

MONDAY, APRIL 21.

ABLE
TIMS

Little things that ordinary people feel nervous. You lose flesh—all run.

eruption that is erubora, condition which does not? Are you going down hill?

AILMENTS
ousness, dependency, poor ble disposition, diminished ration, fear of impending ndency to sleep, unstruful pte on face, palpitation of ack, lumbago, dyspepsia, omnia. Dr. Ward gives you ce in the treatment of all The above symptoms, and that something is wrong need expert attention.

are numberless people who feel nervous, weak, languid ambition or endurance to port. Life to them appears is poor and variable; they have pains and aches often indigestion, belching, meals, wakeful and restless and the brain tires

NG MAN

Experimenting boys long ce. No delays—no waiting restists. I make a fee of \$10.00 or \$25.00 it means free.

DR. HERRICK

Leading and Kost
essful Specialist

ra Sq. Buffalo, N. Y.

ed to turn up against Win- his gave the juniors another o show what they could do, ems to have a bright soccer rring accidents.

arry was unable to get away rk Saturday but will be all s week end against Welland.

ton will probably play the ouse factory team on od- r grounds when alterations ars are completed.

ovie show in the Town Hall a, under the auspices of the a F. C. promises to be a big e players have promised to ad with a few extra turns on e of the Soldier's Memorial et a big lift.

eral meeting will be held in n Hall, Merriton, on Tues- . p.m. All soccer fans invit-

St. Mt. Uam

ABE" DYE SIGNS UP

on, April 20.—Frank Shaugh manager of the Hamilton Mi- ar baseball league team, ed Saturday morning that he ed Babe Dye, the Toronto

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W. Garner & Co., St.
M. N. Waugh, Port

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SAVINGS DEPARTMENT

Capital Paid Up and Reserves... \$30,000,000
Total Assets Over... 420,000,000

St. Catharines Branch St. Paul and Queen Streets
Branches at Welland, Bridgeburg, Thorold, Niagara Falls

THE CANADIAN BANK OF COMMERCE

Announce that a branch of their bank has been opened at Niagara-on-the-Lake, Ontario. This bank has now 433 branches in Canada and foreign countries, and is in a position to offer the public unexcelled service.

St. Catharines Branch—R. G. W. Conolly, Manager
Thorold Branch—S. H. Falkner, Manager
Niagara-on-the-Lake Branch—F. W. Wilson, Manager

Security Loan & Savings Company

26 JAMES STREET, ST. CATHARINES

CAPITAL AUTHORIZED.....\$1,000,000.00
CAPITAL SUBSCRIBED AND PAID..... 523,200.00
RESERVE..... 145,000.00
ASSETS OVER..... 1,100,000.00

Pays 3% Per Cent. on Deposit 4 and 4% Per Cent on Debentures

Trustees and Joint Deposits Received.
No Notice of Withdrawal Required

Money to loan on real estate on easy terms of repayment
Office open until 4 p.m. except Saturday when it closes at 1 p.m.

Capital and Reserve, \$5,600,000
Total Assets, Nov. 30th, 1918, over \$153,000,000

Sending Money Away?

Nothing safer than a Union Bank money order or draft for making remittances. No fuss, no bother, and only sufficient formality to ensure your money safely reaching the party for whom it is intended.

A Union Bank money order really is the best way to remit any sum up to \$50 through the mails.

UNION BANK OF CANADA

ST. CATHARINES BRANCH R. H. KILLALY, Manager
FENWICK BRANCH F. E. PAGE, Manager
SMITHVILLE BRANCH H. G. PARROT, Manager

VICTORY BONDS

The highest class of security and a patriotic investment.
If obliged to sell, the holder should secure the proper price.
Our Managers will be glad to assist towards this end without charge.

THE DOMINION BANK

THE STERLING BANK OF CANADA

Save Because
little leaks will sink the biggest craft.

LOUTH TOWNSHIP COUNCIL

Louth Township Council met at Frank's Hall, Jordan, on Monday April 14th, 1919, at 10 a.m. with all the members present.

The minutes of last meeting were read and adopted.

The following communications were received.

A petition from the Trustees of School Section number three, requesting the Council to issue debentures for the building of a new School House in said School Section, to the amount of twenty thousand dollars to be paid in twenty equal yearly payments bearing interest at 5 1/2 per cent.

A Deputation.

A large deputation representing 85 per cent. of the population and 75 per cent. of the taxes collected, of the northern part of the Township requested the Council to bring before the County Council at its next meeting in May next the request of the deputation that the Middle Road be made a part of the County Provincial road system.

A request from the Vineland Grower's Co-operative, Limited, that the Council purchase the cement required by the Township at \$2.70 per barrel plus an extra charge of ten cents per sack, which will be refunded when the sacks are returned in good condition.

A petition was received from a large number of ratepayers requesting the Council to urge on the Commissioners the necessity of an early completion of the electric line between concessions two and three, it being the direct line to Jordan Station and Vineland and leading to the Ontario Experimental farm.

On motion of Wm. Honsberger and A. C. Gregory the clerk was requested to write Mr. J. J. Jeffrey of the Ontario Hydro Electric Commission asking him to attend the next meeting of this Council to be held on the 16th day of May, 1919, in connection with the early extension of the Hydro Electric system of the Township of Louth.

On motion of A. C. Gregory and P. F. Bowslaugh the tender of George W. Purdy for the office of road overseer of the Township of Louth at a salary of \$720 for a year from the first of May, 1919, be accepted.

Motions.

On motion of Wm. Honsberger and S. M. Honsberger Mr. Abram Heckdon was appointed Trust Officer for this Township for the year 1919, in place of Mr. Wm. Scull, who resigned.

On motion of A. C. Gregory and P. F. Bowslaugh, this Council cordially supports the application of the ratepayers of the northern portion of the Township asking that the Middle Road be made a Council Provincial Road.

On motion of A. C. Gregory and P. F. Bowslaugh a committee consisting of the Reeve and Council was appointed to inspect the Eller road, respecting claim of damages to horse owned by Irvin Ballantyne on 22nd of April 1919.

On motion of Wm. Honsberger and P. F. Bowslaugh a by-law was introduced to authorize the selling of the timber on certain road allowances in the Township of Louth.

On motion of S. M. Honsberger and

IS YOUR NOSE PLUGGED? HAVE YOU CATARRH?
If Subject to Colds, Here is Real Good Advice

Don't load your stomach with cough syrups. Send healing medication through the nostrils—send it into the passages that are subject to colds and catarrh. Easy to do this with Catarrhose, which cures a cold in ten minutes. Even to the lungs goes the healing vapor of Catarrhose—all through the bronchial tubes, nostrils and air passages—everywhere a trace of disease remains will Catarrhose follow. You'll not have colds, nor will you suffer from sniffles, bronchitis, or throat trouble if Catarrhose is used. Get it today, but beware of dangerous substitutes meant to deceive you for genuine Catarrhose. Large size, two months' treatment, costs \$1.00; small size, 25c. sample size, 25c.; all dealers or The Catarrhose Co., Kingston, Ont.

A. C. Gregory the said by-law was read a second and third time.

On motion of A. C. Gregory and W. Honsberger a by-law was introduced to repeal by-law No. 646 of the Township of Louth.

On motion of S. M. Honsberger and P. F. Bowslaugh the said by-law was read a second and third time.

On motion of P. F. Bowslaugh and A. C. Gregory a by-law was introduced to borrow \$1,950.

On motion of P. F. Bowslaugh the said by-law was read a second time.

On motion of S. M. Honsberger and Wm. Honsberger a number of accounts were paid.

On motion of Wm. Honsberger and P. F. Bowslaugh the Council adjourned to meet again at Frank's Hall, Jordan, on Monday, May 12th, 1919 at 10 a.m.

GREEN GRASS WANTED

Price of Butter Will Not Come Down Until New Pasture is Ready States Minister

The Daughters of England eastern edges waited upon Hon. Geo. S. Henry, Minister of Agriculture, at the Parliament Buildings, Queen's Park, with regard to the high price of butter. The result of the interview with the Minister was a wasted effort, according to the statement of a member of the deputation, as the Minister of Agriculture, after a hearing of about half an hour, stated nothing could be done regarding the high price of butter until the new pasture for cattle was available. Great Britain, he stated, had commandeered the butter reserves of Canada, and there were no stocks available for home consumption. He was not aware that oleomargarine was 42 cents a pound, and, in fact, could do nothing to relieve the situation.

Sydney Route Quickest.

London, April 21.—The postal authorities in London have informed a correspondent of the Liverpool Post that tests made in 1905 and 1906 proved that mails transferred at Sydney and forwarded thence by rail reached their Canadian destination a day earlier than by the St. Lawrence route.

WEAK, NERVOUS CHILDREN QUICKLY GAIN STRENGTH UNDER FOLLOWING PLAN

Nervousness, just like weakness, is a family predisposition. We inherit tendencies to disease just as we inherit physical resemblances. The strain of study, social duties, work at home—these all tend to make nervous troubles among children. No wonder that St. Vitus Dance, Epilepsy, and constant headaches have become alarmingly common. Pale, nervous, listless young people are met everywhere.

It is nothing short of criminal for parents to neglect signs of weakness in their children. By ignoring the slightest symptom of nervous or mental strain, you may condemn your child to life-long individualism. If any member of your family complains of headaches, fear of going into dark places, give them that wonderful tonic, "Ferrozine." Strength of body and mind, hardy nerves, ability to study with comfort, all the attributes of health quickly follow the use of Ferrozine. It establishes strength, color, endurance, vim—does this by filling the whole system with nourishment and tissue-forming materials.

It's because we know the enormous good that Ferrozine will do, because we are sure every child and even grown folks, will be permanently benefited, that we urge you to give it a trial. All dealers sell Ferrozine in 50c. boxes, six for \$2.50, or direct by mail from The Catarrhose Co., Kingston, Ont.

DEPUTY MINISTER OF LABOR FOR QUEBEC

Louis Guyon is Appointed—Minister to be Named Shortly.

Quebec, April 19.—The appointment of a Deputy Minister of Labor for the Province of Quebec is officially announced this evening. Mr. Louis Guyon, Chief Inspector of Industrial Plants of the Province, has been appointed to that post today by the Lieutenant Governor in Council. A Minister of Labor will shortly be appointed, and Mr. N. Seguin is the most probable nominee.

London, Ont., April 21.—Justice Logie, in the weekly High Court, quashed the by-law which put daylight saving into effect in London. A citizen, Dennis Flanagan, brought the action on the ground that the City Council had no power to pass such a law.

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A BIG, FAT OPPORTUNITY IS KNOCKING AT YOUR DOOR.

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Any one desiring to have The Journal delivered should call telephone 59, circulation department. Carrier boys are now going to all parts of the city and arrangements can be made to have the paper delivered every evening at your home.

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The "TREADEASY, Cushion Sole, Empress Shoe."

It is difficult to please a particular woman with a poorly built shoe; for this reason we recommend the "Empress." It is perfect in every detail, material, workmanship and design. We carry a complete stock of "Empress" Shoes for Women.

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BURLEIGH'S BOOT SHOP
61 St. Paul St. Telephone 304

Nothing is prettier or gives a well dressed woman more satisfaction than a dainty shoe such as this. While wearing it she is conscious of a perfectly dressed foot, always associated with comfort. We have many other styles of the Empress Shoe for Women. It is always a pleasure to show them.

Transforming The Prairies.

SELDOME does a settler in a new country find things exactly as he would like to find them. Take trees, as an illustration. It is true there are large stretches of country in different parts of the world where trees seem to be ideally interspersed. Large areas in the central parts of the Prairie Provinces of Canada are like this. Open spaces of forty to a hundred acres or more are almost surrounded by trees, affording excellent shelter for stock, and making a varied landscape. But such conditions are exceptional, though they serve to emphasize the rule. Mostly the new settler finds too many trees, or practically none at all. In the former case considerable labor is required in clearing before the settler can hope for any crop. In the latter case, the settler has the advantage of being able to break his land immediately and, if he proceeds in the right manner, soon has it in a condition for producing a remunerative crop. But if he has come from a home which was surrounded by trees, he certainly misses them for a time.

A large part of the Canadian prairies comes under the second category. Nearly all of the southern to the central parts of these prairies are open prairie, ready for the plow. Except near the rivers and creeks one could motor miles and miles without seeing a tree. But a wonderful transformation is slowly taking place. If nature has left these fertile prairies practically treeless, she has not left them devoid of the elements necessary to tree growth. Trees will grow there if properly planted and cared for, just as wheat and other grains, just as alfalfa and other fodders, just as potatoes and all manner of roots and vegetables, grow—wonderfully well. And they are being grown more and more extensively every year, beautifying many a farm home, and transforming the prairie landscape.

In this beautifying process, farmers are greatly encouraged by the Canadian Government and the Canadian Pacific Railway. Both are taking a keen interest in the planting of trees on the prairie farms, and encourage farmers to improve their home surroundings by distributing trees free of cost to farmers. Each maintains large nurseries where saplings are grown for this purpose under prairie conditions, the government at Indian Head, Saskatchewan, and the Canadian Pacific Railway at Weybush, Saskatchewan. Up to a few years ago both nurseries were typically open prairie. Now trees are being raised from seed on the Government's farm at Indian Head, Saskatchewan, which comprises 460 acres, in sufficient quantities as to permit a distribution of between 25,000 and 50,000 young plants annually. The Canadian Pacific Rail-

(1) Headquarters C. P. R. Irrigation Works, Strathmore, Alberta. All trees planted since erection of buildings.
(2) The kind of home many of the older settlers in Western Canada are building. Note young trees in background.

way restricts its distribution of trees until they get thoroughly established to farmers in its irrigation block in Southern Alberta, and during the last realized by farmers throughout the six years has distributed three Canadian Prairie Provinces; and that hundred thousand trees to farmers in success is very encouraging to this territory. In this company's newcomer who at first misses the government or the railway company, can start to farm. He can begin to similar conditions are required to be farm from the moment of his occupation. Farmers must make their portion of the land. And when he is applications a year in advance, and ready to plant trees, he can plant nurseries to prepare their hand them wherever he desires, with the according to directions. Inspectors assurance that, if given a little visit the farms from time to time to telligent care and attention during see that the land is properly prepared, the first year or two, they will grow ed, and, after delivery of the trees, to maturity, and be as strong as trees to see that they are given proper attention in the matter of cultivation.