N IMPROVEMENT IN THE ENAMEL IDEA OF BEAUTY. the Proper Spring Diet-Het and Cold

Some revolutions are quietly going on in the beauty parlors patronized by conservative ladies. Instead of making up the face there is a growing demand for the massage treatment, supposed to restore the natural beauty and freshness of the complexion. Warm applications are first applied, then soothing on are worked into the skin with a soft sponge, after which the, "beautifler" a soft sponge, after which the "beautifier" pats, pinches and rubs the flesh to stimulate the circulation and bring about profuse per-

Hot tea, bouillon, lemonade, milk, coffee and boiled cider, according to the taste of of the customer, is served, the rubbing and pinching is continued until the sweat glands are open and all the dust and black specks have been removed from the nose, forehead, temples and cheeks. This operation alone consumes a full hour, and is repeated until the skin is thoroughly cleaned. To restore the smoothness call once and healing halms. cold cream and healing balms are applied, and then the face is pronounced washed and ready for the finish. If there are disfiguring moles, birthmarks or scars court plaster is applied and when possible the hair dressed to cover defects. The brows are strengthened after being brushed, the blue veins in the temple brought out with a few pencil strokes, the cheeks delicately colored a shade lower than the lips, and the ears tinted the same pink as the lining of eye.

Unless colorless no rouge is put on the lips.
Instead of polishing the finger nails with powder and cherry-lip they are shaped, trimmed with a cuticle scissors and painted with a rose pink rouge that only a brush and hot water will remove. All things considered, the new method is a decided improvement on the enamel and carmine beauty designed by the unfortunate Mme. Rachel.

HOT AND COLD BATHS. ninent physician, whose medicines ly compounded in the diet kitchen, are largely compounded in the diet kitchen, has this to say about brining. Only very strong women should take cold baths at any time. Hot baths are good to reduce flesh; for invigorating health the water should have the temperature of the body. Hot foot baths will cure sick headache and produce sleep. Infants should never be put into a bathtub more than three times. ore than three times a week, and to avoid cold and the results of physical exhaustion some strengthening gruel or broth is necessome strengthening gruel or broth is neces-sary, followed by a two or three hours nap. Plenty of sleep and plenty of buttermilk are advised in lieu of Spring medicine. This same authority when asked for an expression regarding Spring diet prescribed the following bill of fare: Complete abstinence from veal, pork, cabbage, sausage, buckwheat, pickled, smoked and canned meats and fish. Mutton and beef in limited quantity cooked rare and eaten hot. Fresh fish, ocean food or soft boiled eggs for breakfast, light salad for lunch, but bouillon, beef tea and broth are preferable. If accustomed to caten meal and wheat bread through the Winter, hominy and wheat bread through the Winter, nominy and graham bread are advisable for a change. Rice is a good substitute for potatoes, and sweet milk and chocolate for tea and coffee. Eat freely of green vegetables, such as lettuce, spinach, celery, onlons and cresses. Siewed apples, prunes and rhubarb are better than a drug shorter waveletter than a drug shorter waveletter than a drug shorter. then a drug shop for regulating the system and there is no better exercise than walking and strengthen the muscles. The practice among specialists of children's diseases, of Australia, is of the size of an ordinary adder, and at least six feet long. It is usually found on the banks bordering small rivers, the treatment of indigestion applies a stom-

water, set the pumps to of water every day. I at emposed to exbut warm is as good as Companion. cool water provided it does not produce nau-sea. It is advisable to drink it in sips and between meals. A quart before breakfast is not too much."—N. Y. World.

New York's Januty Girls. Some of the young New York girls are getting on at a killing pace. At noontime four of distributing energy below ground. It is carriages wheeled up before a restaurant in the lower end of Broadway, where all the heavy business-men pass their days. From these carriages emerged twelve ladies, all power stations will be erected on similar. young, all more or less pretty, and all extremely stylish. They were jaunty, thoroughbred girls, and plainly off on a quiet little time. From a hansom leaped, a tall, handsome man of middle age, his hair tinged with gray, but vitality beaming from his ave. with gray, but vitality beaming from his eye sing itself in his alert figure. He ediately took the even dozen young ladies it was suggested that by the combined use

have been a delightful one in the eyes of all screen.-Foreign Letter. se world. If the wife of the borker was in the arty, or even knew something of it, or if he husbands and parents of the various

The gold beaters of Berlin, at the Paris exung women had sanctioned the festivity, position, showed gold leaves so thin that it Il would have been well. But nothing was would require 282,000 to produce the thick. cloth of gold. Cocktails began the feast and brandy ended it, while endless wines filled up the interim. The man made an eloquent speech that was roundly applauded, and then ach girl stood on her chair and spoke a few words of gratulation to the gathering clustered about her. The fete began at one and ended at five. And then the giris were they live in, and have over each eye a scaly they live in, and have over each eye a scaly wheeled home, where, I have no doubt, they retired severally to their private apartments complaining of headache. The bili endered to the broker for his doe luncheor When New-York girls fall to the hands of men who pay such sums for luncheon there is, to say the least, dang-

ar in the air. The Telegram's Retort. On a table two messages lay side by side, Each bound on a different way.

**Each bound on a different way.

"I'm going abroad," the cablegram cried,
"Perhaps I'll meet princes to-day.

"I'm sorry for you and your commonplace task,
But, then, you're not clever nor bright;
No wonder in Royalty's smile I may bask,
I always come forth with the light."

"Although," said the Telegram, "part of that's true,
Of boasting, my friend, have a care;
No matter how Royalty smiles upon .

"You're only a flash' affair."

Megistrate (to police officer): "Are you sare that the prisoner was drunk?" Officer: "Is it d runk, your Honor? Shure of he ut dive mint to the prisoner was drunk?" Officer: "Is it d runk, your Honor? Shure of he ut dive mint to the prisoner was drunk?" Officer: "Is it d runk, your Honor? Shure of he ut dive mint to the prisoner." It is a risky-business to engage a chemistria war of words, as he is always ready with a retort.

The statement that there is nothing great of now dused in the framily. What do not think of that?" Husband (contemptions?) "Well, he must be a fool?"

What were you about to remark? "Yeas; I'm verwy depreted that way. I've often thought myself to that way. I've often thought myself if I had something to say," "Yeas; I'm verwy depreted that way. I've often thought myself it is a said that a man at the grate?" Tramp: "That's a friend of mine, mum." Farmer's wifet it had something to say," "Yeas; I'm verwy depreted it is a said that a man at the grate?" Tramp: "That's a friend of mine, mum." Farmer's wifet it had something to say," "Yeas; I'm verwy depreted it is a said that a man at the grate? Tramp: "That's a friend of mine, mum." Farmer's wifet well, he's the west looking thing to say," "Yeas; I'm verwy depreted that hadn't."

The same of blind man's buff suggests a flew creature.

The said that I hadn't."

The same of blind man's buff suggests a flew creature.

The said that I hadn't."

The same of blind man's buff suggests a flew creature.

The said that had a care; the top said the proportion of a very dejected to the proportion of a very dejected to the pro

in an interesting Way. "There are so many strange things in Alaska," said the discoverer of the Muir glacier, in a recent interview, "that have not come to the knowledge of the public, that one who has seen them hesitates where to begin. Elephant remains are found all over the great

world by announcing that hairy, frozen ele-phants were found wedged among the Siber-ian icebergs, but scarcely anybody knows that throughout Alaska are the remains of countless thousands of mastodons. You can dig them out and find them on the surface everywhere. So thick are the elephant remains that the native Indians, on finding them buried partially in the ground decided they were some kind of great mole that burrows in the soil.

The collecting of elophant tusks every Summer is a regular business in Siberia just over Behring Sea. There are just as many of them on the Alaska side as there ever was in Siberia. Ages ago great herds of elephants roamed over these shores. Perhaps they existed down to a comparatively recent date, too, for the hairy bodies and well preserved ones were evidences of that."

Cleveland's Quiet Life.

Mr. Cleveland walks up Broadway every afternoon without attracting any attention. He drops into the Fifth Avenue Hotel, in the nest of the very busiest men of the world without causing a ripple of excitement. H his office on lower Broadway, and not our person out of a hundred recognizes him. He takes his turn in a little Italian barber shop on Park row, the same as any other man. without attracting the slightest notice. He waited fifteen minutes the other morning t be shaved, and took the place of a burl longshoreman in the barber's chair, chatted affably with the artist as his razor glided over the ex-President's face, picked up his own hat, brushed his own coat, paid his 15 cent. and walked out of the place without even the barber suspecting who he was. He goes the theatre with his wife, attends concert and lectures, and often occupies a pew in S Bartholomew's Church on Sunday morning but he is not stared at, seldom poir and has ceased to be a curiosity. It is no that New Yorkers intend any disrespect t the ex-Chief Magistrate. It is simply a phase of New York life. The big men come here. mingle with the little men, and are swallowe up in the vortex. They soon forget their own importance and probably enjoy life more fo not being so conspicuous.—Kan. City Journal.

A New Calculating Machine. A new calculating machine has been per fected, occupying about the same space as a ordinary typewriter, having a slightly in clined keyboard, the keys of which are open ated in the same manner as those of a type writer. Each key has two figures, a larg and small one, the large figures increasin consecutively from one to nine, and the small consecutively from one to nine, and the sma ones decreasing in the same manner. Thu the custometer is so constructed that it no only performs all computations in whole numbers and decimal fractions, but in com-mon fractions, being equally accurate in dis-count, interest, square root, exchange, and all forms of account work.—New York Com-

A Worm Six Fret Long. of indigestion applies a stom- It is not an easy matter to drag this giganti ach-pump and cleans out the interior department. In the ordinary cases generally known as indisposition, relief can be had by flushing.

"Living rooms, shops, offices, churches and interiors of every sort," he says, wisely empth "increase extremities at will. Its body interiors of every sort," he says, wisely empth "increase extremities at will. Its body interiors of every sort," he says, wisely empth "increase extremities at will. Its body interiors of every sort," he says, wisely empth "increase" extremities at will. Its body interiors of every sort, "he says, wisely empth "increase" extremities at will extreme the same and its has the newer of ejecting. People do not drink distance of several inches, jets of milky fluid. reopie do not drink water, set the pumps te esystem with a gallon the dead body of the creature resolves itself. as a remedy for rheumatism. - Youth's

Electricity in Coal Mining.

The electric transmission of energy for min Ine electric transmission of energy for min-ing operations, has been making rapid pro-gress during the past few years both at hom-and abroad, and now we may safely assum-electricity to be one of the recognized mean-

The Phonograph and Photography. At a recent meeting of the French Academ immediately took the even dozen young ladies under his wing and escorted them into a side entrance of the restaurant. It was easy but incorrect to suppose that this was a young ladies seminary out to dine with the benivolent principal, or a Browning club running away with a soulful elecutionist. This was only an impromptu luncheon party given by a rich broker with a wife and children to the might thus be enabled not only to hear the a rich broker with a wife and children to the might thus be enabled not only to hear the twelve prettist women in his acquaintance.

Inder some circumstances the event would to see him and his actions represented on a

sid about it at home, rest assured. It was ness of a single inch, yet each leaf is so perfect all a jolly secret between twelve happy girls and free from holes as to be impenterable by and one shrewd man. The luncheon was the strongest electric light. If these leaves spread in a private room. A bouquet of roses were bound in book form it would take 15,000 was at each place and the table cover was to fill the space of ten common book leaves .-Two-Horned Battlesnakes.

At the Academy of Sciences in San Francisco two horned rattlesnakes from the Mojave desert were exhibited recently. The vennomous creatures are yellow, like the sand horn. They never move straight forward but with a sinuous side motion, so that it is horn. They never move straight forward but with a sinuous side motion, so that it is impossible to tell in which direction they investigate urn. Next five, each a ladies Find gold watch,

tend to strike.—San Francisco Chronicle. The "Miracle Gun." The Germans are much interested in M.

The Germans are much interested in M. Paul Giffard's repeating air rifle, named "the miracle gun." It uses a steel cartridge about a foot long and as thick as a man's thumb, which is charged with liquefied air and contains 390 shots. The shots are expelled with great force and accuracy, and without flash or

A nasty squall, the precursor of the later wind storm, blew over the city and the bay yesterday afternoon about 214. At the tim the bay was dotted with boats, most of then without sails, and the sudden roughness the waters made these seek the nearest lan shelter with as little delay as possible. Fran they are found everywhere throughout the great Western slope of Alaska.

Dana and Sir Charles Lyell startled the world by announcing that hairy, frozon elementary found wedged among the Sibertan ian leebergs, but searcely anybody knows and at once steamed to the rescue. It arrive none too soon, Fred Smith being insensible when dragged on board. Frank was also exhausted, but both recovered sufficiently to

If any person has ever given Dr. Sage's Catarrh Remedy a trial and has not been perfectly and permanently cured that person should write the prejectors of that wonderful remedy, for they are in feed earnest and "mean business" which they offer \$50°, ward for a case of mean obtained, no matter how bad of how long standing, which they cannot cure. The Remedy is soid by drangists at only 50 cents. It in mill, soothing, decodorising, antiseptic, cleansing and heights.

LADIES' JOURNAL **Bible - Competition** NO. 25.

A Wonderful List of Rewards Arrangen in an Equitable Manner. SEND NOW! DON'T DELAY

The twenty-fifth competition opens more oppular than ever. There are few dissatisfied in petitors; some would not be pleased if they were to get a plane every time. Over thrty-avon thousand persons have voluntarily testifed as to the value of the rewards and the firmes with which they have been distributed.

This competion will only remain open till he thirty-first day of March inclusive, but the oner you send the better, although your proruntities for securing a reward are almost a good one time as another between now and he thirty-first of March, provided your asswers to the questions are correct. ALL HESE PRIZES WILL BE GIVEN SURE, but don't can away with the idea that everybody who empetes is sure to get a prize. Every prize fixed well be given, of that you may be absolutely certain, but remember first come first eved in each of the three divisions, so hurry in your answers.

The questions are as follows: Where in the lible are the following words first found. DEEP, HIGH, WIDE.

To the first person sending in the correct answer to these questions will be given number one of these rewards—the plane. To the next cerson one of the sewing machines, and so on till all these rewards are givou away.

FIRST REWARDS.

FIRST REWARDS.

First, One Fine Upright Plano.

Next three, each a fine Family Sewing Machine, \$50.

Next five, each a Ladies' Fine Gold Watch, \$50.

Next three, each a Fine Triple Sliver Plated Tea Set (4 pieces) \$50.

Next twenty-one, each a set of Dicken's Works, Beautifully bound in Cloth, 10 vois., \$20.

Next five an, an elegant China Dinner Service, of 101 pieces, by Powell, Bishop & Stonier, Hanley, England.

Next five, each after Freuch China Tea Service of 68 pieces, specially imported, \$40.

Next seventeen, each a complete set of George Eliot's works bound in cloth. 5 vois, \$15.

Next eighteen, each a handsomely bound volume of Dore Bible Gallery, \$5.

Next, One Very Fine Toned Upright Plano.

Next five, each a Ladies Fine Gold Watch \$50.

Next five, each a Ladies Fine Gold Watch \$50.

\$50 Next afteen, each a Ladie's Solid Gold Gen Ring, \$7 Next forty-one, each an Imitation Steel Engraving, "Asking a Blessing".

MIDDLE REWARDS. First one. One Hundred Dollars in cash... \$100
Next five, each \$10 in cash... 50
Next fitteen, each a Superbly bound
Family Bible, beautifully illustrated, Next seven, each a Gentleman's Fine Gold Open Face Watch, good move-ments \$60.

ments \$60.

Next inteteen, each an Elegantly Bound
Volume in Cloth and Gold, Milton's
Paradise Lost, \$7.

Next one, an Elegant Upright Plano by
celebrated Canadian Firm.

Next cleven, each a Fine Quadruple Plate
Individual Salt and Pepper Cruet.new
design. Individual Salt and Pepper Cruet.new design.

Next five. each a beautiful Quadruple Silver Plated Tes Service, (i pieces) \$40.

Next twenty-five, each a well bound copy of Dr. Naphey's Medical Book, \$2.

Next eleven, each a Gentleman's Open Face Solid Silver Watch, \$15.*

Next one, Twenty Dollars in cash.

Mext seven, a beautiful bound copy of Dore Bible Gallery, a choloe gift book, \$7.

Next eleven, five dollars in cash.

Next eleven, five dollars in cash.

Next seventeen, each a Ladies Fine Gold.

Gem Ring, \$7.

Next twenty-nine, oach an imitation steel engraving of 'Asking a Blessing,' \$1.

Next five, an elegant China Dinner Service of 101 pieces by Powell, Bishop & Stonier. Hanley, England.

Next five, each a Fine French China Teasely to the service of 68 pieces, specially imported, \$40.

Next seventeen, each a complete set of George Eints works, bound in cloth 5 vols. \$15.

Next eighteen, each a handsomely bound Next eighteen, each a handsomely bound volume of Dore Bible Gallery, \$5..... For those who are too late for any of the above rowards the following special list is offered, as far as they will go. To the sender of the last correct answer received at LADIES! JOURNAL office postmarked March 31 or earlier will be given number one of these consolation prizes, to the next to the last, number two, and so on till these rewards are all given away.

CONSOLATION REWARDS. Firt one, one hundred dollars in cash...

Yext five, euch \$10 in cash...

Next fifteen, each a superbly bound Family Bible, beautifully illustrated, usually sold at \$15.

Next seven. each a Gentleman's Fine Gold Open Face Watch, good movements \$60. \$00. ext nineteen, each an Eleganity Bound Volume in Cloth and Gold. Milton's Paradise Lost, \$7.

\$50.
Next fifteen, each a ladies fine gold gem ring, \$7.
Next forty-one, each an imitation steel-engraving, Rosa Bonheur's Horse Fair, \$2.

Nobody likes being cick, yet many would almost "grin and. bear" the tortures of Headache, Dyspepsia, Biliousness, Constipation, Bad Blood, etc., rather than pay a doctor's bill. But what's the use of suffering at all when we can buy reli and cure at the rate of a cent a dose by taking

a medicine that is guaranteed to cure or relieve all diseases of the Stomach, Liver, Kidneys, Bowels and Blood. It acts by unlocking the secretions, by regulating and toning the system, by building up the strength of the body, and making new, rich blood. Thus the cause of disease is removed and the disease vanishes. Think it over. Act wisely and in time. One bottle of B. B. B. taken now may save a long sickness and big doctor's bill later on. You get the best that can be had for one

CURES DYSPEPSIA.

DEAR SIRS-I had Dyspepsia so bad I could not cat or sleep, and two doctors said there was no help for me. I was very thin, and although I tried everything I could, did not get any better, so I thought I would try Burdock Blood Bitters, and I scarcely know how to be thankful enough for what it has done for me. I took two bottless and found I was districted by the scarce of t and found I was getting better, so I kept on until I was entirely cured. My friends could hardly believe that I would get well, yet I am well to day, and highly recommend your medicine to all. FREDERICK HANDSCUMB, Bright, Ont.

Lace Curtains Now Arriving

NOTTINGHAM LACE CURTAINS, in white, cream, ecru c., entirely new designs, at all prices. SWISS, APPLIQUE, COLBERT, and fine BRUSSELS NET

GUIPURE d'ART, ANTIQUE, and CLUNY LACE CURTAINS, white, cream, cream and biscuit, etc., etc. New Swiss Muslins and Nets for Sash Curtains.

HOLLAND and HAND-MADE LINEN. Window Shades a Specialty

With Newest Patterns in Fringes and Deep Embroidered Laces EMBROIDERED WINDOW SHADES, in all sizes. LACE BED SETS, white and cream; Guipure d'Art, An-

tique and Brussels Net. Art Muslins, Madras Muslins, Art Crepes, Art Silks, etc., and Draperies of Every Description.

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general do not look upon the great factory scheme buy. Mimico has come to stay. as something of the far future, but operations for Get a copy of the plans at my office. Prices from \$6 per four will commence in a few days and more before foot upwards en bloc. the month of April expires. Our lands are among the best, our prices are lower, our terms can not be beaten. To mechanics, clerks and others we give a special chance.

Apply to Offices: 15 Yonge-st. Arcade

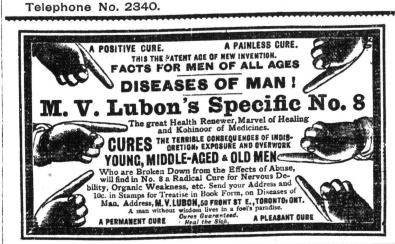
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W. & D. Dineen's Great Hat Opening for Easter is far ahead of all previous season. Every room over the whole block on Yonge is filled with the very newest goods--special styles of our own which can't be seen elsewhere. We are the only agents in Canada for the sale of Henry Heath's English Hats and Dunlap's New York styles. We keep Tress & Co. and Christy & Co. Prize Medal Hats in all colors. Woodrow's Zephyrs—the lightest and most comfortable hat worn--is shown in several shapes that are quite new, the best quality only \$3. ess' Best only \$4, Heath's Best on Dunlap's \$5, Christy's \$2.50 and \$3. are High-Grade Goods. If you want a hat

for Easter see all of our styles before you buy. They will please you sure.

DINEEN

CORNER KING AND YONGE-STREETS

Park Estate

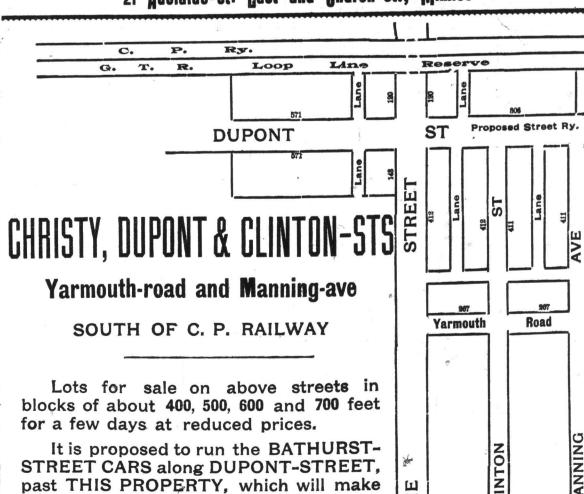
MICO THE MIMICO LAND CO

Have purchased for cash the Iron Clay Company's Lands, sitted on the north side of the Lake Shore-road, opposite the beautiful residences and villa sites of Messrs. Rutherford, Gray, Hewitt, Kay and Himrod. The land rises gradually to a high elevation overlooking the Mimico and Humber Rivers, High Park and the Bay and City of Toronto. It is within 500 yards of either and the Bay and City of Toronto. It is within 500 yards of either and the Bay and City of Toronto. It is within 500 yards of either and the Bay and City of Toronto. It is within 500 yards of either and the Bay and City of Toronto. It is within 500 yards of either and the Bay and the Bay and the Bay and city of Toronto. It is within 500 yards of either and the Bay an

Trains leave Union Station at 10.40 a.m. and 1.45 p.m.

GEO. FAULKNER

21 Adelaide-st. East and Church-st., Mimico



C. N. SHANL

It a very accessable locality.

9 TORONTO-ST

dents. A week ago Josie Ellis, v bert's restaura rested on a ch and was place
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