## TEMPERANCE COLUMK.

BIEHOP OF QU'APPELLE'S PASTORAL ON TEM. PRRANCE.

To Editor of the Church Guardian :
Sia,-I have received through the post a copy of your issue of the 2yth nlt., whioh contains the first part of the Bishop's Pastoral. I was atrack with its eloquence, and I aoknowledge the lindly spirit which pervades it. I feel assured that it was far from his intention to misrepresent any olass of men, but I mast ask to be allowed to point out some serious mistakes as to matters of frot.
He says:-"Mon, in great and justifiable zeal against the evil, have ventured to speak of 'the fruit of the vine' as though it was an ovil thing in itaelf, and not merely in its abuse." I am now in my fify fifth year of total abatin. ence, and I have never once heard of any one who gave expression to euch a sentiment. Our objection is not to the fruit of the vine as God has given it, bat to its being chenged by fermentation into an intoxicating drink.
The Bishop further says: "They have exalted total abstinenoe as though it were itself a virtue above temperance. and not merely a means to an ond." And again: "The man who is strictly tomperate at all times and in all places aets as high a Christian example as the man who totally abstaing." Temperance - enkrateia - means self-govarament or self-sontrol; but thero are many, inolading even educated persons, who regard the word as signifying the drinking o intuxiosting beverages in quantities ehort of produoing drankonness. I do not insinuate that the Bishop holds this error, but be hes oortainly adopted the phrasoology of those who do; and the latter quotation logically implies that the total absiainer, as such, is not a striolly temperate man. Bat in reference to the question of diet, temperance embraces not only moderation as to quantity, but also abstinence from what is known or believed to be injarious, inexpe dient or in any wise ansuitable.
"And (they) have not unfrequently made its praotice a kind of shibboleth whareby a true self. saorifioing spirit was to be gasged." When we consider thst our move ment ombraoes in its ranks all classes of men, inoluding many who had little or no opportanity of mental training, but who have a clear knowledge of the terrible ovils and dangers attending the use of alcoholio drinks, and of the bonefit and safety-in so far as these particular evils are ooncerned -of entire abstinence therefrom : when, I say, we consider this, can we wonder that some of them should fail to reoognize a selfsaorifioing spirit in these who ase suoh drinks? Moreover, while I freely aoknowledge that there are consoientious non-abstainers whose lives, taking them all round, are as salf-ancrificing as our own, there
are others who on their own admission do not aisatain because they are manting in the epirit of gelfsacrifice.

## [To be çontinued] <br> A WJFES PRAYER

A wife's prayer, nearlo as beautiful as the prayer of Naomi, is expressed in these words: "Lord bless and preservo that dear person whom thoa hest chosen to be mp hasband; lot his life be long ard blessed, comfortable and holy: and let me also bcoome a great bleseing and comfort unto him, a sharer in all his sorrows, a meet helper in all his socidents and changes in the world; make me amisble forever in his eyes, and forever dear to him. Unite his heart to me in the dearest love and holiness, and mine to him in all sweetness, charity and compliance. Keep me from all ungentleneas and discontentedness and unreasonableness, and make me hamble and obedient, nseful and observant, that we may delight in each other according to thy blessed word, and both of ns may rejoice in thee, having our portion in the love and service of God forever. Amen.'


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