certain germicide; the reason is that germs are vegetable;

and Ligozone—like an excess of oxygen—is deadly to vegetable matter.

Ligozone goes into the stomach, into the bowels and into the blood, to go wherever the blood goes. No germ can escape it and none can resist it. The results are inevitable, for a germ disease must end when the germs are killed. Then Ligozone, acting as a wonderful tonic, quickly restores a condition of perfect health. Diseases which have resisted medicine for years yield at once to Ligozone, and it cures diseases which medicine never cures. Half the people you meet—wherever you are—can tell you of cures that were made by it.

Germ Diseases.

These are the known germ diseases. All that medicine can do for these troubles is to help Nature overcome the germs, and such results are indirect and uncertain. Ligozone attacks the germs, wherever they are. And when the germs which cause a disease are destroyed, the disease must end, and forever. That is inevitable.

- Asthma, Abcess—Anemia, Bronchitis, Blood Poison, Bright's Disease, Sore Throat, Coughs—Colds, Consumption, Croup, Constipation, Cancer, Dysentery—Diarrhea, Dandruff—Dropsy, Dyspepsia, Hay Fever—Influenza, Kidney Diseases, La Grippe, Leucorrhoea, Liver Troubles, Malaria—Neuralgia, Many Heart Troubles, Rheumatism, Scrofula—Syphilis, Skin Diseases, Stomach Troubles, Throat Troubles.

Dysentery—Erysipelas, Fever—Gall Stones, Gout—Gonorrhea—Gleets, Tuberculosis, Tumors—Dicers, Varicella, Woman's Diseases. All diseases that begin with fever—all inflammation—all catarrhs—all contagious diseases—all the results of impure or poisoned blood. In nervous debility Ligozone acts as a vitalizer, accomplishing what no drugs can do.

50c. Bottle Free.

If you need Ligozone, and have never tried it, please send us this coupon. We will then mail you an order on a local druggist for a full-size bottle, and we will pay the druggist ourselves for it. This is our free gift, made to convince you; to show you what Ligozone is, and what it can do. In justice to yourself, please, accept it to-day, for it places you under no obligation whatever.

Ligozone costs 50c. and \$1.

CUT OUT THIS COUPON

For this offer may not appear again. Fill out the blanks and mail it to The Ligozone Company, 535-54 Webster Ave., Chicago.

My disease is..... I have never tried Ligozone, but if you will supply me a 50c. bottle free I will take it.

Give full address—write plainly.

Any physician or hospital not using Ligozone will be gladly supplied for a test.

THE VOICE OF GOD.

O God, I pray Thee grant to me To find within the daily life A space fenced off from earthly strife, Where I may wait and watch for Thee.

A garden which Thyself hast made; Where grow Thy graces rich and fair, And gently breathes the fragrant air, And blooms the bliss that doth not fade.

And listening let me gladly run With eager steps to walk with Thee, With heart aglow to talk with Thee— An hour when earth and heaven are one. —Mark Guy Pearse.

AN EASY WAY

To Keep Well.

It is easy to keep well if we would only observe each day a few simple rules of health.

The all important thing is to keep the stomach right, and to do this it is not necessary to diet or to follow a set rule or bill of fare. Such pampering simply makes a capricious appetite and a feeling that certain favorite articles of food must be avoided.

Prof. Wicthold gives pretty good advice on this subject, he says: "I am 68 years old and have never had a serious illness, and at the same time my life has been largely an indoor one, but I early discovered that the way to keep healthy was to keep a healthy stomach, not by eating bran crackers or dieting of any sort; on the contrary I always eat what my appetite craves, but daily for the past eight years I have made it a practice to take one or two of Stuart's Dyspeptic Tablets after each meal, and I attribute my robust health for a man of my age to the daily use of Stuart's Tablets.

My physician first advised me to use them because he said they were perfectly harmless and were not a secret patent medicine, but contained only the natural digestive, pepsines, and diastase, and after using them a few weeks I have never ceased to thank him for his advice. I honestly believe the habit of taking Stuart's Dyspeptic Tablets after meals is the real health habit, because their use brings health to the sick and ailing and preserves health to the well and strong.

Men and women past fifty years of age need a safe digestive after meals to insure a perfect digestion and to ward off disease, and the safest, best known and most widely used is Stuart's Dyspeptic Tablets.

They are found in every well regulated household from Maine to California and in Great Britain and Australia are rapidly pushing their way into popular favor.

All druggists sell Stuart's Dyspeptic Tablets, full sized packages at 50 cents, and for a weak stomach a fifty cent package will often do fifty dollars' worth of good.

NONE

Has a better record than WOODILL'S GERMAN BAKING POWDER. Nearly half a century has passed since it was first manufactured and it is yet unexcelled.

ON A POST CARD.

Roachvale, N. S., Jan. 10, 1905. Please send me two dozen of Gates' Acadian Liniment. That liniment sells fast. It is good. Yours JAMES S. NICKERSON

Gates' Acadian Liniment is well-known as being without an equal. After exposure to cold a few drops in a cup of sythened hot water will effectually break up a Cold or Cough.

A bottle in the home is a necessity for such winter ills as Toothache, Chilblains and Quinsy.

For Rheumatism when applied hot it brings relief. Diphtheria and Sore Throat are quickly and efficiently cured by it. Best because strongest. Sold everywhere by C. GATES SON & CO., Middleton, N. S.

IF YOU HAVE PIGS TO SELL, WRITE US. We pay highest market prices. F. E. WILLIAMS CO., LIMITED. St. John, N. F.

COWAN'S COCOA and CHOCOLATE

They are the choicest of all. Try them.

WANTED.

BOYS and GIRLS to sell our household specialties. Cash commission or premiums given. Address

MERCANTILE AGENCY, 74 Stanley Street, St. John, N. B.

Do You Realize That a Neglected Cough May Result in Consumption.

If you have a Cold, Cough, Hoarseness, Bronchitis, or any affection of the Throat and Lungs, what you want is a harmless and certain remedy that will cure you at once.

There is nothing so healing, soothing, and invigorating to the lungs as the balsamic properties of the pine tree.

DR. WOOD'S NORWAY PINE SYRUP

Contains the potent healing virtues of the pine, with other absorbent, expectorant and soothing medicines of recognized worth.

Dr. Wood's Norway Pine Syrup checks the irritating cough, soothes and heals the inflamed Lungs and Bronchial Tubes, loosens the phlegm, and gives a prompt sense of relief from that choked-up, stuffed feeling.

Price 25 cents per bottle. Be sure and ask for Dr. Wood's.

CANADIAN PACIFIC RY.

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- From ST. JOHN, N. B. To VANCOUVER, B. C. VICTORIA, B. C. NEW WESTMINSTER, B. C. SEATTLE & TACOMA, Wash. \$56.50 PORTLAND, Ore. To NELSON, B. C. ROBSON & TRAIL, B. C. ROSSELAND, B. C. GREENWOOD, B. C. MIDWAY, B. C. \$54.00

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