

## Thanks, old man, for telling me about Dr. Chase's Nerve Food

It has given me back my old time vigor  
and made me strong and well

This is the way people feel about Dr. Chase's Nerve Food. It arouses the enthusiasm of those who use it because of its remarkable restorative and up-building influence.

It lifts them out of the tired, nervous and helpless condition resulting from exhausted nerves, restores health and vigor and makes life worth living.

Sleeplessness, irritability, nervous headache, indigestion, and all the warning symptoms of nervous collapse disappear when this great food cure is used to nourish the nerve cells back to health.

### Nervous Collapse

Mr. Victor Higgs, Windham Hill, Cumberland Co., N.S., writes:

"My case was a peculiar one. It was one of those strange nervous diseases which are so difficult to describe. The doctor said that my nervous system was all run down. I experienced that uncertainty in walking which indicates the approach of paralysis and locomotor ataxia, and I now realize that I am greatly indebted to Dr. Chase's Nerve Food for the great good it has done me.

"I could not work, read or write, or do anything requiring energy or the concentration of mind. Before using Dr. Chase's Nerve Food I could not get an hour's sleep all night. My brain and nerves seemed to be all unsettled. I sleep well now, and believe that my nervous system has been fully built up by this splendid medicine."

### Sciatic Rheumatism

Mr. W. J. Talbot, Edenwold, Sask., writes: "It is a great pleasure for me to recommend Dr. Chase's Nerve Food as a cure for sciatic rheumatism. The pain I have suffered from sciatica has been well nigh unbearable. It would start in the hips and run down the legs to the toes, gradually getting worse. The nerves contract until one is practically useless. My doctor tried many different treatments, but it only afforded relief for a time.

"For about five years I was subject to this trouble, with severe attacks which would last about two months. The last attack I had was shortened to two weeks by the use of Dr. Chase's Nerve Food and Dr. Chase's Kidney-Liver Pills used in conjunction with it. This treatment was continued until I was satisfied that the cure was lasting."

This statement is endorsed by Mr. H. R. Woolley, J.P.

It rests entirely with you as to whether you benefit by these experiences of others. If you could talk with persons who have used this treatment and note their enthusiasm you would not be long in putting it to the test in your own case.

## Dr. Chase's Nerve Food

50c a box, 6 for \$2.50. All dealers,  
Or Edmanston, Bates & Co., Limited, Toronto.

Do not be talked into accepting a substitute.  
Imitations disappoint.

### CUT THIS OUT

OLD ENGLISH REMEDY FOR CATARRHAL DEAFNESS AND HEAD NOISES.

If you know someone who is troubled with head noises, or Catarrhal Deafness, cut out this formula, and hand it to them, and you will have been the means of saving some poor sufferer perhaps from total deafness. Recent experiments have proved conclusively that Catarrhal Deafness, head noises, etc., were the direct cause of constitutional disease, and that salves, sprays, inhalers, etc., merely tampered with the complaint and sedate, if ever, effect a permanent cure. This being so, much time and money has been spent of late by a noted specialist in perfecting a pure, gentle, yet effective tonic that would quickly dispel all traces of the catarrhal poison from the system. The effective prescription which was eventually formulated, and which has aroused the belief that deafness will soon be extinct, is given below in understandable form, so that any one can treat themselves in the most home at little expense.

Secure from your druggist 1 oz. Parment (Double Strength), about 75c. worth. Take this home and add to it 3/4 pint of hot water and 4 oz. of granulated sugar; stir until dissolved. Take one tablespoonful four times a day. The first dose should begin to relieve the distressing head noises, headache, dullness, cloudy thinking, etc., while the hearing rapidly returns as the system is invigorated by the tonic action of the treatment. Loss of smell and mucus dropping in the back of the throat, are other symptoms that show the presence of catarrhal poison, and which are often entirely overcome by this efficacious treatment. Nearly ninety per cent. of all ear troubles are directly caused by catarrh; therefore, there must be many people whose hearing can be restored by this simple home treatment.

Every person who is troubled with head noises, catarrhal deafness, or catarrh in any form, should give this prescription a trial.

### WILL YOU TAKE TWO AT OUR RISK?

So many customers who suffer from run down nervous condition with its consequent ills of insomnia, indigestion and general debility are being greatly helped by Zoetic—the nerve tonic, that we wish to have every ailing person in this town try this really famous remedy. It is all that a tonic should be and more than any other tonic is. It combines the most precious of health-building substances. Glycerine-Phosphates are the actual element of the human body in most assimilative form. You know the value of Cod Liver Oil and the invigorating effects of tonic wine. In Zoetic these are combined into an exceedingly pleasant tonic which in two weeks will work quiet confidence you that you should start trying it today? Dr. Clinton Brown, sole distributing agent.

### PLAYGROUNDS ASSOCIATION

Mrs. W. C. Good is President—  
Work Reviewed and Plans for Boys' and Girls' Clubs Made

The annual meeting of the Playgrounds Association was held last evening in the Y. M. C. A. with M. E. Agar in the chair. The minutes of the last annual meeting were read and approved as well as the secretary's report reviewed. The report stated that six supervised playgrounds had been operated during the summer holidays besides ten separate playgrounds for boys and baseball leagues for boys in the evening. The work of the boys' club, the girls' club and the travelers' aid had been successfully carried on. With the co-operation of the Y. M. C. A., the boys' club will now be conducted more successfully than ever before and the prospects for the girls' club are also much brighter.

With regard to the travelers' aid some correspondence conducted through the

### FOUR DOCTORS DISAGREED

Pains Disappeared After Use of Lydia E. Pinkham's Vegetable Compound.

Wilmington, Del.—"I was suffering from a terrible backache and pains in my side, with bearing down pains and was very nervous. I was always tired, always drowsy, never could get enough sleep and could not eat. I had four doctors and each told me something different. I read of Lydia E. Pinkham's Vegetable Compound and decided to try it. I got good results and I now feel better than I have felt for years and I am gaining in weight. I can gladly recommend it to all women."—Mrs. GEORGE W. SIBOLD, 1611 West 4th Street, Wilmington, Del.

Backache and bearing down pains are danger signals which every woman should heed. Remove the cause of these aches and pains by taking Lydia E. Pinkham's Vegetable Compound, that good old root and herb medicine. Thousands of women have testified to its virtues. For forty years it has been making women strong, curing backache, nervousness, ulceration and inflammation, weakness, displacements, irregularity and periodic pain. If you want special advice write Lydia E. Pinkham Medicine Co., confidential, Lynn, Mass.

### PLAYGROUNDS ASSOCIATION

mayer with Hon. J. D. Hazen and Hon. Frank Cochrane was read. It related to the dumping of persons in St. John, including women and children, who are turned back by the American immigration authorities, and have not money enough to take them back to their homes. The girls' club has found it necessary to take care of quite a number of such persons during the last year. Further correspondence with the government will be carried on.

Owing to the absence of the president and treasurer, their reports were not submitted. The president, W. B. Tennant, sent a letter asking that his name be not put in nomination again for the presidency, and on nomination by R. J. Walsh, Mrs. W. C. Good was unanimously elected president. The other officers elected were: M. E. Agar, vice-president; A. M. Belding, secretary; Mrs. George Bishop, treasurer; W. B. Tennant and E. B. Jones, auditors. The balance of the old board was re-elected.

Mr. Agar, in a graceful speech, welcomed the new president to the chair.

and predicted a successful year's work under her guidance. The secretary supplemented Mr. Agar's remarks by saying it had come to his knowledge through her pastor, that Mrs. Good had withdrawn from all church activities in order that she might devote herself for the coming year entirely to the girls' club, which was a guarantee that Mr. Agar's prediction would be fulfilled.

Mrs. Good, in reply, said she had felt a call to this work and was prepared to devote herself to it, especially to the work of the girls' club. Any success that might be achieved during the coming year, however, would be due to the co-operation of the other members of the executive and she made an earnest appeal to each of them to feel their responsibility to be a big brother or a big sister to the boys and girls of St. John.

Commissioner Fisher, in a few remarks, expressed his sympathy with the work and said he would be glad to visit the boys' club and learn if he could assist in any way in its success.

M. E. Agar moved a hearty vote of thanks to the Y. M. C. A. for their generous co-operation in the work of the boys' club and for the use of a room in their building for executive meetings.

There was considerable discussion of plans for work and from the spirit manifested the outlook for the work of the association during next year is very bright.

### EXHIBITION ASSOCIATION

The election of twenty-one directors and the reading of the directors' report to the shareholders were the principal items of business transacted at the annual meeting of the shareholders of the St. John Exhibition Association held yesterday afternoon in the office of the secretary, Horace A. Porter, 147 Prince William street.

W. F. Burditt presided, and Mr. Porter acted as recording secretary. The financial statement submitted at the time showed that there was a balance of \$1,755.55 in the treasury. The expenses of the year totalled \$1,800, of which \$800 was for insurance alone. The twenty-one directors who were elected at yesterday's meeting will elect ten more, and this body of thirty-one will elect officers for the ensuing year. The directors who were elected yesterday are: C. B. Allan, M. E. Agar, W. F. Burditt, F. A. Dykeman, R. B. Emerson, T. H. Estabrooks, Dr. J. H. Frink, W. S. Fisher, G. A. Kimball, Alex. Macaulay, R. O'Brien, R. R. Patchell, E. A. Schofield, S. L. Peters, Dr. T. Walker, F. E. Holman, C. C. Smith, A. O. Skinner, E. L. Rising, W. H. White, and F. W. Roach.

### UNION POINT SCHOOL GIVES FINE CONCERT

Last evening the scholars of Union Point school, Fairville, entertained an audience in St. Rose's hall that taxed the capacity of the building, when the children put on the operetta "Cinderella in Flowerland."

The training of the little ones had been in charge of Miss Mary O'Brien, their teacher, and the programme as carried out without a hitch reflected the highest credit on Miss O'Brien's painstaking instruction.

Not only were the costumes in keeping with the spirit of the piece, but the children wore them as though used to representing Cinderella characters, flowers, sunbeams, raindrops, etc. The entire proceeds go toward the fund for Belgian children.

The following were the principal characters and their parts:

### DISPEPSIA SPOILS BEAUTY

A Good, Sharp Appetite and Perfect Digestion are the Surest Ways to Attain and Keep the Beauty of Health.

Try Stuart's Dyspepsia Tablets FREE. Nothing will spoil the complexion, dim the eyes, and cave in the cheeks quicker than digestive troubles.

My Beauty Secret? Just Use Stuart's Dyspepsia Tablets for Good Digestion and Let Nature Do the Rest."

The poisonous by-products of bowel fermentation are absorbed into the blood and simply ruin the good looks of the victim. A bad complexion, haggard appearance and emaciation are the specific results. By taking Stuart's Dyspepsia Tablets the digestion is made normal and the menace to good looks and good health removed.

Get a 50c package of Stuart's Dyspepsia Tablets at any drug store, or send coupon for a free trial.

Free Trial Coupon  
F. A. Stuart Co., 236 Stuart Building, Marshall, Mich., send me at once a free trial package of Stuart's Dyspepsia Tablets.

Name.....  
Street.....  
City..... State.....

### PRISONERS GAG TRUSTY AND FLEE JERSEY JAIL

Fugitives Beat inmate Who Refused to Join Them—All Four Caught

Newton, N.J., Nov. 15.—Four prisoners, after overpowering a trusty, tying a prisoner who refused to join them, escaped from the Sussex county jail here, but their liberty was of short duration, as all four were captured near Swartswood several hours later by Sheriff Wilson and a hotel proprietor. The prisoners, Charles Murray, Arthur Mulholland, John Ladin and Pete Wolchiski, had been arrested on a charge of robbing the home of C. H. Richards, at Lake Grinnell.

Murray got a screw driver and with this was able to detach the lock on his cell door. When Frank Perry, the trusty, came to his cell, Murray leaped out, overpowered him, and took his keys. Perry was gagged and bound, and then Murray released the other three prisoners. One of them John McCormack, refused to join the jail delivery, and he was maltreated by the other four.

The whole show was most commendable and elicited much applause from the large gathering.

### SYRUP OF FIGS FOR CROSS, SICK FEVERISH CHILD

If Little Stomach is Sour, Liver Torpid or Bowels Clogged.

Mothers can rest easy after giving "California Syrup of Figs," because in a few hours all the clogged-up waste, sour bile and fermenting food gently moves out of the bowels, and you have a well, playful child again. Children simply will not take the time from play to empty their bowels, and they become tightly packed, liver gets sluggish and stomach disordered.

When cross, feverish, restless, see if tongue is coated, then give this delicious "fruit laxative." Children love it, and it can not cause injury. No difference what age your little one—if full of cold, or a sore throat, diarrhoea, stomach-ache, bad breath, remember, a gentle "inside cleansing" should always be the first treatment given. Full directions for babies, children of all ages and grown-ups are printed on each bottle.

Beware of counterfeit fig syrups. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," then look carefully and see that it is made by the "California Fig Syrup Company." We make no smaller size. Hand back with contempt any other fig syrup.

Dr. Cassell's Tablets are Nutritive, Restorative, Alterative, and Anti-spasmodic, and the recognized remedy for:

Nervousness, Sleeplessness, Dyspepsia, Nervous Breakdown, Anemia, Indigestion, Neurasthenia, Malnutrition, Kidney Trouble.

Especially valuable to nursing mothers and women of middle life. Sold by Druggists and Storekeepers throughout Canada. Prices: One tube 50 cents, six tubes for the price of five. War tax 5 cents per tube extra.

Free Sample  
On receipt of 5 cents to cover mailing and packing, a generous free sample will be sent to you. Address: Harold F. Ritchie & Co., Ltd., 20, Mount Street, Toronto.

Sole Proprietors: Dr. Cassell's Co. Ltd., Manchester, Eng.

### For All Complexion Ills

If the skin be colorless, sallow, muddy, over-red, blotchy or cracked, nothing will so surely overcome the condition as ordinary merochrome wax. It literally takes off a bad complexion—absorbs the dead and near-dead particles of surface skin, gently, gradually, causing no inconvenience at all. A new complexion is then in evidence, clear, spotted, delicately soft and beautiful. One ounce of this wax, procurable at any druggist, will rejuvenate even the worst complexion. It is used like cold cream.

Isn't he a Fine Child?

What every Mother should know

Every mother should know that Dr. Cassell's Tablets are just as suitable for children as they are for grown-up people. Their splendid nutritive and vitalizing properties soon overcome any tendency to nervousness or weakness in the little ones, and lay the foundation of a strong constitution for after years. They make weakly children sturdy.

Dr. Cassell's Tablets should be given to all children who are in any way delicate, fretful, or of weakly build. The results will be improved assimilation, a well-sourbed frame, and bright, happy child health. There is no difficulty in getting children to take Dr. Cassell's Tablets. Full directions and dosage are given with each packet.

Dr. Cass. Botwood, D.Sc., Ph.D., &c., an English Scientist, says:—"As a safe and reliable remedy for loss of flesh and vigour, nerve affections, and bodily weakness, Dr. Cassell's Tablets appear to be unique. I have no hesitation in recommending them for young or old."

### Dr. Cassell's Tablets