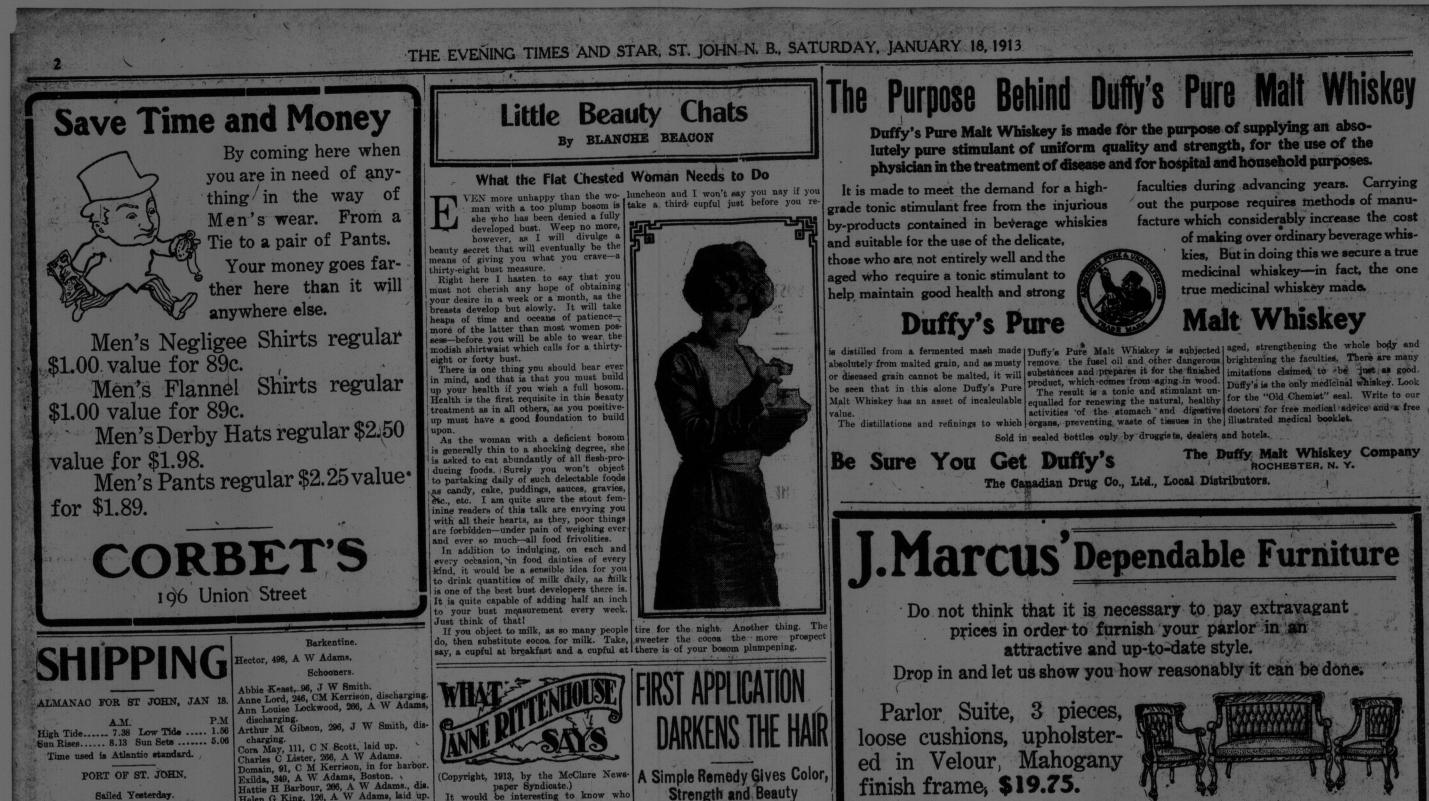
MC 2035 POOR DOCUMENT



Stmr Saturnia, Taylor, Glasgow, Rob ert Reford Co, pass and gen cargo.

BRITISH PORTS. Liverpool, Jan 17-Sld, stmr Hesper

Halifax and St. John.

FOREIGN PORTS.

New York, Jan 17—Ard, stmrs Kaiserin Auguste Victoria, Hamburg; Philadelphia, Southampton; Megantic, Liverpool. Calais, Me, Jan 17—Ard, schr Ernest Calais, Me, Jah 17-Ald, schr Inflete
T Lee, New York.
Vineyard Haven, Jan 17-Sld, schr Oliver Ames, Boothbay Harbor (Me).
New York, Jan 16-Cld, stmr Yola,
Williams, St John; schr Georgie Pearl,
Olsen, Perth Amboy.
Rockland, Me, Jan 15-Sld, schr Harold B. Cousens, Bridgeport.

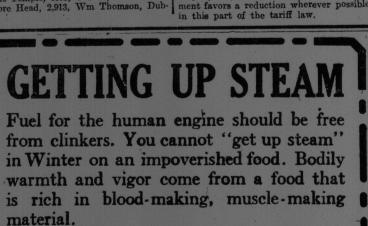
MARINE NOTES.

Tern schooner Rebecca J Moulton, from Shelburne for St John, in tow of the tug U D, arrived at Digby yesterday for harbor. Before proceeding, the Moulton will be Beached for examination. Capt N Atkinson has gone to Newport News to take command of the schooner St Olaf.

VESSELS IN PORT

n, 6439, Wm Thomson, Liverpo ster Miller, 2766, Wm Thomso

emple, 6661, C P R, London. Iead. 2.913. Wm Thomson, Du





is all fuel-food—no waste, no indigestible material to clog the system and tax the vitality.

Heat the Biscuit in oven to restore crispness, then pour hot mill: overit, adding a little cream. Salt or sweeten to suit the taste. Two Shredded Wheat Biscuits with hot milk will supply all the strength needed for a half day's work or play. It is also delicious and wholesome in combination with baked apples or stewed fruits.

Made in Canada-A Canadian Food for Canadians





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