Sympathy is due to so many of our fellow men who through restrictions imposed upon themselves have almost ceased to know the joy of work accomplished. Without such joy there is discontent, and while so restricting themselves, some whose self selected mission is to remove the pitfalls from the paths of the idle, have imposed so many other restrictions that the non-working man is somewhat at a loss to know how to spend seven or eight recreation hours out of each twenty-four and especially that long period from Saturday noon till Monday morning.

As an instance, "Thou shalt not toboggan slide on Sunday" is one of the restrictions that during the long Winter months deprive our young people of a most healthful recreation and a much-needed one during that

period.

"Thou shalt nots" have become so numerous that there is a manifest tendency to think that the world has a bad attack of the "blues", and to say, "Well, what's the use?"

Who of us, when in our youth had unrestricted access to bread and butter, meat and potatoes, milk, sugar and apples, could have imagined the lamentable conditions imposed upon so many of our children to-day? How they thrive is a problem, and unfortunately many of them do not thrive. Profiteering on the one hand and organized waste of daylight and opportunity on the other can hardly be counted upon to bring the much-needed relief.

The resources of Canada are beyond comprehension and as the war becomes more removed there is less reason why they should not be developed and conserved for the benefit of our people.

That the Northern half of the North American continent is presided over by a government that has not only outlived its usefulness but seems moribund while the oppression of its people becomes more severe, is deplorable and antagonistic to responsible government. Where would England stand to-day had not a mandate been obtained from the people immediately following the war by that always-on-the-job statesman, Lloyd George?

Our great need to-day is a government with a fresh mandate from our people, with a leader vigorous enough to stay on the job with his ear to the ground for eleven months out of each twelve, and such legislation as will curb the profiteer, allow only reasonable profits, especially on all articles of food and clothing, promote and encourage production and conserve the necessary supply for our people and secure for them access to the supply at reasonable prices.

Further, it is essential that something must be done to stimulate work and to relieve discontent. Let the "Thou shalt nots" mark time