

## THE POET'S CORNER.

St. Patrick's Breastplate.

I bind unto myself today  
The strong name of the Trinity,  
By invocation of the same,  
The Three in One, and One in Three.

I bind this day to me for ever,  
By power of faith, Christ's incarnation;  
His baptism in Jordan river;  
His death on cross for my salvation;  
His bursting from the spiced tomb;  
His riding up the heavenly way;  
His coming at the day of doom;  
I bind unto myself today.

I bind unto myself the power:  
Of the great love of Cherubim;  
The sweet "Well done," in judgment hour;  
The service of the Seraphim,  
Confessor's faith, Apostles word,  
The patriarch's prayers, the Prophet's will,  
All good deeds done unto the Lord,  
And purity of virgin souls.

I bind unto myself today  
The virtues of the starry heaven,  
The glorious sun's life-giving ray,  
The whiteness of the moon at even,  
The flashing of the lightning free,  
The whirling wind's tempestuous shocks,  
The stable earth, the deep sea salt,  
Around the old eternal rocks.

I bind unto myself today  
The power of God to hold, and lead,  
His eye to watch, His might to stay,  
His ear to hearken to my need,  
The wisdom of my God to teach,  
His hand to guide, His shield to ward;  
The word of God to be my guard,  
His heavenly host to be my guard.

Against the demon snares of sin,  
The will that gives temptation force,  
The natural lusts that war within,  
The hostile men that mar my course;  
Or few or many, far or nigh,  
In every place, and in all hours,  
Against the fierce hostility,  
I bind to me these holy powers.

Against all Satan's spells and wiles,  
Against false words of heresy,  
Against the knowledge that defies,  
Against the heart's idolatry,  
Against the wizard's evil craft,  
Against the death wound, and the burning,  
The choking vapor, the poisoned shaft,  
Protect me, Christ, till Thy returning.

Christ be with me, Christ within me,  
Christ behind me, Christ before me,  
Christ beside me, Christ to win me,  
Christ to comfort and restore me,  
Christ beneath me, Christ above me,  
Christ in quiet, Christ in danger,  
Christ in hearts of all that love me,  
Christ in mouth of friend and stranger.

I bind unto myself the Name,  
The strong Name of the Trinity:  
By invocation of the same,  
The Three in One and One in Three,  
Of whom all nature hath creation:  
Eternal Father, Spirit, Word;  
Praise to the Lord of my Salvation,  
Salvation to Christ the Lord.

"This hymn is a translation by Mrs. C. P. Alexander from the Irish of 'St. Patrick's Breastplate.' Thirty thousand copies were sold in Dublin the first day it came out, and it was generally sung in the churches in Ireland on the following Christmas Day."  
—The Churchman.

## THE HOME CIRCLE.

The Wife Should Study Her Husband's Temper.

As a rule men are naturally less amiable and more intractable than women. The first point, therefore, to secure a married woman's happiness after the holidays of the honeymoon are over, is that she should study carefully the peculiarities of her husband's temper. It is the power of a wise and good woman to make a lion of the greatest bear that ever wore whiskers; while by a foolish treatment the process may be reversed, and a generous bearded creature, with all the capabilities of a lion, may end in being a bear or a wolf. A wife must tread on her husband's temper at first as cautiously as a prudent boy does upon recently frozen ice. Only when she has learned where the slippery humor of her husband will bear and where it will break can she perform with safety those graceful evolutions by which a devoted wife achieves greater triumphs than ever Bonaparte did by his artillery. Wise old Plutarch, descending on this topic, very appropriately brings in the old fable of the traveller whom Boreas, with his obstreperous blasts, tried to disrobe of his good greatcoat; but the result was quite otherwise—the more violently Boreas puffed his cold more closely by the man wrapped his cloak about him. But what Boreas could not achieve with all his strength, the sun did with a few slight touches of his genial beams. The man was so overcome by the softening influence that he hung both cloak and tunic away. So let us women foolishly attempt to gain from our husband in a rough way what she can surely achieve by gentleness. In your study to master your husband's temper do not forget to keep a firm hold of your own. Women are less selfish and less imperious, but they are more sensitive and hasty than men, and more apt, on small occasions, to mount into a flame and become indignant about trifles. Of all things in the world beware most of this fault; for by indulging it you lose the grace and vantage-ground of your sex. When your husband speaks harshly to you—as even the best of husbands may do in an evil moment—either remain silent, or, if you are pressed hard, give a firm but placid reply in a tone that expresses neither exasperation nor contempt.—Professor J. S. Blackie.

Minaud's Liniment Cures Distemper.

Infantile Don'ts.  
Don't rock the baby.  
Don't let him sleep in a warm room.  
Don't let him sleep with his head under cover.  
Don't let him sleep with his mouth open.  
Don't "pet" him to sleep.  
Don't try to make him sleep if he is not sleepy.  
Don't let him nap in the afternoon.  
Don't let him be kissed.  
Don't have ball-buttons on the back of his dress.

Don't let him wear any garment that is tight enough to bind his throat, arms, waist or wrists.

Don't have clumsy shoes on the back of his dress.  
Don't go to his food by blowing it.  
Don't feed him with a tablespoon.  
Don't use a tube nursing-bottle.

Don't change the milk you started with.  
Don't bathe him in hot or cold water.  
Don't bathe him more than three times a week.

Don't allow a comb to touch his head.  
Don't let him eat at the family table.  
Don't let him taste meat until he is two.

Don't let him sleep on a pillow.  
Don't coax, tease, torment, mimic or scold him.

Don't whip him.  
Don't make him cry.  
Don't notice him when he pouts.  
Don't frighten him.

Don't tell him about ghosts, bugaboos or bad places.  
Don't shake him.  
Don't put him in short shoes.

Don't dance, jump or dandle him.  
Don't overfeed him.  
Don't let him sleep with an adult.

Don't place him face to face on a bed or in a carriage with another child.  
Don't let him swallow things or eat ashes.

Don't let him roll downstairs.  
Don't let him fall out of the windows.  
Don't teach him to walk.

Don't wash him with lye soap.  
Don't let him chew painted cards.  
Don't expose his eyes to the sun unless protected by a peaked hat or veil.

Don't scream in his ear.  
Don't rap him under the chin.  
Don't lift him by the wrists or arms.  
Don't starch any of his clothes.

Don't allow him to wear wet bibs.  
Don't worry him.  
Don't give him anything to eat between meals.

A Trip to Manitoba.  
Last year I went to Manitoba on the C. P. R. As far as Portage I got sick, and at Winnipeg I was so weak I had to be assisted off the train. I got a bottle of Burdock Blood Bitters, and after the first dose felt better. When I got to Boissevain I was as well as ever. The Bitters cure the bad effects of the surface water of the prairies.

2 DONALD MUNRO, Boissevain, Ont.

Served Him Right.  
A farmer, having sold a flock of sheep to a dealer, lent him his dog to drive them home, a distance of 30 miles, desiring him to give the dog a meal at his journey's end, and tell it to go home. The drover found the dog so useful that he foolishly resolved to keep it, and instead of sending it back, locked it up. The collie grew sulky, and at last effected its escape. Evidently deeming the drover had no more right to detain the sheep than he had to detain itself, the honest creature went into the field, collected all the sheep that had belonged to his master, and, to that person's astonishment, drove the whole flock home again.—The Voice.

Minaud's Liniment Cures Cuts in Cows.

Making Pins and Needles.

Metal pins were introduced into England from France in 1543. Within a short time after machines were constructed in England for the manufacture of pins. "Previously they had been filed to a point and the head had been soldered by hand. Great opposition was made to the novelty," says Felkin, "but utility and cheapness prevailed in its favor. The common sewing needle was brought hither from India after the discovery of the route by the Cape of Good Hope. Before that time sewing was performed in the method still used by shoemakers."

One Little Plaque.  
I owned a litter of pigs. They thrived well until a month old, when their throats swelled, and spite of all remedies they all died except one, which was nearly dead. Laughingly I said I would try Yellow Oil, and gave it a thorough application. He improved at once, and soon was all right.

WILLIAM WINDSOR, Brinsley, Ont.

## RELIGIOUS NOTES.

Qualifications for Soul Winning.

The qualifications required are: 1. Your own faith in the Lord Jesus Christ. What right have you or I to speak about Jesus till we know him? David said, "I believed, therefore have I spoken." So with the Apostles in Acts iv. The first thing to be settled by the worker, whatever he be, is, "Am I in a right relation to the Lord Jesus Christ?" Why are so many of our church members so slow to speak? In nine cases out of ten they know they have no right to do so. They have not yet settled the question of their own salvation, and hence there is no freedom. 2. The presence and power of the Holy Spirit in your own heart. Read the first ten chapters of Acts, and you will find men mown down like grass by unlearned men of no social influence standing. Why? The preacher was filled with the Holy Spirit. Ask the Father in the name of the Lord Jesus, and you will get this power. 3. The knowledge of the subtlety of the devil. He resists us at every step the moment we take sides with Jesus. But we are not to ignore his devices. 4. Be familiar with the Word, so as to bring forward the pure light of the Gospel. 5. Have sympathy with the mind of Christ. Convey to the inquirer that you love his soul. This will give you a wonderful power. 6. Have faith that expects a blessing. Believe through and through his words. "Lo, I am with you always."—that is, when you are presenting his truth in his Spirit. Oh! for an expectant faith in every worker for the Master.—Rev. Dr. Knox.

Constipation claims many victims. Ward off this dread disease by the use of Small Sugar-Coated Burdock Pills when needed.

164 W. Adelaide St., Toronto, Ont.

## HOUSEHOLD HINTS.

Hints on Housework.

Good housekeeping consists in continual care for small things which in themselves are nothing, but in the total make up the comfort of home life. It is a simple matter to see that all the house stores are kept on hand, that each match box about the premises is filled, that every room has a convenient receptacle for matches and one for burned matches. Yet the neglect of so trivial a matter may cause some one, hunting in the dark for a match, an enormous amount of annoyance. A good supply of nice brown papers laid away carefully and a bag or box containing different kinds of twine cost a housekeeper nothing, as they may be saved from parcels; yet such a habit will find ready appreciation when some one is in need of paper and string to tie up a parcel. There is nothing so unobtrusive as an old newspaper for such a purpose. There are so many good uses that old newspapers can be put to that brown paper should be always kept on hand to wrap up parcels. There is nothing better than old newspapers under a carpet to soften the tread and keep the hard floor from wearing out the carpet. There seems to be some ingredient in the printer's ink that drives away moths, and for that reason newspapers are better than anything else to wrap up furs and woolsens during the summer. They should never be destroyed after they are read unless used for kindling, but should be kept in a straight pile. It is a wise precaution to keep a roll of old linen, one of old cotton and needles and thread in the kitchen drawer where it can be readily found in case of a burn or cut. A stepladder on hand to reach high places saves a great deal of trouble. A stepladder-table, which may be covered when not in use, or a wooden-seated chair should be on every floor, except the kitchen floor, where the ceilings are usually so low that any high place can be reached by standing on the kitchen chairs, which are always, or should be, made with wooden seats that may be scrubbed and washed. All these matters are small, but a series of petty vexations are more liable to irritate the temper than genuine trials.

## Novel Uses for Old Papers.

Most housekeepers know how invaluable newspapers are for packing away the winter clothing, the printing-ink acting as a preservative to the material as successfully as camphor or tar paper. For this reason newspapers are invaluable under the carpet, laid over the regular carpet-paper. The most valuable quality of newspapers in the kitchen, however, is their ability to keep out the air. It is well known that ice completely enveloped in newspapers, so that all air is shut out, will keep a longer time than under other conditions, and that a pitcher of ice-water laid in a newspaper, with the ends of the paper twisted together to exclude the air, will remain all night in any summer room with scarcely any perceptible melting of the ice. These facts should be utilized oftener than they are in the care of the sick at night. In freezing ice cream, when the ice is scarce, pack the freezer only three-quarters full of ice and salt, and finish with newspapers, and the difference in the time of freezing and quality of the cream is not perceptible from the result. Where the freezer is packed full of ice. After removing the dasher, it is better to cork up the cream and cover it tightly with a packing of newspapers than to use more ice. The newspaper retains the cold longer in the ice better than a packing of cracked ice and salt, which must have crevices to admit the air.

## Stuffy Houses.

Many houses are always in order, and one fails to detect dust or dirt; yet they are fresh and sweet and pleasant, and make a part of every home. In such houses the carpet-sweeper or the small brush broom and the dust-pan are used to remove all the perceptible dirt from the floor. The sunlight is shut out, lest carpets and furniture covering be faded; the rooms do not get a thorough airing every day, and this is why a visitor feels oppressed on entering. A woollen carpet will absorb not only the dust, but also all the gases and unpleasant odors which come in contact with it. The carpet or rug in a sitting-room should be swept or shaken once a week at least, and these rooms should be thoroughly aired every morning.

Straw-matting, or hard-wood, or painted floors are sweeter and more conducive to health than woollen carpets. It is, therefore, a pity that anything but matting is ever used for covering a bedroom floor. Small rugs that anybody can easily shake may be placed beside the bed and washstand, and, indeed, wherever one would like a mat to give an air of warmth and comfort to the room. Many persons object to matting, because, they say, it does not wear well. The best quality matting, however, wears as long as a carpet. Cheap matting is expensive at any price.

There should be nothing in a bedroom that is not washable, and the furnishing should be so simple that it can be cared for without too much time and labor. Two beds should be thoroughly aired every morning, the sheets, blanket, pillows and mattresses so disposed that there shall be a current of air about them; and if possible they should be exposed to the sunshine. All closets should be thoroughly aired daily.

If your cough keeps you awake and restless, take Ayer's Cherry Pectoral and obtain immediate relief. This remedy allays inflammation, heals the pulmonary organs, induces sleep, and restores health. The sooner you begin the better.

A cup of scalding milk is certainly an admirable "night-cap" for a chilly person to take when going to bed in a cold room. It warms one through and through, and the warmth is lasting.—Rural New Yorker.

To THE EDITOR.—Please inform your readers that I have a positive remedy for the above named disease. By its timely use thousands of hopeless cases have been permanently cured. I shall be glad to send two bottles of my remedy free to any of your readers who have consumption if they will send me their Express and P. O. address. Respectfully, Dr. T. A. STOCUM, 164 W. Adelaide St., Toronto, Ont.

JUST ARRIVED

## BABY CARRIAGES

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The Jackson Brothers, Morris, recently cut an elm tree into a handle for Calder's saw mill, the work of forcing them much pleasure, although they had hard work to accomplish their job. The tree grew on the farm of Alex. McCall, on the 7th concession, and was quite a monster. Its height was 60 feet from the stump to the lowest limbs, and it contained 7,282 feet, log measure. The butt end of the first log was 21 feet in circumference, a diameter of over 6 feet 8 in., and at a height of 62 feet the stick was 4 feet 9 inches in diameter. How they managed to get each log on the stump we do not know, but it took four span of horses to stake one log out of the bush. The gang would have given up had it not been for the manly, heroic and encouraging words of the foreman, Peter Jackson.



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C. A. HUMBER.

11-17

Blank Notes at Signal.

## CONSUMPTION SURELY CURED

TO THE EDITOR: Please inform your readers that I have a positive remedy for the above named disease. By its timely use thousands of hop less cases have been permanently cured. I shall be glad to send two bottles of my remedy FREE to any of your readers who have consumption if they will send me their Express and Post Office Address. Respectfully, T. A. STOCUM, M.C., 166 West Adelaide St., TORONTO, ONTARIO.

Ho you sleepers,  
Rub your peepers  
Open wide each eye;  
Don't be creepers  
Bargain reapers  
Now's the time to buy.

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First-Class Stock of Furniture, &c., such as PARLOR SUITES, BEDROOM SUITES, DINING TABLES, LOUNGES, &c.

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## THE FASHION

A Variety of Jostings the Fair Sex

Notes of New Fashion

Vichy is a new water. The deep greens incline. Veils with big spots are able. The shop windows are styles. A deep gold yellow blurs.

Rolling linen collars with lace.

Embroidered dresses a duet.

The society well ties ribbons.

Undraped skirts will be any this season.

White rose is the perfect by society buds.

Ribbons were never before this season.

Black saten furnish summer petticoats.

Dark shades are no for street costumes.

Ladies' negligee shirts worn by the other sex.

A feature of the is the use of velvet ribbons.

The large silk sleeve mantles are out on the 3.

The most delicate tin on the avenues in April.

The colors seen in pla produced in the new pla.

Two particularly s greens are pale lettuce.

The summer tailor is fasten with small gold.

Old time dimity apr underwear with Irish mings.

A woman to dress w her face, her figure at ment.

The Spencer waist of popularity, to be wor skirts.

Flowers are fairly ric follow very closely the nature.

Some of the new sill ruffles of two kinds changeable effect.

Yellow and lavender favorite color combine spring millinery.

To secure a fresh col miles a day. You car shades of color.

The new coloring an of the spring raitens i Dolly Varden.

The present theater laor, a fillet of ve flowers and a ribbon considered good form.

Extremely stylish artistic with perfume strictly to the chosen.

The newest toilet al lace with wreaths of v and knots of yellow.

White lilac, violets, et-me-nots, apple, blossoms will be used ets.

Enormous ruffles c neck of the imports Sieves are put in ve high and a large bow tween the sleeve and

Pretty spring ruan English country. Maud Muller, and ti toreador.

Black hats and bon vogue, but closely r Tuscan yellow, cream reads Milan braids, tints, to match the c.

The new explan on mauve shades orchids, violets, pan greatly enhance the silver and plumose with dahlia or violet

Low-crowned hats jecting brims remain insertions or edging embroidery or passe like lace in effect. It Black and gold, and much used on the Sp. Spanish turbans of trimmed with tri-col and the tartan gown

Venetian cloth is walking-dresses, and back, whose skirts i ham, is largest, ne front are cut off to waistcoat, with large straight full skirt, b besique band in pas med with deep G youthful costumes o

To Empire style, w en suite, trimmed i and fine gold braid.

"When the spring uly find ourselves ed, owing to the i state of the blood trouble, take Ayer most powerful, yet blood purifier in ex

An English scien wens to visit the n the days and nights and if we "survive" day we should certi the ensuing night."

Have you a Cou, Wild Cherry.

Have you a C, Wild Cherry.

Have you Bronc, Wild Cherry.

Have you lost Wilson's Wild Che

Have you Asth, Wild Cherry.

Have you a Cold Wilson's Wild Che

The Old Reliab of the Throat, Che all druggists.