

Cowan's

"Perfection"

Cocoa

is made from the finest carefully selected cocoa beans, roasted by a special process to perfect the rich chocolate flavor.

Cowan's is most delicious and most economical.

THE COWAN CO., Limited, TORONTO



CLARK'S

Selected
right

OX

Cooked
right

TONGUE

In cooking a tongue every housekeeper is at a disadvantage because she has little choice in selection and she does not do her own curing. With Clark's Ox Tongues selected by expert knowledge, cured in a scientific way, boiled right for the right time and matured in air tight tins—there is no uncertainty.

WM. CLARK, MFR., MONTREAL.

54-08